

WHAT ARE EVIL SPIRITS?

Evil spirits, or demons, are fallen angels and humans, condemned to hell, wandering the world seeking the ruin of souls. They range from low-ranking demons that focus on specific sins to higher-ranking ones that specialise in many sins. Evil spirits chisel away at the gifts and fruits of the Holy Spirit that have been offered to all who obey God.

WHAT SORTS OF EVIL SPIRIT EXIST?

Evil spirits specialise in breaking us down mentally, spiritually and physically. Some examples include: evil spirits of confusion, nervousness, mind control, forgetfulness, doubt, laziness, procrastination, stubbornness, rebellion, pride, self-delusion, self-pity, vanity, deceit, lies, lust, fornication, divorce, adultery, pornography, homosexuality, masturbation, disunity, quarrelsomeness, anger, impatience, irritability, hatred, malice, spite, vengeance, unforgiveness, bitterness, resentment, rejection, insecurity, blasphemy, cursing, foul language, negativity, gloom, death, depression, suicide, despair, anxiety, ADD/ADHD, restlessness, insomnia, paranoia, schizophrenia, bipolar, anorexia, gluttony, greed, addictions, infirmities, seizures, torment, gossips, false accusation, calumny, poverty, extortion, false gods/religions/healers, fortune telling, witchcraft etc.

Evil spirits also come on assignment to implement on diabolic contracts, curses and witchcraft done on people (such as voodoo dolls, spells, black magic, white magic, hexes, potions, lotions, bones, hairs etc.).

HOW DO EVIL SPIRITS ENTER PEOPLE?

Evil spirits are given authority to be in or around people through:

Sins of others: for example, if a child is rejected, abused or exposed to parental conflict, this can open the door for evil spirits of fear, anxiety, abandonment and/or rejection to enter. Also, if a child is cursed (generationally, too) or exposed to witchcraft, demons come on assignment to torment and weaken the child spiritually, bringing more susceptibility to sin.

Personal sin: anyone who persists in sin, in action or thought, even if ignorant thereof, gives authority to evil spirits that specialise

in these sins to be more in control. The more evil a person becomes, so higher-ranking demons gain authority to enter the person.

HOW DO WE GET DELIVERANCE?

Deliverance prayers help in speeding up the healing process, but praying the Rosary daily, regular Confession, receiving the Body of Christ worthily in daily Mass, works of mercy and reading the Bible are the big weapons in bringing complete spiritual healing. In particular, evil spirits lose their authority to hold us in bondage to sin through the Sacrament of Confession. The Sacraments of Baptism, Communion and Confirmation also form a strong shield against evil, and so does praying for the dead in your family to break any generational curses.

WHAT IS REQUIRED OF US?

Deliverance prayer-team members must exhibit all the fruits of the Holy Spirit and be filled with sacrificial love and humility. These fruits include charity, joy, peace, patience, kindness, goodness, longanimity, mildness, faith, modesty, continency and chastity.

Prayer-team members must also strive to be in a state of grace through weekly Confession, daily Mass and fasting at least one day a week. Praying each day for protection is also essential. Protection prayers include the Armour of God (Ephesians 6), Apostles Creed, Our Father, three Hail Marys, Glory Be, Hail Holy Queen, Memorare and the St Michael Archangel Prayer.

PREPARING FOR DELIVERANCE PRAYER

Prayer rooms should have a crucifix, a statue or image of Jesus and Mother Mary, holy water, holy salt, incense and white candles – all of which must receive an exorcism blessing from a Catholic priest. Demons often exit a person through vomiting, so a bucket and tissues should be available, too.

When praying over a person, he or she should sit on a chair facing the blessed crucifix and statues or images, ideally with four candles burning: each one representing God the Father, God the Son, God the Holy Spirit and Mother Mary. Burning blessed incense also helps to drive away demons. Preferably two or more prayer-team members should be present to help in the deliverance.

