

This brochure contains heavenly messages received through Fernanda de Sequeira, and modernised Douay-Rheims Bible verses.

WHO IS GOD?

In the words of our loving God the Father to Fernanda on 01/01/2017: "I, your Father God, my Son, Jesus of Nazareth and the Holy Spirit, the Paraclete: we are called the Triune God, the Holy Trinity. We are the Three-In-One Persons Inseparable, Undivided. I, your Father God, I created you all with so much love. I love you, each one of you, equally in my own image. My Son Jesus Christ, he is your Saviour, the Redeemer of all of your sins. His love is unconditional for each one of you. The Holy Spirit, the Paraclete, he is your Breath of Life. Since you were conceived, he has lived within you, in every instant of your life. Without the Holy Spirit there is no life. The Holy Spirit is your guidance at your crossroads, your teacher in conjunction with Mother Mary. But you, my people, you forget to ask the Holy Spirit to help you, to show you with clarity where the darkness is, to bring into the light what is hidden in the dark. Do not fear to ask us, the Holy Trinity, for help, for guidance. When it seems like the boat is sinking, my Son Jesus Christ is there to rescue you, to bring you safely ashore. He is the captain of your boat, your ship. If you call him (us), we will never let you sink into the deep seas. My Son Jesus is your anchor at all times."

"And there are three who give testimony in heaven, the Father, the Word, and the Holy Spirit. And these three are one." (1 John 5:7)

WHAT IS TRUE LOVE, GOD'S LOVE?

To love like God, we must love sacrificially, as Jesus showed us: in simplicity, humility and obedience to God's call. We must love God first and foremost and then others as ourselves.

"And whereas indeed he was the Son of God, he learned obedience by the things which he suffered." (Hebrews 5:8)

"This is my commandment, that you love one another as I have loved you." (John 15:12)

"Dearly beloved, let us love one another, for charity is of God. And every one that loves, is born of God, and knows God." (1 John 4:7)

"Charity is patient, is kind: charity is not

envious, deals not perversely; is not puffed up; is not ambitious, is not self-seeking, is not provoked to anger, thinks no evil; rejoices not in iniquity, but rejoices with the truth; bears all things, believes all things, hopes and endures all things." (1 Corinthians 13:4-8)

"But the wisdom that is from above, first indeed is chaste, then peaceable, modest, easy to be persuaded, consenting to the good, full of mercy and good fruits, without judging, without pretence. And the fruit of justice is sown in peace, to them that make peace." (James 3:17-18)

WHAT IS THE PURPOSE OF THIS LIFE?

In the words of our loving Saviour Jesus Christ on 05/06/2016: "Yes, there are many trials, tribulations and hardships in my children's lives. This is not paradise: this is earth, where my children get purified and cleansed, a passing by for eternity. I didn't promise paradise in this world for my children, but I did promise paradise in eternal life. This world is a teaching, a cleansing, a purification for eternal life. If my children would accept their wins and failures with dignity, patience, humility and understanding, they would see my glory upon them one day as they come to eternal life."

WHY THE CATHOLIC CHURCH?

The Catholic Church was founded by Jesus Christ. He appointed St Peter the Rock (Cephas) as the first pope, the Apostles as his first bishops, and affirmed that the gates of hell will not prevail against his Holy Church. Jesus also told us in Matthew 7:20 that "by their fruits you will know them." This certainly is the case for the Catholic saints who wrote the New Testament Bible, performed countless miracles throughout the ages and whose missions make the Catholic Church the biggest charity in the world.

"The heavens shall confess thy wonders, O Lord, and thy truth in the church of the saints." (Douay-Rheims Psalms 88:6, others 89:5)

"And I say to thee: That thou art Peter; and upon this rock I will build my church, and the gates of hell shall not prevail against it. And I will give to thee the keys of the Kingdom of Heaven. And whatsoever thou shalt bind upon earth, it shall be bound also in heaven: and whatsoever thou shalt loose upon earth,

it shall be loosed also in heaven." (Matthew 16:17-18)

"Take heed to yourselves, and to the whole flock, wherein the Holy Spirit hath placed you bishops, to rule the church of God, which he hath purchased with his own blood." (Acts 20:28)

WHY THE SACRAMENTS?

The Holy Sacraments are God's gifts to cleanse and strengthen our souls, to bring God's love and peace into our hearts, and to help us to overcome evil. Inquire at your local Catholic church about receiving the Holy Sacraments of Baptism, Confession, First Holy Communion, Confirmation, Marriage, the Anointing of the Sick (if someone is ill) and Holy Orders (if seeking to be a priest or deacon).

