



SOWETO MARATHON

04 NOVEMBER 2012

START & FINISH VENUE MTN Expo Centre (Nasrec)

SAT, 03 NOVEMBER 2012

START TIMES

10km Wheelchair	14h00
5km Fun Run	14h15
10km Pro Walk*	14h30

SUN, 04 NOVEMBER 2012

START TIMES

42,2km	06h00
10km Run/Walk	06h15

**See event rules on www.sowetomarathon.com*



a world class African city



SOWETO

MARATHON

closing date 21 October 2012

entrant's details

1. Category **Sat, 03 November 2012** 10km Pro Walk ☐ Best 10km Walk Time **01h20 to Qualify**

FOR OFFICIAL USE

10km Wheelchair Category 1 ☐ Category 2 ☐

Sun, 04 November 2012 42,2km Open ☐ 40-49 ☐ 50-59 ☐ 60-69 ☐ 70+ ☐

10km Run/Walk Open ☐ 15-19 ☐ 40-49 ☐ 50-59 ☐ 60-69 ☐ 70+ ☐

2. ID Number

3. Permanent Resident No Foreign athletes must comply with IAAF rule 142.2 and 4.2

4. Nationality

5. Surname

6. First Name

7. Postal Address

Postal Code

8. Work Telephone Number Cellular

9. E-mail

10. Date of Birth Age on Race Day Male ☐ Female ☐

11. Athletics Club (Full Name)

12. Province (Full Name)

13. Licence Number T-shirt Size S ☐ M ☐ L ☐ XL ☐

14. Qualifying Time Enter your personal best time since Jan 2012 for the distance entered

15. Where would you like to collect your race number? Pilditch Stadium ☐ JHB Expo Centre ☐

16. How many Soweto Marathons have you completed? Your Soweto Marathon permanent number if any?

17. Occupation

18. Would you like to receive marketing or service material from Soweto Marathon/ASA? Yes ☐ No ☐

FAX ENTRIES

Fax your entry form and deposit slip to 086 773 8277

BANKING DETAILS

Name: Athletics South Africa - Matha

Bank Name: Nedbank

Branch Name: Business Northrand

Branch Code: 146905

Account No: 1469154153

Late entry (after closing date)

42.2km R150.00

10km Run/Walk R95.00

No T-shirts or goodie bags will be received by athletes who submit entries after the closing date

INDEMNITY I agree not to hold the Soweto Organising Committee/ASA/CGA or any other sponsors, or any persons assisting in the organization or holding of the race liable for any injury or illness, which I may suffer directly or indirectly as a result of participating in the race, or for any damage to my property or loss of my property which I may suffer directly or indirectly as a result of participating in the race. I confirm that this special agreement is entered into for the benefit of the Soweto Organising Committee/ASA/CGA, the sponsors and the persons assisting in the organizing and holding of the race.

ENTRY FEES

Tick

42.2km	R120.00	<input type="checkbox"/>
10km Run/Walk	R 85.00	<input type="checkbox"/>
10km Professional Walk	R 85.00	<input type="checkbox"/>
10km Wheelchair	R 85.00	<input type="checkbox"/>
5km Fun Run	R 15.00	<input type="checkbox"/>
Athletes aged 60+	FREE	<input type="checkbox"/>

Temporary license

42.2km	R30.00	<input type="checkbox"/>
10km Run/walk	R15.00	<input type="checkbox"/>

Total

Signature _____ Signature of Parent or Guardian (if still a minor) _____ Date _____

the peoples race

RULES

closing date
21 October 2012

A. STARTING TIMES

SAT, 03 NOVEMBER 2012	SUN, 04 NOVEMBER 2012
10km Wheelchair 14h00	42,2km 06h00
5km Fun Run 14h15	10km Run/Walk 06h15
10km Pro Walk 14h30	

B. ROUTES

All routes take place entirely on tarred roads and any athlete found leaving the road, cutting corners, running on paths or out of the demarcated areas, will face disqualification not only for prizes but also for all finisher's awards and placing in the final results.

C. ENTRIES

Internet Entries: Online entries at www.enteronline.co.za, www.mrpriceheroes.co.za

Fax Entries: Please deposit your money into the following bank account:

Name: Athletics South Africa - Matha

Bank Name: Nedbank

Branch Name: Business Northrand

Branch Code: 146905 **Account No:** 1469154153

Please fax your entry form together with the deposit slip to the following fax number: 086 773 8277

Photocopies will be accepted.

Entries without clear proof of payment will be rejected

However please note no reduction in size accepted.

