



**NEDBANK RUNNING CLUB GAUTENG NORTH  
GROENKLOOF TIME TRIAL 29 MAY 2025**

**CLUB TIME TRIALS**

| <b>NAMES</b>    | <b><u>KM</u></b> | <b><u>TIME</u></b> |
|-----------------|------------------|--------------------|
| MICHAEL SHAHAAN | 3.5              | 18:00              |
| JAMES CHAPMAN   | 4.5              | 29:22              |
| TARYN SNYMAN    | 5                | 26:09              |
| INGRID KOSTER   | 5.6              | 29:51              |
| DUMISANI        | 8                | 25:00              |
| ANNELIE BURGER  | 8                | 56:10              |
| JAKO VOSTER     | 8                | 56:16              |



































