



PRETORIA
AGN

NEDBANK RUNNING CLUB GAUTENG NORTH CLUB TIME TRIAL 09 MARCH 2023

CLUB TIME TRIALS

NAMES	KM	TIME
MICHAEL LENHOFF	4	19:54
FRANCOIS VENTER	5	28:30
JANNIE VAN DER WALT	5	28:30
LEONE LOURENS	5	34:44
INGRID KOSTER	6	28:59
THABANG TJALE	6	41:29
JACKSON MAKHELE	7	39:53
LOUIS HEYNS	8	55:31
LONIKA VAN DER WALT	8	55:31
MAGDA NEL	8	55:31