Jesus Christ on 16/02/2017: "My son priests have been entrusted with unique, special gifts on the day of their Ordination. Oh, the enemy, Satan, his aim is to destroy them. He knows that without my son priests there will be no Holy Mass, no Consecration of my Precious Body and Blood and none of the other Sacraments for my children's salvation."

"And when they had ordained to them priests in every church, and had prayed with fasting, they commended them to the Lord, in whom they believed." (Acts 14:22)

WHY PRAY FOR THE DEAD?

Most people die in an impure state, having not lived according to all of God's commandments, so have to endure an arduous purification in purgatory to enter heaven, or end up in the horrific fires of hell. It's an act of love, mercy and compassion to pray for the dead. It also helps to release families from generational curses.

Jesus Christ on 15/05/2018: "More and more souls are falling into hell because of the sins of this world and my children come to eternity with unconfessed sins, not having repented before coming to eternal life. Souls in purgatory are waiting for many prayers as nobody prays for them. Oh, these souls yearn to see the face of God, but only your prayers, my children, can help these poor souls to come to heaven. Pray, pray for the souls in purgatory. Offer alms for these souls to be released from their suffering in purgatory – these are the sacrifices of your

prayers and Holy Masses being said for them." Jesus Christ on 16/09/2024: "Yes, these souls in purgatory can't pray for themselves, but they desire my children to pray to them. In return, they pray for the ones who are asking for their intercession."

"It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins." (2 Machabees 12:46)

WHY ASK THE ANGELS AND SAINTS FOR HELP?

The angels and saints in heaven are only too happy to pray for us, to take our petitions to Jesus Christ, to protect us and help us to fight evil spirits in Jesus' holy name.

Jesus Christ on 30/09/2015: "Oh, just a few hours ago we celebrated the Feast of the Archangels St Michael, St Gabriel and St Raphael. Oh, these three archangels, they are so powerful in combatting the enemy's attacks. They are warriors of God."

Jesus Christ on 09/06/2024: "Oh, my children's guardian angels are so powerful, but my children do not acknowledge their tasks of taking care of them and guiding them through their lives. Their guardian angels feel sad when my children do not ask them for help."

Jesus Christ on 01/11/2019: "My children must pray with their hearts, asking all the saints for help for their needs. The saints are powerful intercessors to us, the Holy Trinity, and to my Blessed Mother."

Mother Mary on 12/03/2012: "Oh, many, many of my children come to me crying, pleading to intercede to my Son for many miracles. Oh, the saints and angels as well! They also ask me to ask my Son Jesus to help them on my children's petitions and prayer requests."

"And when he had opened the book, the four living creatures, and the four and twenty ancients fell down before the Lamb, having every one of them harps, and golden vials full of odours, which are the prayers of saints." (Revelation 5:8)

HOW CAN I BE FILLED WITH GOD'S PEACE?

Obey God's commandments: Being obedient to all of Jesus Christ's teachings brings more of God's graces upon us to enable us to fulfil our missions on earth.

"If you keep my commandments, you shall abide in my love; as I also have kept my Father's commandments, and do abide in his love." (John 15:10)

"And the Spirit of the Lord shall rest upon him: the spirit of wisdom, and of understanding, the spirit of counsel, and of fortitude, the spirit of knowledge, and of godliness. And he shall be filled with the spirit of the fear of the Lord." (Isaiah 11:2-3)

"But the fruit of the Spirit is, charity, joy, peace, patience, kindness, goodness, long-suffering, gentleness, faith, modesty, continency, chastity. Against such there is no law." (Galatians 5:22-23)

Read and obey the Word of God: Unlike other religious books, the Holy Bible is spiritually, historically and prophetically accurate, which is sufficient proof that it is the Word of God. The fourth-century Latin Vulgate by St Jerome is the only true Bible in existence today, as has been confirmed by the Catholic Church throughout the ages. No other Bible has been translated by a saint, while the only authentic English translation of the Vulgate is the Douay-Rheims Bible. Many of the modern Bibles have been deliberately changed to divert people from the traditional teachings of the Catholic Church.

God the Father on 28/02/2018: "About the Holy Bible changes done through the many years, along these years: yes, there is a different meaning in some of the holy words of my Son Jesus' teachings. Yes, they did change, divert, the words to suit manmade laws."

"Let not the book of this law depart from thy mouth: but thou shalt meditate on it day and night, that thou mayst observe and do all things that are written in it: then shalt thou direct thy way, and understand it." (Joshua 1:8)

Pray without ceasing: Prayers from the heart strengthen our relationship with God, protect us from evil attacks and bring many graces upon the world. The Catholic Church has a rich variety of divinely inspired prayers from which to draw.