DELIVERANCE PRAYERS

Mother Mary has confirmed the essence of deliverance prayers to Fernanda de Sequeira:

“Thank you for your time in loving me, your Mother Mary, as you were praying upon my children. My daughter, you always call my name when praying against the spirits that are tormenting my children in different ways. As you call my name, asking me to help, pray the Hail Mary, the Memorare, the Hail Holy Queen – yes, the enemy, he hates my Hail Mary. He knows that if my children would pray fervently, especially when they are praying against these evil spirits, commanding them to go to the foot of the cross of my Son Jesus through the Precious Blood of Jesus Christ, the five wounds, the scourging at the pillar, the crown of thorns, these prayers being recited upon my children, then my dear children will be set free in Jesus Christ’s holy name. They must continue praying the holy Rosary afterwards, to be infilled with this prayer, the power of the Father, the Son and the Holy Spirit, and they will be healed in my Son Jesus’ ocean of his mercy. The healing comes from my Son Jesus Christ through the instruments, channels, tools being used, being chosen, by my Son Jesus Christ to help these, my children, in despair, in need of help.” (01/08/2017)

Some of these prayers are clarified below.

General Deliverance Prayer

To avoid confusion, one person at a time should rebuke spirits, taking turns as the Holy Spirit leads, in unison of voices. The person over whom you are praying should be seated on a chair (not cross-legged), closing his or her eyes to focus on Jesus, with hands on knees and palms facing upward to receive.

Sprinkle and bless yourselves with holy water. Then, holding a crucifix, with open hands and palms facing the person over whom you are praying, pray the Our Father, Hail Mary and Glory Be, followed by:

My loving Father God, the Creator of this entire universe and of your son/daughter with so much love; my loving Lord Jesus Christ, the Saviour of the world and the Redeemer of our sins; and my dear Holy Spirit, my Breath of Life, I ask you to be here, to infill

and surround your child like a cloak so he/she can deflect the fiery arrows of the evil one. My dear Lord Jesus, place your healing hand upon your child and inebriate him/her with your Precious Blood. Seal the rooftop, the walls, air vents, windows, doors, foundations and corners of this property with your Precious Blood, and ensure that no evil spirits will be able to hide, temporarily leave, harm or block any of us. My loving God the Father, we ask for your full protection on each one of us: on our comings, our goings, our loved ones and our possessions, so that there will be no retaliation as a result of these prayers and we can go home in your peace.

My Blessed Mother Mary, come with your Virginal Mantle and be a shield of protection upon your son/daughter. I ask this prayer through your Tears of Blood, tears that you cry because of all the sins in the world and the pain they inflict on your Son’s Sacred Heart and your Immaculate Heart.

St Michael, St Gabriel and St Raphael Archangels, come with your troops of angels, the nine choirs of angels, to help in this warfare. All the saints of heaven, including the forgotten saints, come in the name of Jesus Christ of Nazareth and help in this deliverance. I ask in particular for ... call specific saints that come to mind ... to help in this deliverance.

Now, as the Holy Spirit leads, rebuke evil spirits through Jesus’ sacred wounds (by placing crucifixes and holy water on these areas) as follows:

*By the merits of Jesus’ crown of thorns... **Rebuking Prayer...** Through the wounds on Jesus’ feet... **Rebuking Prayer...** Through the wounds on Jesus’ knees... **Rebuking Prayer...** Through wounds on Jesus’ hands... **Rebuking Prayer...** By the merits of the Scourging at the Pillar... **Rebuking Prayer ...***

My Lord Jesus Christ, through the lance wound on your side, cleanse and heal your child with your Precious Blood and water that came out of your side.

Then, repeat three times:

O Blood and Water, which gushed forth from the heart of Jesus as a fountain of mercy for us, I trust in you for _____’s healing.

DELIVERANCE PRAYER GUIDE FOR ALPHA & OMEGA MISSION MEMBERS



"And these signs shall follow them that believe: In my name they shall cast out devils: they shall speak with new tongues. They shall take up serpents; and if they shall drink any deadly thing, it shall not hurt them: they shall lay their hands upon the sick, and they shall recover."
(Mark 16:17–18)

Speaking in tongues, statements of truth and praising Jesus also help to drive out demons. If you suspect high-ranking demons, say, *"In the name of Jesus I command you to identify yourself,"* then rebuke by name.

Evil spirits will stay in a person if there is no contrition of sins or the person is holding onto unforgiveness – in this case, invite the person to recite the **Forgiveness Prayer**. If there is true contrition and forgiveness, deliverance will take place. Conclude with:

My loving Lord Jesus, through the merits of the wound on your left shoulder, your most painful wound, I ask for a full healing on _____. Help him/her to understand and implement your living Word, to pray the Rosary every day, and to receive you worthily in Holy Mass through regular and contrite Confession. Thank you for this healing upon your child. All honour, praise and Glory to our Lord Jesus Christ.

