NEDBANK RUNNING CLUB GAUTENG NORTH
GROENKLOOF TIME TRIAL 22 JANUARY 2026

CLUB TIME TRIALS

NAMES	KM	TIME
MARISCA BROWN	2.2	11:07
FREDRIK VAN DER MERWE	3.5	19:48
TIMOTHY BROWN	5	23:00
CHARLES SOZA	5	23:00
JAMES CHAPMAN SNR	5	32:00
JACQUELINE CHAPMAN	5	32:00
MICHAEL LENHOFF	6	33:30
MARIE SNYMAN-JACOBS	6	40:51
RETHA HOYE	6	40:51
CHENELE FRITZ	6	40:51
ANNELIE BURGER	6	43:45
HEINRICH BURGER	6	43:45
SKYE BARKER	8	39:31
INGRID KOSTER	8	40:10
JAMES CHAPMAN JNR	8	42:47
NKWELE KANYANE	8	59:56

NEDBA
BIOGEN