

To be the best athletics Province in South Africa

Reference: AGN/Circular 90 of 2024

To: AGN Members
From: AGN Office
Date: 02 October 2024
Pages: 6

CIRCULAR 90 OF 2024 – 2024 AGN PRIMARY SUB-YOUTH PROGRAMME

Dear AGN Members,

Circular 83 of 2024 has bearing.

The 2024 AGN Primary Sub-Youth Programme will start on Saturday, Saturday, 05 October 2024 at Pilditch Stadium and end on 06 – 07 December 2024 in Mangaung, Free State with the ASA Sub Youth Championships.

Please note to qualify for the AGN Primary Sub-Youth team, athletes will be required to participate in at least two of any of the four leagues as well the AGN Championships.

Kindly find the AGN Primary Sub Youth Track & Field fixtures below:

PRIMARY SUB YOUTH TRACK AND FIELD FIXTURES (OCTOBER TO DECEMBER 2024)			
SEPTEMBER			
DATE	EVENT	VENUE	ORGANISER
OCTOBER			
DATE	EVENT	VENUE	ORGANISER
Sat 05	AGN Primary Sub Youth (7-13) (League 1 – A Program)	PILDITCH	AGN
Sat 12	AGN Primary Sub Youth (7-13) (League 2 – B Program)	PILDITCH	AGN
Sat 26	AGN Primary Sub Youth (7-13) (League 3 – A Program)	PILDITCH	AGN
NOVEMBER			
DATE	EVENT	VENUE	ORGANISER
Sat 02	AGN Primary Sub Youth (7-13) (League 4 – B Program)	PILDITCH	AGN
Fri 15 - Sat 16	AGN Primary Sub Youth Championships (7-13)	PILDITCH	AGN
DECEMBER			
DATE	EVENT	VENUE	ORGANISER
Fri 06 - Sat 07	ASA Primary Sub Youth Championships	MANGAUNG	AFS

*** NB, the fixtures are subject to change where necessary – you will be notified***

Board Members:

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General Rules

1. Athletes must participate in affiliated club or school colours. NB! NO PARTICIPATION IN PROVINCIAL COLOURS
2. Entries for Leagues will be done on the Track and Field (close 30 minutes before start of event)
3. NB. PLEASE TAKE NOTE THAT TO QUALIFY TO BE SELECTED FOR THE GAUTENG NORTH TEAM FOR PARTICIPATION IN THE ASA PRIMARY SUB YOUTH CHAMPIONSHIPS, ATHLETES MUST COMPETE IN AT LEAST, ANY, 2 OF THE 4 PRIMARY SUB YOUTH MEETINGS (ANY EVENTS) AS WELL AS THE COMPULSERY AGN CHAMPIONSHIPS.
4. Qualification standards must be reached during the AGN Championships
5. A maximum of 5 athletes per event will be selected for AGN Team.
6. All athletes not in possession of a permanent license number for 2024, must obtain a temporary license number at the gate for R60.00 per license. No athlete will be allowed to enter or participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.
7. Both permanent licenses must be worn, except for jump events.
8. **All athletes must be in possession of a permanent license number when selected for the AGN team to participate at the Inter-Provincial Sub-Youth Championship.**

Rules for AGN Club competition (7-13) during league meetings

1. First 20 highest points of each club during each league meeting will count (ASA table).
2. The total of points scored in all league meetings will be used to determine the Club champion (7-13 years)
3. Turbo Javelin
 - a. Max run up meters: 11 Year age groups: 12 meters and 9 Year age groups: 8 meters
4. Start: Ages 7-13: One false start warning will be allowed.

The following procedures will apply during the season:

- **ENTRIES FOR LEAGUES CLOSE AS FOLLOWS:**
 - Entries for Track events will be done on track (close 30 minutes before start of event).
 - Entries for Field events will be done at the field (close 30 minutes before start of event).
- Starting blocks compulsory for athletes participating under age group 9 and older (Track events).
- Take note that AGN records (Track) will only be excepted if electronic timing were used during the meeting.
- Records (Leagues and AGN Championship) records are combined to ensure that only one AGN set of records will be used in future.
- The Meeting will be held under ASA & AGN Rules.
- Sick notes must be handed in before the league.
- NB! NO PARTICIPATION IN PROVINCIAL COLOURS DURING LEAGUES.

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Entrance Fee at gate:

- Athletes – R40.00 entry fee,
- R60.00 Temporary License (06 years till 13 years) *
- Spectators - (including parking) – R40.00
- Children – R20.00 (not participating) Children under 3 – free entry

*All athletes not in possession of a permanent license number for 2024, must obtain a temporary license number at the gate. No athlete will be allowed to enter or to participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.

