



Monday, 1 May 2023

VENUE

Centurion Rugby Club 270 West Ave, Die Hoewes, Centurion, Next to SuperSport Park



Kiddies Dash, 5 km, 10 km, 21.1 km & 42.2 km ONLINE ENTRIES ONLY No entries on race day

Capped entries

5 km - 1 000 **21 km** - 3 000 **10 km** - 2 000 **42 km** - 4 000

Online registrations at www.active.com or scan the QR code.













RACE INFORMATION

Race results will be available on www.finishtime.co.za after the event.

Distance/Event	Start Time	Cut Off	Minimum Age	Prize Giving	Entry Fee
42.2 km	06:30	5.5hrs	20 years	11:30	R 300
21.1 km	06:30	3.5hrs	16 years	10:30	R 200
10 km	07:00	2hrs	14 years	09:30	R 150
4.9 km	07:15	None	None	None	R 50
1 km Kiddies Dash	09:00	None	None	None	R 20

TEMPORARY LICENSE: R 50.00 (required for non registered participants in the 42.2/21.1 & 10km) No additional costs for online entries. 70+ participants - 50% off, Blind Runners and Wheelchair Athletes FREE entry. Entries available online.

Please send a mail to info@wally.co.za to get a code which will allow you to enter for free. Additional purchases will be at the advertised prices.

Any participant in the 42.2km event, who has not reached the 21.1km/42.2km split (approximately 20.7 km mark) in 2 hours 40 minutes, will not be permitted to proceed on the 42.2km route and will the routed to the 21.1km finish.

PRIZE MONEY

					10.001				
Runners - Men & Ladies	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
Junior	-	-	-	R 350	R 250	R 200	R 350	R 250	R 200
Open	R 5 000	R 2 500	R 1 500	R 2 500	R 1 500	R 625	R 1 500	R 625	R 250
Veteran (40 - 49)	R 700	R 500	R 300	R 400	R 300	R 200	R 350	R 125	R 75
Master (50 - 59)	R 500	R 300	R 200	R 350	R 250	R 150	R 250	R 75	R 50
Grand Master (60 - 69)	R 350	R 250	R 150	R 250	R 150	R 100	R 250	R 75	R 50
Great Grand Master (70 - 79)	R 250	-	-	R 250	42	(- 2)	R 150	(=)	121
G/Great Grand Master (80+)	121	=	-	R 150	-	-	R 150	=	-
Walkers - Men & Ladies	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
Open	R 350	R 250	R 150	R 250	R 150	R 100	R 250	R 150	R 100

These products are made available to you at subsidised prices, thanks to MiWay.

RULES AND GENERAL INFORMATION

42.2km

RULES

- The race will be run in accordance with the rules of ASA and AGN. Athletes
 indemnify the national, provincial and regional bodies, sponsors and organizers of
 the race against any or all actions of whatsoever nature, arising out of their
 participation in the race.
- Registered athletes must wear the current year's license number at the front and back of their vests and, if issued with a race number, this must be worn on the front of the vest, with both numbers being visible.
- Temporary licensed athletes must wear the temporary licence at the back of their vests, with the race number at the front of their vests.
- All licensed athletes competing for age category prizes must wear age category tags, clearly visible, on the front and back of their vests. Proof of age for prize winners may be required to be presented to referees before prize giving. Prizes could be withheld until ages have been confirmed.
- Walkers competing for prize money must wear W tags on the front and back of their vects.
- · No seconding will be allowed.
- · Wheelchair athletes will be welcome.
- No roller blades, bicycles or mechanically operated devices will be allowed in the race.
- No animals will be allowed to accompany athletes.
- · No iPods or listening devices will be permitted to be used by athletes.
- Minimum ages: 10km 14vrs. 21.1km 16vrs. 42.2km 20vrs.
- Temporary licensed athletes will be eligible for open and category prizes, provided they have age category tags clearly visible at the back and front of their vests.
- All traffic officers and officials instructions to be obeyed.
- Water points will be available approximately every 3 km.
- Your race numbers must not cover the logos on the ASA licence. Failure to comply will lead to disqualification.

GENERAL INFORMATION

· Medical support will be present on race day.

10km

- Walkers may enter for any event. The cut-off times stipulated will apply to both runners and
- Any participant in the 42.2km event, who has not reached the 21.1km/42.2km split (approximately 20.7 km mark) in 2 hours 40 minutes, will not be permitted to proceed on the 42.2km route and will the routed to the 21.1km finish.
- Clubs are requested to bring their gazebos and trailers to the venue on 30 April between 12H00 and 17h00. Security will be provided.

 NO club trailers will be able to get access to the venue on race day.
- Please arrive early to avoid congestion. Follow signs and obey instructions from Marshalls
- along the routes.
 Due to the irrigation system, just below the surface of the rugby field, club gazebos will only be allowed to be erected in the clearly demarcated area. Any club that erects a gazebo outside of the demarcated area will be held liable for any damage they may cause.
- No vehicles will be permitted on the field at any stage. Trailers must be pushed onto the field.
- Helpers will be at hand to assist.
 No open fire braais will be allowed on the sports field ONLY gas braais. Every gas braai in use must be accompanied by a 4.5kg (or above) fire extinguisher.
- NO GLASS BOTTLES, GLASSES, etc. may be brought into the venue due to the nature of the sport being practised there. Any party who transgresses may be fined R1000.
- Entry fee as well as additional purchases, are not refundable.
- · Supervised kiddies entertainment will be available at a minimal charge (at own risk).
- Please do not discard water sachets/cups in gardens or drains, drop them in the bins provided or directly on the road.
- Toilets will be available at every water point.
- The venue must be evacuated by 15h00.
- We have partnered with FinishTime again, who will do the electronic timing for us. You don't need a chip, as it will be included in your race number.
- Race results will be available on **www.finishtime.co.za** after the event.
- Any T-shirts and other Wally merchandise not claimed by the end of the event will be donated to charity.

