



**NEDBANK RUNNING CLUB GAUTENG NORTH
GROENKLOOF TIME TRIAL 16 APRIL 2026**

CLUB TIME TRIALS

NAMES	<u>KM</u>	<u>TIME</u>
Ava Chapman	3	18:36
Jackie Chapman	3	18:36
James Chapman jnr	6	32:47
Frederik van der Merwe	5	19:48
Taryn Snyman	6	32:38
Ingrid Koster	6	32:59
Liesel Fritz	6	30:00
Michael Sheahan	8	39:15
Jeanetta Henning	6	35:02
Rasego Moumaka	6	31:46

