



**NEDBANK RUNNING CLUB GAUTENG NORTH
GROENKLOOF TIME TRIAL 10 JULY 2025**

CLUB TIME TRIALS

NAMES	<u>KM</u>	<u>TIME</u>
MICHAEL SHEAHAN	5	18:08
TIMOTHY BROWN	5	22:29
MARISCA BROWN	5	28:10
JAMES CHAPMAN	6	35:00
INGRID KOSTER	8	37:50
DOUGLAS BOSCH	8	47:09
CHARELS SOZA	10	36:50
MATHELO MPE	10	37:01





