



PRETORIA
AGN

NEDBANK RUNNING CLUB GAUTENG NORTH CLUB TIME TRIAL 16 MARCH 2023

CLUB TIME TRIALS

NAMES	KM	TIME
THABO MPHULANYONE	4	23:43
FRANCES VAN BLERK	4	23:53
GEORGE GRAVETT	4	33:20
CARA TERBLANCH	4	33:20
VIGDIS	4	33:20
CHANTELLE VAN NIEKERK	5	20:33
KALEB VAN NIEKERK	5	20:12
LEONE LOURENS	5	41:02
LOUIS HEYNS	5	41:02
FRANCOIS VENTER	6	34:11
JANNIE VAN DER WALT	6	34:11
LEIGH HOWARD	6	34:35
DEVON	6	34:35
INGRID KOSTER	8	37:10
JAMES TITO	10	49:25
SANDILE SIBIYA	10	49:25





