

**PROGRAM**

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1400

Seq	Time	Pit	Event	Category	Next	Spec
1	07:00		Final Women Senior 5000m			
2	07:20		Final Men Senior 5000m			
3	07:40		Final Girls U16 3km Walk			
4	07:40		Final Women U18 3km Walk			
5	07:40		Final Women U20 3km Walk			
6	07:40		Final Women Senior 3km Walk			
7	07:40		Final Boys U16 3km Walk			
8	07:40		Final Men U18 3km Walk			
9	07:40		Final Men U20 3km Walk			
10	07:40		Final Men Senior 3km Walk			
11	08:25		Final Men Senior 400m Hurdles			
12	08:30		Final Men U20 400m Hurdles			91.4cm
13	08:30		Final Girls U16 Discus			1kg
14	08:30		Final Women U18 Discus			1kg
15	08:35		Final Men U18 400m Hurdles			84cm
16	08:35		Final Women U20 Javelin			600g
17	08:35		Final Women Senior Javelin			
18	08:40		Final Boys U16 300m Hurdles			84cm
19	08:40		Final Men U20 Shotput			6kg
20	08:40		Final Men Senior Shotput			
21	08:45		Final Women Senior 400m Hurdles			
22	08:50		Final Women U20 400m Hurdles			76.2cm
23	08:50		Final Women U20 LongJump			
24	08:50		Final Women Senior LongJump			
25	09:00		Final Women U18 400m Hurdles			76.2cm
26	09:05		Final Girls U16 300m Hurdles			76.2cm
27	09:15		Final Men Senior 1500m			
28	09:25		Final Women Senior 1500m			
29	09:35		Final Men U20 1500m			
30	09:35		Final Men U20 Discus			1.75kg
31	09:35		Final Men Senior Discus			
32	09:35		Final Boys U16 Javelin			600g
33	09:35		Final Men U18 Javelin			700g
34	09:35		Final Women U20 Shotput			4kg
35	09:35		Final Women Senior Shotput			
36	09:45		Final Women U20 1500m			
37	09:50		Final Boys U16 HighJump			
38	09:50		Final Men U18 HighJump			
39	09:55		Final Men U18 1500m			
40	10:05		Final Girls U16 LongJump			
41	10:05		Final Women U18 LongJump			
42	10:05		Final Women U18 1500m			
43	10:15		Final Boys U16 1500m			
44	10:25		Final Girls U16 1500m			
45	10:35		Final Girls U16 200m			

**Meeting :AGN U16, U18, U20 & SENIORS LEAGUE 1 (MASTERS&PARA  
2023/01/14 at PILDITCH**

46	10:45	Final Boys U16 200m	
47	10:55	Final Women U18 200m	
48	10:55	Final Boys U16 Discus	1kg
49	10:55	Final Men U18 Discus	1.5kg
50	10:55	Final Men U20 Javelin	800g
51	10:55	Final Men Senior Javelin	
52	10:55	Final Girls U16 Shotput	3kg
53	10:55	Final Women U18 Shotput	3kg
54	11:00	Final Girls U16 HighJump	
55	11:00	Final Women U18 HighJump	
56	11:05	Final Men U20 LongJump	
57	11:05	Final Men Senior LongJump	
58	11:05	Final Men U18 200m	
59	11:15	Final Women U20 200m	
60	11:25	Final Men U20 200m	
61	11:35	Final Women Senior 200m	
62	11:45	Final Men Senior 200m	
63	12:35	Final Men U20 HighJump	
64	12:35	Final Men Senior HighJump	
65	12:35	Final Boys U16 LongJump	
66	12:35	Final Men U18 LongJump	
67	12:35	Final Men Senior 800m	
68	12:40	Final Women Senior 800m	
69	12:45	Final Men U20 800m	
70	12:50	Final Women U20 800m	
71	12:55	Final Men U18 800m	
72	13:00	Final Women U18 800m	
73	13:05	Final Boys U16 800m	
74	13:05	Final Women U20 Discus	1kg
75	13:05	Final Women Senior Discus	
76	13:05	Final Girls U16 Javelin	500g
77	13:05	Final Women U18 Javelin	500g
78	13:05	Final Boys U16 Shotput	4kg
79	13:05	Final Men U18 Shotput	5kg
80	13:10	Final Girls U16 800m	
81	13:15	Final Men Senior 110m Hurdles	
82	13:20	Final Men U20 110m Hurdles	99.5cm
83	13:25	Final Men U18 110m Hurdles	91.4cm
84	13:35	Final Boys U16 100m Hurdles	84cm
85	13:35	Final Boys U16 TripleJump	9m
86	13:35	Final Men U18 TripleJump	11m
87	13:35	Final Men U20 TripleJump	13m
88	13:35	Final Men Senior TripleJump	13m
89	13:40	Final Women Senior 100m Hurdles	
90	13:45	Final Women U20 100m Hurdles	84cm
91	13:50	Final Women U18 100m Hurdles	76.2cm
92	14:00	Final Girls U16 90m Hurdles	76.2cm
93	14:00	Final Women U20 HighJump	
94	14:00	Final Women Senior HighJump	

**Meeting :AGN U16, U18, U20 & SENIORS LEAGUE 1 (MASTERS&PARA  
2023/01/14 at PILDITCH**

95	14:00	Final Men U20 Polevault	
96	14:00	Final Men U18 Polevault	
97	14:00	Final Boys U16 Polevault	
98	14:00	Final Men Senior Polevault	
99	14:00	Final Women Senior Polevault	
100	14:00	Final Women U20 Polevault	
101	14:00	Final Women U18 Polevault	
102	14:00	Final Girls U16 Polevault	
103	14:05	Final Men Senior 400m	
104	14:10	Final Women Senior 400m	
105	14:15	Final Men U20 400m	
106	14:20	Final Women U20 400m	
107	14:25	Final Men U18 400m	
108	14:30	Final Women U18 400m	
109	14:35	Final Boys U16 400m	
110	14:40	Final Girls U16 400m	
111	14:50	Final Men Senior 100m	
112	15:00	Final Women Senior 100m	
113	15:00	Final Girls U16 Hammer	3kg
114	15:00	Final Women U18 Hammer	3kg
115	15:00	Final Women U20 Hammer	4kg
116	15:00	Final Women Senior Hammer	
117	15:05	Final Girls U16 TripleJump	9m
118	15:05	Final Women U18 TripleJump	9m
119	15:05	Final Women U20 TripleJump	11m
120	15:05	Final Women Senior TripleJump	11m
121	15:05	Final Men U20 100m	
122	15:13	Final Women U20 100m	
123	15:21	Final Men U18 100m	
124	15:29	Final Women U18 100m	
125	15:37	Final Boys U16 100m	
126	15:45	Final Girls U16 100m	
127	16:00	Final Men Senior Hammer	
128	16:00	Final Men U20 Hammer	6kg
129	16:00	Final Men U18 Hammer	5kg
130	16:00	Final Boys U16 Hammer	4kg
131	16:00	Final Girls U16 1500m SteepleChase	
132	16:10	Final Boys U16 1500m SteepleChase	76.2cm
133	16:20	Final Women U18 2000m SteepleChase	
134	16:30	Final Men U18 2000m SteepleChase	83.8cm
135	16:40	Final Women U20 3000m SteepleChase	76.2cm
136	16:40	Final Women Senior 3000m SteepleChase	
137	16:55	Final Men U20 3000m SteepleChase	91.4cm
138	16:55	Final Men Senior 3000m SteepleChase	