



**NEDBANK RUNNING CLUB GAUTENG NORTH
GROENKLOOF TIME TRIAL 07 AUGUST 2025**

CLUB TIME TRIALS

NAMES	<u>KM</u>	<u>TIME</u>
FREDRIK VAN DER MERWE	5	20:15
MICHAEL SHEWHAN	6	29:50
PASEILA MAJILA	6	29:50
DOUGLAS BOSCH	6	34:30
JAKO VORSTER	6	45:36
ANNELIE BURGER	6	45:36
JAMES CHAPMAN	8	37:22
LAWRENCE NGUBENI	8	39:25