Rules for selection for Primary Sub Youth AGN team (7-13 years) for ASA PSY Championships at Mangaung Stadium: (06/07 December 2024)

- 1) Participation in at least **2** league meetings – any events
- 2) Participation in the AGN championships is compulsory (15/16 November 2024)
- 3) Minimum qualification standard (attached) must be reached per item during AGN Championships
- 4) A maximum of 5 athletes who reached qualification standards during AGN Championships and participated in at least **2** leagues will be selected for AGN Team. If 5 athletes did not reach the qualification standard during AGN Championships, but did participate in a minimum of **2** leagues, it will be the selectors prerogative if 5 athletes going to be selected or not.
- 5) All athlete **must** buy a permanent number if selected for the AGN Team that will participate at Pilditch Stadium
- 6) Temporary licences / permanent numbers are compulsory for age groups 7 and older during leagues and AGN championships.
- 7) Sick notes must be handed in latest on day of league.

Athletics
Gauteng North

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A – PROGRAMME:
(14 Sept 2024, 05 Oct 2024 and 26 Oct 2024)

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS
1.	08:00	High Jump	Boys 11	Final	1.59m J Houy AGN (2017)
2.	08:00	Shot Put (4kg)	Boys 13	Final	17.85m L Pavier AGN (2018)
3.	08:30	60m	Boys 7	Time placing	9.00sec J van Staden AGN (2022)
4.	08:40	60m	Girls 7	Time placing	9.00sec N de Bruyn MID (2006)
5.	08:50	60m	Boys 9	Time placing	7.50sec C Westerveld JSA (2008)
6.	09:00	60m	Girls 9	Time placing	7.90sec N de Bruyn AGN (2008)
7.	09:00	Discus Throw (0.750g)	Girls 13	Final	46.02m C VD Berg AGN (2019)
8.	09:00	Shot Put (2kg)	Girls 11	Final	14,16m S Visser AGN (2017)
9.	09:00	High Jump	Girls 11	Final	1.60m J vd Merwe STEPHANUS ROOS (2012)
10.	09:10	60m	Masters - Men	Time placing	
11.	09:20	60m	Masters- Females	Time placing	
12.	09:30	80m	Boys 11	Time placing	10.00sec N de Beer ELARDUSPARK (2007)
13.	09:40	80m	Girls 11	Time placing	10.33sec J Leyds AGN (1998)
14.	09:50	200m Hurdles (68,0cm)	Boys 13	Time placing	25.60sec T Habelo Morete (2016)
15.	10:00	200m Hurdles (68,0cm)	Girls 13	Time placing	28.60sec M Degenaar AGN(2016)
16.	10:00	High Jump	Boys 13	Final	1.86m F Potgieter AGN (1991)
17.	10:00	Shot Put (2kg)	Boys11	Final	18.58m L Pavier AGN (2016)
18.	10:00	Discus Throw (1kg)	Boys 13	Final	54.68m L Pavier AGN (2018)
19.	10:15	800m	Boys 13	Final	02min 00.77sec G Rees JSA (2017)
20.	10:22	800m	Girls 13	Final	02min 16.51sec G Gait-Smith JSA (2016)
21.	10:46	200m	Girls 13	Time placing	24.98sec A Kotze AGN (1999)
22.	10:56	200m	Boys 13	Time placing	22.82sec B Connaway WTK (2018)
23.	11:00	Shot Put (3kg)	Girls 13	Final	14.35m S Visser AGN (2019)
24.	11:00	High Jump	Girls 13	Final	1.73m M Jacobs AGN (1997)
25.	11:26	600m	Boys 11	Final	1min 36.06 D Wright BROTHERHOOD (2014)
26.	11:35	600m	Girls 11	Final	1min 47.35 T Ndala TUKS (2016)
27.	11:42	600m	Boys 9	Final	01min 45.42 R Holtzhauzen AGN (2019)
28.	11:49	600m	Girls 9	Final	01min 49.20sec L vd Merwel AGN (2022)
29.	12:05	600m	Masters- Men	Final	
30.	12:12	600m	Masters- Females	Final	

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B PROGRAMME:

(21 Sept 2024, 12 Oct 2024 and 2 Nov 2024)

