



**NEDBANK RUNNING CLUB GAUTENG NORTH  
GROENKLOOF TIME TRIAL 19 MARCH 2026**

**CLUB TIME TRIALS**

| <b>NAMES</b>                  | <b><u>KM</u></b> | <b><u>TIME</u></b> |
|-------------------------------|------------------|--------------------|
| Liesel Fritz                  | 5                | 28:36              |
| Paseka Godfrey Matjilakakhoza | 4                | 21:11              |
| Skye Barker                   | 6                | 35:16              |
| James Jnr Chapman             | 6                | 35:19              |
| Ingrid Koster                 | 8                | 41:24              |
| Douglas Bosch                 | 6                | 33:20              |
| Taryn Snyman                  | 8                | 39:06              |
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