











RULES & GENERAL INFORMATION

ALL ATHLETES

- The time limits for all events will apply as stipulated under Race Information..
- NO SECONDING OR VEHICLES ON ROUTES WILL BE ALLOWED
- All entrants will participate under the rules of AGN and ASA, and it is the athlete's responsibility to familiarise themselves with the rules. It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the events.
- The race committee reserves the right to accept or reject any entry.
- The judge's decision is final.
- Proof of age must be presented on request at the race. This
 is essential for athletes competing for a category prize.
- Athletes competing for a category prize, must wear official age category ID tags and "W" tags for walkers (front & back of the running vest) and must be clearly visible.
- Regret, but no wheelchair athletes, blade, cyclist or mechanically operated device allowed in the races.
- · No animals are allowed in the races.
- No iPods or listening devices allowed in the races.

LICENSED ATHLETES

- All entrants for the 10km, 21,1km and 42,2km events must be in possession of a valid 2023 licence number, which must be worn on the front & back of the running vest.
- The race number issued by the organisers must be worn on the front of the running vest without obscuring the provincial licence number. (The race number must not cover the sponsors details on the license number, not necessary for the entire license number to be visible).

UNLICENSED ATHLETES

 Unlicensed athletes of the 42,2km, 21,1km and 10km must purchase a temporary license number [cost R50]. This number must be worn on the back of the running vest and the race number issued by the organisers must be worn on the front of the running vest.

AGE CATEGORIES (age on day of race)

- Juniors: under 20 yrs
- Open: All ages
- Age Group: between 40 and 49 yrs
- Age Group: between 50 and 59 yrs
- Age Group: between 60 and 69 yrs
- Age Group: 70yrs+

RACE TIMING

A disposable chip will be attached to the race number.
 NO CHIP NO RESULTS (Not for 5km)

PRIZE GIVING & LUCKY DRAW PRIZES

This will take place at the venue as stipulated under Race Information

RESULTS

Preliminary results will be available 48hrs after the event Official results will be available five days after the event at www.raceresults.co.za

TOG BAGS

(At owner's risk)
Tog bag facilities available at the venue

PHOTOGRAPHS

Photographs will be taken by Jetline Action Photo, and can be viewed after the event at www.jetlineactionphoto.com

GENERAL INFORMATION

- The Jacaranda City Challenge will be hosted in "The Moot" with its many running friendly, Jacaranda lined streets and Rietondale Park, as the new venue.
- The 42,2km will be a double lap race that includes "quick"
- kilometres" where running/walking will be without strain, a couple of "slow poisons" where athletes will have to keep their focus on the job at hand and short steep climbs that will bring a challenge or two into the experience.
- Fast foods and refreshments on sale at the venue.
- Refreshment stations [± 3km] will provide Coke and water sachets.
- Dispose your water sachets at the recycling bins at the refreshment stations
- Only official and accredited vehicles will be allowed to park at the finish & the club picnic areas
- The entry fee is non-refundable
- Medical support will be present on race day

ROUTE & PARKING

[See detail at www.sportsvendo.co.za]

- View the routes, road closures at the Start and FREE venue parking at above website
- Delivery times and set-up: Clubs are requested to please set-up on Friday, 10 November and not Saturday morning
- Friday 10, Nov. 12h00 to 18h00 [there will be security]
- Saturday 11 Nov. 03h00 to 05h00 ONLY

PRIZE MONEY

42.2KM MARATHON (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70yrs+
1	R3500	R800	R500	R400	R400
2	R1500	R600			
3	R800	R400			

21,1KM (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70yrs+	Juniors
1	R1500	R700	R400	R300	R300	R300
2	R700	R500				
3	R500	R300				

10KM (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70yrs+	Juniors
1	R800	R500	R300	R200	R200	R200
2	R500	R300				
3	R300	R200				

MEDALS

	42,2km	21,1km	10km	5km
GOLD Category Winners (M &F)	✓	✓	✓	✓
SILVER	First 500	First 500	First 500	N/A
BRONZE	All finishers in sub 5hrs	All finishers in sub 3hrs	All finishers in sub 2hrs	All finishers in sub 1½ hrs

www.sportsvendo.co.za www.farananiac.co.za

ENTRY FORM

Refer to ENTRY INSTRUCTIONS for the entry submitting options

COMPLETE THE FORM BELOW – PRINT CLEARLY USING CAPITAL LETTERS

EVE	NT ENTERING	✓						
	42,2km		21,1km		10km		5km	
I AN	1 A							
	Runner		Walker					
SUR	RNAME							
FIR	ST NAME							
INIT	TIALS							
ID N	IUMBER							
EM/	AIL							
				//				
CEL	L NUMBER			///				
L								
GEN	IDER	 	-1-	II				
	Male	Fem	iate	Π				

