



PO Box 3822
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Declaration

I, (full names) _____ the undersigned, hereby declare that I have read and understand the contents and accept the Code of Conduct and rules of NEDBANK RUNNING CLUB (Vanderbijlpark) as laid down by the Executive Management of the club. I will also abide and adhere to the constitution of NEDBANK RUNNING CLUB (Vanderbijlpark).

- When I participate in any licensed athletics or running event, I will be dressed only in official club colours as approved by the National Nedbank Running Club and Nedbank Running Club Vanderbijlpark as described below (***no exceptions will be tolerated***):
 - **Men**
 - Nedbank Vest
 - Nedbank Shorts or
 - Plain Green Shorts
 - **Ladies**
 - Ladies Nedbank Crop Top or Nedbank Vest
 - Nedbank Shorts or
 - Plain Green Shorts or
 - Nedbank tights or
 - Plain Green Ski Pants

- If I am a category winner, I will appear on the podium dressed in official club colours as described below:
 - Official club colours (as described above) or
 - Official Tracksuit or
 - Official T-Shirt and shorts as described above.

Signed at _____ this _____ day of _____ 20_____

Athlete/Official/Member

Parent (if athlete is a minor)