HOW TO ENTER AND RACE PACK COLLECTION



Online entries close on 15 April 2023, or when the entry cap has been reached.

- 10 km, 21.1 km and 42.2 km entries
 ONLINE ENTRIES ONLY WWW.ACTIVE.COM
- NO 10km, 21.1 km or 42.2 km entries on race day (unless the entry cap has NOT been reached)
- 1 km, 5 km and 10 km entries

Online (www.active.com), as well as on 29 April and 30 April 2023 at the venue (Centurion Rugby Club), from 12h00 to 17h00, as well as on race day from 04h30. Please come prepared with the FinishTime Passport app installed and a profile created. The app is available for iOS as well as Android devices.

Entry caps:

5 km - 1 000

10 km - 2 000

21 km - 3 000

42 km - 4 000

RACE PACK COLLECTION

You can collect your race number on 29 April and 30 April from 12h00 to 17h00 at the venue (Centurion Rugby Club) and 1 May 2023 from 4h30 to 06h15.

It is strongly advised that you collect your race number on the two days leading up to the event.

You will receive an SMS with your race number prior to the event. Please follow the directions as to where your number should be collected.

- Online entries close on 15 April 2023, or when the entry cap has been reached.
- No entries at sport shops, fax or postal entries.
 No EFT option.

Comrades Marathon personnel will be present on race day at the finish to receive athletes' qualification information.

TITLE SPONSOR



PARTNERS









REFRESHMENT STATIONS























RACE ENQUIRIES

Race Office: info@wally.co.za

Online entry queries: E: info@wally.co.za

For all other information please refer to our website: www.wally.co.za as we strive to answer all your possible questions there. If you can't find the answer there, we'll gladly assist.

No SMS messages or "Please Call Me's" will be responded to.

HOW TO GET THERE AND WHERE TO PARK



Road closes at 03:30

Main Parking
Centurion Rugby Club

PARKING 1 VIP
Centurion Gymnastics Centre

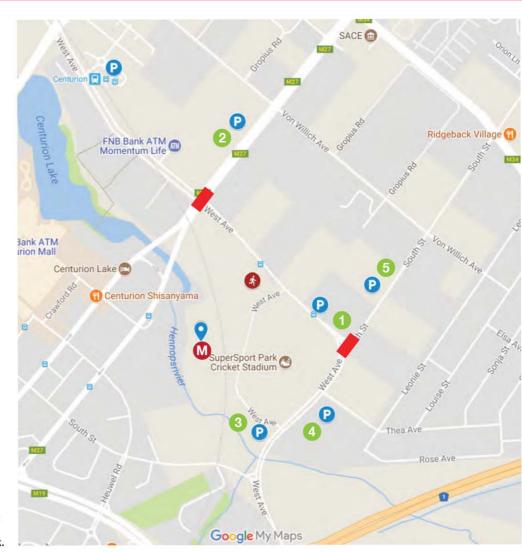
PARKING 2
Lenchen Avenue

Entrance to Main Parking West Avenue North

PARKING 4
West Avenue South

5 PARKING 5 South Street

Dedicated parking areas are outsourced to various charities, who will collect a fee. Please support them. Parking is at own risk.



Directions: From Jhb: Head North-East on the Ben Schoeman Fwy (N1). Take exit 124 onto Danie Joubert Fwy (N1) toward Pretoria/Polokwane. Take the 1st exit (128) for M19. Turn right onto John Vorster Dr/M19. Turn left onto West Ave. Parking on your left, before SuperSport Park.

Directions: From Pta: Head South-West on Ben Schoeman Fwy/Danie Joubert Fwy/N1. Take exit 128 for M19 toward Centurion. Continue straight onto West Ave. Parking on your left, before SuperSport Park.

Please arrive early to avoid congestion. Follow signs and obey instructions from Marshalls along the routes.

ABOUT WALLY HAYWARD



Wally Hayward's exceptional running career spanned six decades, and although he represented South Africa at the Olympic Games and set numerous ultra-distance world records, he is best remembered for his remarkable achievements in the Comrades Marathon, which he won five times and completed successfully at the ages of 79 and 80.

Probably the most remarkable achievement of the great Wally Hayward was finishing the 1988 Comrades Marathon, just before his 80th birthday! Wally stunned the world by finishing in a time of 9:44:15 - beating more than half the field! In 1989, just a few weeks short of his 81st birthday, he completed his last Comrades just before the cut-off, in 10:58:03, in front of a rapturous crowd to become the oldest finisher in Comrades history.

He died on 28 April 2006, at the age of 97, a couple of days before the Wally Hayward Marathon that year, held, as always, on the Workers' Day public holiday, on 1 May.

CHARITIES









