

To be the best athletics Province in South Africa

**Reference: AGN/Circular 89 of 2024**

To: AGN Members  
From: AGN Office  
Date: 01 October 2024  
Pages: 4 + 2 attachments

**CIRCULAR 89 OF 2024 – ASA & INTERPROVINCIAL RACEWALKING RELAY CHAMPIONSHIPS**

Dear AGN Members,

After a successful introduction of the Racewalking Relay at the Interprovincial meeting last year, Athletics Gauteng North (AGN) and Athletics South Africa will be presenting the 2<sup>nd</sup> Interprovincial Racewalking Relay Meeting on Saturday, 16 November 2024 at LC de Villiers Sportsgrounds at the University of Pretoria.

This competition will consist of racewalking relay events across all age categories, ranging from youth to masters athletes. All relay teams will consist of two athletes, one being male and the other female. The meeting will include the ASA Racewalking Relay Championships for open category walkers over a distance of 42.2km.

**Athletics Gauteng North (AGN) Team**

In order to assist the AGN Racewalking Commission with the selection of the provincial relay teams, athletes that would like to be considered for the inclusion into the AGN Team for the Interprovincial and ASA Championships are requested complete the attached form and forward it to the AGN Office, [assistance@agn.co.za](mailto:assistance@agn.co.za), by no later than Wednesday, 16 October 2024.

Relay Events

Each relay team consists of a male and female athlete that will do either one or two legs each, across the various distances shown below:

Identification	Team Composition	Legs of Race	Total Distance
Marathon Relay	Male and Female	Male 12.195km, Fem 10km, Male 10km, Fem 10km	42.195m
20km Relay	Male and Female	Male 5km, Fem 5km, Male 5km, Fem 5km	20km
20km Junior Relay	Male and Female	Male 5km, Fem 5km, Male 5km, Fem 5km	20km
10km Youth Relay	Male and Female	Male 5km, Fem 5km	10k

**Board Members:**

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Sipho Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

## Duration of Races and Cut-off Times

Identification	Total Time
42.195km Relay	5:30 hours: min
20km Relay	2:24 hours: min
10km Relay	1:24 hours: min
20km Relay	2:24 hours: min
10km Individual	1:24 hours: min

## Race Eligibility and Starting times:

Who may take part and in which events:

Item	Start Time	Age Categories	Distance
1.	<b>07:00</b> Senior men, Masters men Senior women, Masters women	Men and women senior, 40-49; 50-59; 60-69; 70-90+ <b>Cut off 5:30 hours: minutes (b)</b>	42.195 km relay (12.195+10+10+10km)
2.	<b>08:00</b> Senior men, Masters men U20 men, U18 men Senior women, Masters women U20 women	Men and women senior, 40-49; 50-59; 60-69; 70-90+ U20 (18 to 19 years old) (a) - born 2005 and 2006 U18 (16 to 17 years old) (a) - born 2007 and 2008 <b>Cut off 1:24 hours: minutes (b)</b>	10 km individual (10km)
3.	<b>08:00</b> U18 women, U16 women, U16 men	U18 (16 to 17 years old) (a) - born 2007 and 2008 U16 (14 to 15 years old) (a) - born 2009 and 2010 <b>Cut off 1:24 hours: minutes (b)</b>	10km relay (5+5km)
4.	<b>09:30</b> Masters men, U20 men, U18 men U16 men Masters women U20, women U18 women	40-49; 50-59; 60-69; 70-90+, U20 (18 to 19 years old) (a) - born 2005 and 2006 U18 (16 to 17 years old) (a) - born 2007 and 2008 U16 (14 to 15 years old) (a) - born 2009 and 2010 <b>Cut off 2:24 hours: minutes (b)</b>	20km relay (5+5+5+5km)
5.	<b>12:00</b> U18 women, U16 women U18 men, U16 men,	U18 (16 to 17 years old) (a) - born 2007 and 2008 U16 (14 to 15 years old) (a) - born 2009 and 2010 <b>Cut off 36 minutes (b)</b>	5km
6.	<b>12:30</b> Sub youth boys	Sub youth boys (13 years old and younger) Born 2011 and later (a)	3 km
7.	<b>12:30</b> Sub youth girls	Sub youth girls (13 years old and younger) Born 2011 and later (a)	3 km
8.	<b>12:30</b>	Development race will be held for children 12 years and younger	1 km

Please note:

1. Start Time for the first event is 07:00.
2. The 3 and 1km races are for the <=13-year Modiba and other kids. Older Modiba kids may take part in a team context or as an individual.
3. There is also an individual 5km race for Modiba and other Youths.

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## Prizemoney's and Medals

See the below table:

ASA Open Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
42.2km ASA Open Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Open
Winners	Gold		R1 000
2nd	Silver		R750
3rd	Bronze		R500
4th			R400
5th			R300
10km ASA U18 Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Open
Winners	Gold		R300
2nd	Silver		R225
3rd	Bronze		R150
10km ASA U16 Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Open
Winners	Gold		R300
2nd	Silver		R225
3rd	Bronze		R150
20km U20 ASA Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Junior
Winners	Gold		R400
2nd	Silver		R300
3rd	Bronze		R200
20km U18 men with U18 women or U18 women with U16 men ASA Team Relay Walking Race 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Junior
Winners	Gold		R400
2nd	Silver		R300
3rd	Bronze		R200
5km ASA Walking Race for Youths 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Youth
Winners	Gold		R300
2nd	Silver		R225
3rd	Bronze		R150
10km ASA Walking Race for Individuals 16 November 2024 HPC LC de Villiers 1km loop Male and Female			
<b>Male and Female</b>			
Position	Medal		Individual
Winners	Gold		R0
2nd	Silver		R0
3rd	Bronze		R0
3km ASA Walking Race for Sub-youths 16 November 2024 HPC LC de Villiers 1km loop			
<b>Male and Female</b>			
Position	Medal		Sub Youth
Winner	Gold		R200
2nd	Silver		R150
3rd	Bronze		R100

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1km ASA Walking Race for Sub-youths 16 November 2024 HPC LC de Villiers 1km loop

**Male and Female**

Position	Medal	Sub Youth
Winners	Gold	R1 000
2nd	Silver	R750
3rd	Bronze	R500

42.2km ASA Team Relay Walking Race for Masters 16 November 2024 HPC LC de Villiers 1km loop

**Male and Female**

Position	Medal	40-49	50-59	60-69	70-99
Winner	Gold	R400	R400	R400	R400
2nd	Silver	R300	R300	R300	R300
3rd	Bronze	R200	R200	R200	R200

20km ASA Team Relay Walking Race for Masters 16 November 2024 HPC LC de Villiers 1km loop

**Male and Female**

Position	Medal	40-49	50-59	60-69	70-99
Winner	Gold	R300	R300	R300	R300
2nd	Silver	R225	R225	R225	R225
3rd	Bronze	R150	R150	R150	R150

Kindly find the flyer for the ASA & Interprovincial Racewalking Relay Championships attached.

Kind Regards

**AGN RACEWALKING COMMISSION**

**Athletics**  
**Gauteng North**

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