Jesus Christ on 07/06/2020: "There is no stronger weapon than the most Holy Rosary. My Blessed Mother, she is the Queen to destroy Satan from my children's lives."

Jesus Christ on 24/05/2015: "Pray every day, especially in the morning, one Our Father, three Hail Marys, one Glory Be to the Father for your protection, and to your guardian angel to accompany you in every instant of the day against any dangers. I, your Jesus, will be your refuge and help in your entire life."

Come to Confession at least once a month: When we sin, we hurt the Sacred Heart of Jesus and give evil authority to suppress our body, mind, soul and spirit in that area of sin. Jesus forgives and absolves (releases, cleanses, remits) us of these evil bondages when we contritely confess these sins to his ordained priests in the Sacrament of Confession (Penance or Reconciliation).

Jesus Christ on 03/09/2018: "Yes, I am there with my son priest to absolve my children. Yes, my children can pray and ask us here in heaven for pardon, but the absolution has to come in front of my son priest – he is my channel, my instrument, but I am the one, invisible, who absolves my children – as my son priests have received a special gift, anointing, on the day of their Ordination."

"And that penance and remission of sins should be preached in his name, unto all nations, beginning at Jerusalem." (Luke 24:47)

"And to whom you have pardoned anything, I also. For, what I have pardoned, if I have pardoned anything, for your sakes have I done it in the person of Christ." (2 Corinthians 2:10)

Receive the Body and Blood of Jesus Christ worthily at Holy Mass: Come to Holy Mass at least every Sunday and if possible, daily, to become the saint you were created to be.

God the Father on 03/06/2017: "A simple wafer turns into the true living Body and Blood of my Son Jesus Christ. During Holy Mass, at the time of Consecration, as my Son Jesus' servants, his chosen shepherds, turn this wafer (host) into the reality of the holy sacrifice of the Holy Mass, it becomes so precious, alive, to be my people's strength, their daily bread, their food to enrich their souls, bodies and spirits, their salvation."

"Give us this day our supersubstantial bread." (Matthew 6:11)

"Then Jesus said to them: Amen, amen I say

unto you, unless you eat the flesh of the Son of Man, and drink his blood, you shall not have life in you." (John 6:54)

Fast and do works of mercy: Any sacrifice for the love of God and neighbour brings us closer to Jesus. Fasting is the key to placate many disasters and to combat the enemy – it is food for our souls. Forgiving and praying for those who hurt us, loving sacrificially and doing good to others sanctifies us and brings alleviation to Jesus' aching heart.

God the Father on 06/07/2020: "My Son Jesus also underwent a difficult, turmoiled path through the desert, a dark time of his soul. For forty days he fasted, fasted and prayed to his Almighty Father God to gain strength and courage to finish his journey in this world, to carry the cross of your sins that belongs to you. My dear people, follow my Son Jesus' example: 'prayers', 'prayers' and 'fasting', 'fasting' are the keywords to overcome the mountain that you see in front of you. With prayers and fasting, you will conquer any obstacle in your life."

Spend some time in Adoration: Jesus is asking us to spend at least an hour a week with him in front of the Blessed Sacrament, from which many graces and blessings will follow.

God the Father on 04/05/2018: "Tonight was marvellous with all of you, my dear people, keeping my Son Jesus Christ company for about one hour. This is very precious to my Son Jesus' Sacred Heart, to alleviate his pains because of so many sins upon this entire world. This is a special time dedicated to my Son Jesus Christ, as my Son is a prisoner in his tabernacles all over the world, waiting for my people, my children, to come and visit him. Oh, he waits patiently for a visit in all the tabernacles. My Son Jesus Christ concedes many graces and blessings when his children keep him company. He is alive. He walks amongst you. He embraces you, caresses you and wipes away your tears, your sadness. He brings joy to your heart."

"How lovely are thy tabernacles, O Lord of Hosts." (Douay-Rheims Psalms 83:2, others 84:1)



For more conversations with God, prayers and healing resources, visit www.alpha-omega.org.za.

COME TO JESUS CHRIST

The keys to the Kingdom of Heaven are in your midst



"Tell ye, and come, and consult together: who has declared this from the beginning, who has foretold this from that time? Have not I the Lord, and there is no God else besides me? A just God and a Saviour, there is none besides me. Be converted to me, and you shall be saved, all ye ends of the earth: for I am God, and there is no other." (Isaiah 45:21-22)

"Thou shalt put on them the holy vestments, that they may minister to me, and that the unction of them may prosper to an everlasting priesthood." (Exodus 40:13)