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS
1.	08:00	Long Jump (A)	Girls 13	Final	5.67m N de Bruyn AGN (2011)
2.	08:00	Turbo Javelin	Boys9/ Girls 9	Combined event – Final	Boys: 34.05m A Smit JSA (2019) Girls: 29.68m S Visser AGN (2017)
3.	08:20	1500m	Boys 13	Time placing	04min 16.89sec G Rees AGN (2017)
4.	08:30	1500m	Girls 13	Time placing	04min 35.66sec G Gait-Smith AGN (2016)
5.	08:40	1200m	Boys 11	Time placing	03min 15.15sec W Bester PC (2004)
6.	08:50	1200m	Girls 11	Time placing	03min 50.15sec C York AGN (1996)
7.	09:00	Javelin Throw (500gr)	Girls 13	Final	40.04m A Theunissen AGN (2023)
8.	09:00	Long Jump (A)	Boys 11	Final	5.14m M Smit JSA (2013)
9.	09:00	80m	Boys 7	Time placing	12.05sec X Harmse AGN (2018)
10.	09:10	80m	Girls 7	Time placing	11.70sec N de Bruyn MID (2006)
11.	09:20	80m	Boys 9	Time placing	10.90sec F Kellerman AGN (2006) & JP Botha AGN (2012)
12.	09:30	80m	Girls 9	Time placing	10.70sec N de Bruyn MID (2008)
13.	10:00	Long Jump (A)	Boys 13	Final	6.46m JJ Ellis AGN (2023)
14.	10:00	Turbo Javelin	Boys11/ Girls 11	Combined event – Final	B11: 38.76m R Bezuidenhout JSA (2019) G11: 29.68m S Visser JSA (2017)
15.	10:05	80m Hurdles (76.2cm)	Boys 13	Time placing	11.25sec B Moropyane AGN (2019)
16.	10:15	75m Hurdles (76.2cm)	Girls 13	Time placing	11.50sec C de Clerk AGN (2019)
17.	10:25	70m Hurdles (68.0cm)	Boys 11	Time placing	11.05sec F Pretorius UAC (2006)
18.	10:35	70m Hurdles (68.0cm)	Girls 11	Time placing	11.51sec R VD Berg AGN (2017)
19.	11:00	Javelin Throw (B-600gr)	Boys 13	Final	55.83m U van Tonder GFT (2019)
20.	11:00	Long Jump (A)	Girls 11	Final	5.02m N de Bruyn AGN (2010)
21.	11:05	150m	Masters-Men	Time placing	
22.	11:15	150m	Masters- Females	Time placing	
23.	11:25	100m	Boys 13	Time placing	10.90sec B Connoway WTK (2018)
24.	11:35	100m	Girls 13	Time placing	12.20sec N Buckingham AGN (1998) & Mila Compaan JSA (2015)
25.	11:45	100m	Boys 11	Time placing	12.22sec K Mintwell AGN (1999)
26.	11:55	100m	Girls 11	Time placing	12.83sec N de Bruyn AGN (2010)
27.	12:05	1500m Walk	Girls 13	Time placing Combined with Item 26	08min 24.790sec B Manamela AGN (2022)
28.	12:05	1500m Walk	Boys 13	Time placing Combined with Item 25	7 min 28.92 S Rapasha AGN (2022)
29.	12:15	300m	Masters-Men	Time placing	
30.	12:22	300m	Masters- Females	Time placing	

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MINIMUM QUALIFYING STANDARDS

ITEM	GIRLS 7	GIRLS 9	GIRLS 11	GIRLS 13	BOYS 7	BOYS 9	BOYS 11	BOYS 13	ITEM
60M	11,00	9,34			09,90	9,10			60M
80M	14,00	12,40	11,50		13,15	11,87	11,20		80M
100M			14,50	13,45			13,90	12,45	100M
200M				28,50				26,25	200M
600M		2:07,50				2:04,50			600M
800M				2:32,00				2:23,50	800M
1200M			4:20,70				4:08,70		1200M
1500M				05:30,00				04:51,33	1500M
1500MW				10:30,00				10:30,00	1500MW
70MH			12,90				11,96		70MH
75MH				13,00					75MH
80MH								13,50	80MH
200MH				32,80				29,47	200MH
TURBO JAV		16,70	19,00			19,60	22,85		TURBO JAV
JAV				27,00				34,75	JAV
HJ			1,25	1,40			1,32	1,52	HJ
LJ			4,10	4,50			4,20	4,90	LJ
SP			9,10	10,10			10,90	10,50	SP
DISCUS				31,14				33,50	DISCUS
TRIATHLON			1000P				1100P		TRIATHLON
PENTATHLON				2000P				2200P	PENTATHLON

Athletics Gauteng North would like to wish all athletes the best for the coming season.

Kind regards

AGN TRACK & FIELD COMMISSON

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