Hand Delivery: Hand delivered entries will be accepted at the following: Johannesburg Expo Centre, Office No. 35 Auditorium, Cnr Nasrec and Randshow Road, Nasrec, JHB 2000 (011) 494 3366

Entry Forms: May be completed at the following sports stores:

The Sweatshop Dunkeld	(011) 325 2567
The Sweatshop Irene	(012) 665 0048
Bedford Runner Bedfordview	(011) 450 1847
Run-a-Way Sport Lynwood	(012) 361 3738
Randburg Runner	(011) 888 9644
Running Inn	(012) 362 7322
Sportsmans Warehouse The Glen	(011) 435 3888
Orlando Communal Hall	(073) 944 2571
Mr Price Stores	0800 212 535

D. NUMBER COLLECTION

Entrants must collect their race numbers between 09h00 and 19h00 from the following venues:

Pilditch Stadium PTA	31 October and 1 November
JHB Expo Centre (Nasrec)	2 and 3 November

STRICTLY NO NUMBER COLLECTION WILL TAKE PLACE ON RACE DAY

E. RESULTS AND PRIZE-GIVING

Prize giving will commence at 09h30. Complete results will be available at www.athletics.org.za and www.sowetomarathon.com

F. AGE CATEGORIES AND RESTRICTION

42,2km	Athletes must be 20 years and older
10km	Athletes must be 15 years and older
5km	Athletes must be 9 years and older

Junior (age 15-19) will be according to IAAF rules. The athlete must be 19 years or younger on 31 December 2012 (born in 1993 or later). Athletes may enter only one age category and may only qualify for prizes in the category in which they are entered, plus the open category. All age category runners including juniors must wear the relevant age category tags clearly visible on the back and front of their vests, in order to qualify for awards. Proof of age is required for age category prizes.

G. CUT-OFF TIMES

1. The cut-off time for the 42,2km and 10km will be 12h30.
2. The cut-off time for silver medals in the 42,2km is 3h00m (men) and 3h45m (women).

H. SECONDING

1. No seconding permitted. NB – no vehicles permitted on any of the routes.

I. SEEDING

1. Athletes will be seeded according to the qualifying time stated on their entry form.
2. No changes will be permitted and no correspondence will be entered into.
3. Athletes should provide their personal best time since January 2012 for the distance entered (10km or 42,2km).

J. GENERAL

1. Prizes will only be awarded to athletes who fill in their tear-off strip comprehensively
2. The race will be run according to the rules of IAAF and ASA.
3. Athletes do not need to belong to a club to participate, temporary licence will be required.
4. All foreign athletes must comply with IAAF rule 142.2 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting participation on race day.
5. No advertising in the form of tattoos, or any other form, will be permitted to be displayed by athletes - other than that of the official club vest or the event race number.
6. All traffic officers and marshals must be obeyed.
7. All runners must have a race number in front and a temporary/permanent license number at the back.
8. The race organisers reserve the right to accept or reject an entry.
9. Strictly no entries will be taken on race day.
10. All team prizes will be calculated on the combined times of the first four club members to finish in each category. (IAAF Rule 141 and ASA rule 11.7). In order to qualify for a team prize, an athlete must compete wearing club colours. The domicile rule will be strictly enforced.
11. **Soweto Marathon Organising Committee is not responsible for accommodating athletes.**
Athletes are advised to arrange their own accommodation.
12. **The entry fee is non-refundable.**
13. Tog bag facilities and toilets will be available.
14. **Strictly no T-shirts will be given to late entrants received after the closing date**

K. FOR FURTHER INFORMATION PLEASE CONTACT

Soweto Marathon Organising Committee

Tel: (011) 494 3366

Email: info@sowetomarathon.com

**04 NOVEMBER
2012**

PRIZE MONEY – 42.2km Sun, 04 November 2012

Position	Open Men & Women	Age 40-49 Men & Women	Age 50-59 Men & Women	Age 60-69 Men & Women	Age 70+ Men & Women
1	100,000	2,500	2,500	2,500	500
2	50,000	1,500	1,500	1,500	300
3	25,000	1,000	1,000	1,000	200
4	15,000				
5	10,000				
6	7,500				
7	6,000				
8	5,000				
9	2,500				
10	2,000				

T-SHIRTS AND MEDALS

**Medals will be given
to all finishers.**

**NO T-shirts will be
given to late entrants
after the closing date**

*T-Shirt sizes subject to availability

PRIZE MONEY – 10km Run/Walk

Position	Open Men & Women	Juniors Men & Women	Age 40-49 Men & Women	Age 50-59 Men & Women	Age 60-69 Men & Women	Age 70+ Men & Women
1	5,000	3,000	1,500	1,500	1,500	500
2	3,000	2,000	1,000	1,000	1,000	300
3	2,000	1,500	750	750	750	200
4	1,500	1,250				
5	1,000	1,000				

MARATHON TEAMS

Position	Open Men & Women
1	1500 x 4
2	1000 x 4
3	750 x 4

**PRIZE MONEY – Professional
10km Walk
Sat, 03 November 2012**

Position	Open Men & Women
1	5,000
2	3,000
3	2,000
4	1,500
5	1,000

10km WHEELCHAIR Sat, 03 November 2012

Category 1

1	2	3	4	5
5,000	3,000	2,000	1,500	1,000

T53 and T54 (men)

Category 2

1	2	3	4	5
5,000	3,000	2,000	1,500	1,000

T51, T52 and T33, T34 men
T53 and T54 women
T53 and T54 boys (u/20) Above 20 is considered Open

* See rules on www.sowetomarathon.com for guidelines to qualify for prize money

the peoples race