ENTRY FEE (TICK THE APPLICABLE RACE ENTRY)

Distance	Pre- entry Until 3 Nov	✓	Entry 09 to 11 Nov	✓
■ 42,2km	R360,00		Closed	
• Athletes 60 - 79yrs	s R250,00		Closed	
■21,1km	R210,00		R230,00	
• Athletes 60 - 79yrs	s R140,00		R160,00	
■10km	R150,00		R170,00	
• Athletes 60 - 79yrs	s R110,00		R130,00	
■5km	R100,00		R120,00	
■ Athletes 80yrs+	Free		Free	
■ Blind Runners	Free		Free	

TEMPORARY LICENCE NUMBER

Unlicensed athletes of the 42,2km, 21,1km and 10km must purchase a temporary license number and be included with the entry fee. **R50,00**

TOTAL AMOUNT PAYABLE R

Indemnity: I agree not to hold harmless and indemnify AGN and any sponsor, or any person assisting in the organisation or holding of the event against claims of whatever nature, including costs and expenses, for loss, damage, injury, illness or death, which I may suffer directly or indirectly as a result of participating in the event. I acknowledge that I am aware of and understand fully the risks and dangers associated with my participation in the event and hereby accept any consequence thereof.

DATE

SIGNATURE OF ENTRANT SIGNATURE OF PARENT / GUARDIAN (IF UNDER THE AGE OF 18 YEARS)

PRE ENTRY ONLY FOR PURCHASE ONLINE ONLY R140 moisture management event shirt



2023 LICENCE NUMBER (IF APPLICABLE)

IF YES, COMPLETE THE FOLLOWING

DO YOU BELONG TO AN ATHLETICS CLUB?

Open

50 - 59

60 - 69

CLUB IN FULL (IF APPLICABLE)

No

AGE ON DAY OF RACE

AGE CATEGORY ✓
Junior

Yes

EVENT OFFICE FOR RACE ENQUIRIES

Tel: 087 097 0011 Tel: 083 657 2990 Email: data@sportsvendo.co.za

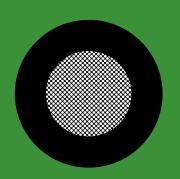
Website: www.sportsvendo.co.za Website: www.farananiac.co.za

Online Entries:

www.peaktiming.co.za/entries

RACE INFORMATION

DISTANCE	START TIME	CUT-OFF: TIME	MINIMUM AGE	PRIZE GIVING
42,2km	05h30	½ way : 3hrs 5hrs	20 years	09h00
21,1km	05h30	3hrs	16 years	08h30
10km	06h00	2hrs	14 years	08h00
5km	06h05	1 ½ hrs	9 years	



ENTRY INFORMATION

ENTRY INSTRUCTIONS

- Only Pre-Entries available for 42,2km. No entries will be accepted after pre-entry closing date or at the venue
- Pre-Entries and Entries at the venue available for 21,1km, 10km and 5km events

PRE-ENTRIES:

• Close 3 November 2023 or when entry capacity reached

ENTRY OPTIONS:

- Online Entries: www.peaktiming.co.za/entries
- Paper Entry by Hand Delivery: Refer to listed Hand Delivery Addresses

LATE ENTRIES:

- 9 to 11 November 2023 only at venue Rietondale Park
 - Times: 9 and 10 November: Between 11:00 and 18:00
 - Times: 11 November: Between 04:30 and 06:00

IMPORTANT ON RACE DAY:

Arrive early to park in the dedicated parking at the venue

ENTRY CAPACITY:

- Capped at the first 7,000 entries received
- Entries are limited and capped as follows: (by hand and/or online):

42,2km: First 2,000 received
21,1km: First 2,000 entries received
10km: First 2,000 entries received
5km fun run: First 1,000 entries received

EVENT T-SHIRTS: R150,00

- Order your 2023 event t-shirt when entering ONLINE ONLY.
- Limited number t-shirts available [if not sold out] at the venue [Rietondale Park] between 9 11 November.

COLLECTING OF RACE NUMBERS:

- Hand deliveried entries will receive their race number & temporary licence number (if applicable) immediately upon entering
- Online entries must collect race numbers, temporary licence number [if applicable] & event t-shirt [if ordered] at the venue on the following registration dates:
- At Venue: Rietondale Park, 87 Van Der Merwe St Pretoria
 - 9 & 10 November: Between 11:00 and 18:00
 - 11 November: From 04h30 Note: Entries close 15min before applicable event starting time

HAND DELIVERY ADDRESSES

The following sports stores:

- The Sweat Shop, Dunkeld West Centre 011 325 2567
- Run-A-Way Sport: 302 Freesia St, Lynnwood Ridge 012 361 3733









