

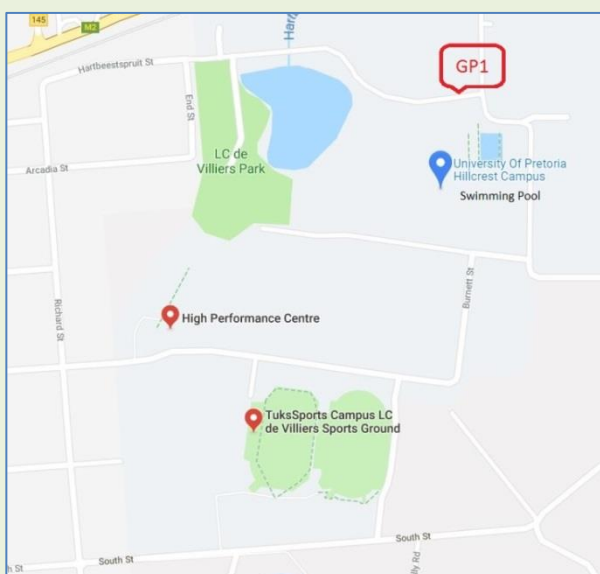
# AGN OPEN RACEWALKING GRAND PRIX 2 on Saturday 1 June 2024, incorporating the AGN 20km Championship.



Photo Credit: Mariaan Serdyn

## Programme and Start Times:

No.	Age Group	Distance	Start Times
1.	Open men & women	20km	07:00
2.	SAMA men & women	20km	07:00
3.	Junior men & women (18,19; b2005,2006)	10km	9:30
4.	Open and SAMA men & women	10km	9:30
5.	Youth boys (16,17; b2007,2008)	10km	9:30
6.	Youth girls (16,17; b2007,2008) and SAMA	5km	10:50
7.	Sub-youth boys (14,15; b2009,2010)	5km	10:50
8.	Novices and Sub-youths 14 and older (b2010 or before)	5km	10:50
9.	Sub-youth girls (14,15; b2009,2010)	5km	10:50
10.	Sub-youth boys & girls (<=13 year; b2011 and later)	3km	10:50
11.	U/13 Sub-youth boys & girls(<13; b2012 and later)	1km	10:50
12.	Prize giving		11:30



Credit: Google Maps

## Map:

The race will take place at the 1km Race Walking track North-West of the swimming pool at the Tuks Sports grounds; do enter at the LC de Villiers gate, South Street in Hatfield Pretoria. Note the "GP1" location in the map to the left which marks the starting point of the race.

Lots of parking is available just south of the swimming pool area.

Enter at:

<https://forms.gle/ZhLL1TQ43rxgdaiz7>

Please pay Athletics Gauteng North, Absa, Quagga Centre. Account nr: 4056373566. Please send proof of payment to [luciawillemse@gmail.com](mailto:luciawillemse@gmail.com), reference: GP2 and name of athlete

Race organiser – Jaap Willemse 083-266-1133

Please note this is the AGN 20km Championship and thus there will be no prize money for the 10km Open or Masters Races, Grand Prix medals only will be awarded.

### Prizes and Medals:

20km Open Race			3km Race Sub-youths (13 and younger)			1km Race Sub-youths (under 13)		
Male and Female			Boys and Girls			Boys and Girls		
Position	Medal	Open	Position	Medal	Open	Position	Medal	Open
Winner	Gold	R 1 500	Winner	Gold	R 200	Winner	Gold	R 200
2nd	Silver	R 1 000	2nd	Silver	R 150	2nd	Silver	R 150
3rd	Bronze	R 750	3rd	Bronze	R 100	3rd	Bronze	R 100
4th		R 600						
5th		R 400						

10km Race for Juniors (18,19)			10km (boys) 5km (girls) Race for Youths (16,17)			5km (boys and girls) Race for Sub-youths (14,15)		
Male and Female			Male and Female			Male and Female		
Position	Medal	Junior	Position	Medal	Junior	Position	Medal	Junior
Winner	Gold	R 300	Winner	Gold	R 300	Winner	Gold	R 300
2nd	Silver	R 225	2nd	Silver	R 225	2nd	Silver	R 225
3rd	Bronze	R 150	3rd	Bronze	R 150	3rd	Bronze	R 150

20km Race for Masters										
Male and Female										
Position	Medal	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
Winner	Gold	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300
2nd	Silver	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225
3rd	Bronze	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150

### General:

#### Registration: With google form before or on 30 May 2024

- Entry fees: R60 per person, except 3km kids 13 years old and younger that pay R30 with no licence fee. The 1km athletes participate for free.
- Juniors must enter the Open category if they want to do the 20km race.
- A Youth Girl (aged 16 or 17) who wants to walk 10km must compete as a Junior.
- Novice Walkers are very welcome and will receive a loan "N" tag. Ensure that you are indeed a Novice and register as such when completing the registration form. Novices will be judged for improvement of their technique, although not considered by the judges for disqualification and also not eligible for prize money or medals.
- The course is paved and is fast and flat. It is a 1km measured and certified route.
- The venue is easy to access but drivers will only be allowed in on showing their drivers licence.
- There is ample parking at the swimming pool parking area.
- A drinking station with water only will be provided as well as a refreshment station for the 20km athletes.
- No seconding will be allowed, except for the 20km event. The refreshment table will be available for such seconding.
- Masters athletes must wear age group tags and will compete in 5 year age groups starting from 35 and up.
- The event will be held according to WA and ASA rules. All participants participate at own risk. Participants indemnify the national and provincial bodies, sponsors and organisers of the race against all and any action of whatever nature that may arise out of their participation in the events.
- Lap counters, officials and judges will be present.
- Licenced athletes must wear club colours and their 2024 ASA licence number back and front as well as age tags.
- If not in possession of a valid 2024 ASA license, a temporary license must be purchased @ R60 each.
- No long pants allowed, knees must be visible.
- No earphones, iPods and the like allowed and contravention of WA rule TR 6.3.2 will lead to disqualification.
- All walkers must be able to produce identity document (or drivers licence) if required to verify their ages if required.
- The penalty zone rule will be applied.
- Appeals must be lodged, in writing, within 30 minutes after the race. They must be lodged with the chief judge accompanied by R300 which is refundable if the appeal is upheld.
- Cut-off times will be applied if needed: 20km races: 3 hours; 10km races: 90 min; 5 km races: 45 min; 3 km races: 30 min.
- For the 20km championships AGN medals will go to the top 3 AGN finishers in each age grouping (open and masters in 5 year age groups). Grand Prix medals will be awarded to the top 3 finishers only if from another provinces. Prize money will be awarded to the top three finishers in each category regardless of province.
- Make sure to leave the terrain spotlessly clean, failure to keep this rule may lead to disqualification of the athlete.