

**NEDBANK RUNNING CLUB LVCC
TIME TRAIL RESULTS HELD ON 11 April 2024**

Brian	5Km	27.26
Fanie Bekker	5Km	26.31
Francois	5Km	30.21
Jaco Duvenhage	5Km	29.2
Johan Rademeyer	5Km	22.5
Karel	5Km	39.15

Prince Mangana	3Km	13.22
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