Then, pray the **Come Holy Spirit Prayer** followed by the Glory Be three times in honour of the Holy Trinity, and the Hail Holy Queen or Memorare to thank Mother Mary.

Rebuking Prayer

Address evil spirits by type, nature or name. For example, *"Evil spirits of confusion and negativity ..."* or *"You evil spirit, trying to make _____ think he/she is worthless ..."* or *"Incubus, Succubus, Asmodeus, Jezebel ..."* Then say, *"In the name of Jesus and by Jesus' authority, I bind you, I rebuke you and I send you to the foot of the cross of Jesus. Go demon, go!"* For past sexual relationships, say, *"In Jesus' name I cut all soul ties with the double edged Sword of the Spirit,"* then rebuke any transferring spirits. Bondages, chains and shackles can also be cut with the Sword of the Spirit. Curses are broken by stating their nature and rebuking the evil spirits on assignment to implement these curses. On rare occasions, deceased souls in purgatory, often family, can also bring spiritual oppression because of unresolved issues: praying for them releases these bondages.

Forgiveness Prayer

Ask the person over whom you are praying to state the names of the people whom he/she may be angry, bitter or resentful towards.

Then ask the person to repeat after you:

My loving Lord Jesus, I bring you the names of the people I have mentioned. I ask you to have mercy on them, to bless them and to lead them into your Sacred Heart.

I am sorry for any anger, bitterness or resentment that I have had towards them. I take back any curses that I said against them and ask you to replace these with a blessing on them.

Specific curses, self-curses (for example, "I will never want to be with another man"), binding words (for example, "If I cannot have you, then I will never be happy"), oaths, contracts or "gifts" received from Satan also need to be stated and renounced. All must also be taken to Confession for true deliverance to occur.

I forgive them from the bottom of my heart. I am sorry for offending and hurting you, my Jesus. Help me, dear Jesus, to let go as you did on the cross when you cried out, "Father, forgive them for they know not what they are doing." Help me to see them with your eyes of love, mercy and compassion. Thank you Jesus. I love you Jesus. I praise you Jesus. Amen.

Come Holy Spirit Prayer

Come, Holy Spirit, come by means of the powerful intercession of the Immaculate Heart of Mary, your well-beloved spouse.

Come Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your divine love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Come Holy Spirit, infill and strengthen _____ with your gifts of wisdom, understanding, counsel, fortitude, knowledge, godliness and fear of the Lord ... mention other gifts and charisms, as the Holy Spirit leads ...

Come Holy Spirit and infill your child with the fire of your love, your fruits of charity, joy, peace, patience, kindness, goodness, longanimity, mildness, faith, modesty, continency and chastity. I ask you, my loving Holy Spirit to bring whatever is in the dark to the light to enable your son/daughter to come to full reconciliation and healing.

Thank you my gentle, loving Holy Spirit, my Breath of Life, I love you. Amen.

DELIVERING HOMES

Encourage homeowners to:

Step 1: Destroy and burn statues, books, videos and graven images that celebrate evil, honour strange gods and pagan idols. These include dragons, witches, satanic symbols, Halloween costumes, witchcraft items (such as mutis, powders, hairs and bones), superstitious items (such as tarot cards, angel cards, charms, amulets, lucky bracelets and evil eyes), clothing or gifts subjected to occult rituals, SVL-rated movies, Antichrist music, and so on.

Step 2: Sprinkle a little holy water, making the Sign of the Cross, on the floors of each room, in cupboards and on the windows, and put a pinch of holy salt in each corner of the room. Then with crucifix in hand, command all evil spirits in the room to go in Jesus' name. Repeat in each room and on the property boundaries. Place a thin line of holy salt and water at the entrances of the building and property to block any evil from entering. Burning blessed incense in the process is also very powerful in cleansing your environment.

Step 3: Conclude with a prayer for your home and your family, asking St Michael, St Gabriel and St Raphael the archangels to come with their troops of angels to cleanse your home. Also, ask the Holy Spirit to bring to light any evil that may be on your property so that you can remove it when revealed to you.

Step 4: Consecrate and ideally, enthrone your home to the Sacred Heart of Jesus and the Immaculate Heart of Mary. This, together with a daily Rosary devotion, brings an immensity of graces to families and forms a strong shield against evil.



For more information, visit **Resources** on www.alpha-omega.org.za