



**NEDBANK RUNNING CLUB GAUTENG NORTH  
GROENKLOOF CLUB TIME TRIAL 18 JULY 2024**

**CLUB TIME TRIALS**

| <b>NAMES</b>        | <b><u>KM</u></b> | <b><u>TIME</u></b> |
|---------------------|------------------|--------------------|
| FRANCOIS VENTER     | 5                | 30:42              |
| JANNIE VAN DER WALT | 5.5              | 31:31              |
| INGRID KOSTER       | 6                | 30:05              |
| JAMES CHAPMAN       | 6                | 31:02              |
| BYRON BROPHY        | 8                | 35:34              |







































