

4. Entries:

- 4.1 Entries open immediately and close on Friday, 23 August 2019
- 4.2 Entry forms to be completed and e-mailed to:
E-mail: entries@namxsport.com
Cell no: +264 81 124 3522
- 4.3 Payment must be in cash or EFT form, and proof of payment needs to reach us **not later than Friday, 23 August 2019.**
- 4.4 All riders must e-mail their entry forms and proof of payment to the organizers by **no later than Friday, 23 August 2019.**
- 4.5 Payment must be in cash or EFT form, and proof of payment needs to reach us **not later than Friday, 23 August 2019.**

Very important: All original forms and documentation to be brought and submitted to race control on race day at Elisenheim.

Please note: No entry will be accepted unless submitted on the official entry form accompanied by the appropriate fee. (GCR - 100 & 101)

5. Banking details are as following:

Account Name: AB Racing
Nedbank of Namibia
Branch: Business Centre
Branch Code: 461 617
Acc. Number: 1100 0249 000

6. ENTRY FEE:

The entry fee will be as follows:

- 6.1 N\$800 for all classes.
- 6.2 Day Riders not competing in the FIM AFRICA Continental Championship Class will have to pay an NMSF One Event License fee of N200 and a Day membership fee of N\$100. Total N\$300.

7. LATE ENTRY FEE

A late entry fee of N\$200 will be charged to every competitor that enters after the closing date of Friday 23 August 2019.

8. LICENSES:

NMSF / FMN competition license.
NMSF One Event license will be available (only Bronze and development class)
FIM One Promotional Continental License @ €83.00

(62 999 11 One Promotional Continental Championships Event License €33.00 and Insurance €50.00)
All Continental Championship Riders must produce a FIM License. All FIM licenses (which includes Insurance) must be processed by the FMN via the FIM Extranet <https://extranet.fim.ch>.
or via the FIM AFRICA Website <https://www.fim-africa.com/licences>.
All Continental Championship riders must work through their FMN.

9. INSURANCE

Competitors and crew members are covered for Public Liability under a master policy held by the Namibian Motor Sport Federation for an amount of N\$5 million, for the entire event (including scrutineering) until the posting of the final results, or prior retirement subject to policy terms and conditions.

NMSF Policy No.: K0013810

10. DOCUMENTATION

Checking of licenses and general documentation will take place from **11:00 to 13:00** on **Friday, 30 August 2019** at **ELISENHEIM**.

PLEASE BE PUNCTUAL.

11. ACCEPTANCE OF RIDERS

Riders aged minimum 16 years, including riders turning 16 years in the same calendar year as the event, are eligible to participate, providing they are holders of an appropriate competition license as stated in 7.

Riders 50 years and over. FMN's must confirm that they have received Stress ECG's from their riders of 50 years and older and that such results were favourable. The report of the exercise tolerance electrocardiogram must be presented to the organisers during documentation.

12. DEVELOPMENT CLASS

Junior riders from 12 years of age will be allowed to compete on the Bronze loop if accompanied by a competent adult rider who accepts responsibility for that junior rider. The junior rider is expected to remain with the adult rider and cross finish line together. However, this a non-competitive group which will NOT score points within the Bronze class.

13. MOTORCYCLES

This Hard Enduro is open to Enduro, Motocross, Trial and Free ride motorcycles. These motorcycles shall comply with the technical and safety rules laid down by the FIM Technical rules 2019 and the NMSF.

14. CLASSES:

**Bronze, Silver & Gold
Development Class**

15. VENUE & DIRECTION:

The event is held at Windhoek on Farm Elisenheim with an elevation between 1550m and 2090m above mean sea level. GPS DMS Coordinates: 22°26'14"S 17°06'02"E.

FOOD AND DRINK WILL BE AVAILABLE AT THE VENUE

16. TECHNICAL INSPECTION

16.1 Technical inspection will take place from 11:00 to 13:00 on Friday, 30 August 2019 at ELISENHEIM and shall be in accordance with the FIM Technical and the Extreme Enduro rules and regulations of 2019.

16.2 All motorcycles, riders' helmets, goggles (no tear offs) and neck brace will be checked.

16.3 Please ensure that you have A FIRST AID Kit and a Minimum of 1 litre water or drinking fluid in a Hydration Pack/Camel pack described in detail under section 17 below.

16.4 Identification marks may be fixed to the motorcycle during this inspection. The Technical Stewards will check for the identification during the course of the event. The absence or falsification of this will result in exclusion.

17. SOUND CONTROL

The Environmental Steward shall be responsible for:

- Noise Pollution as per Article 4 of the environmental Code
- The 2mt Max Method will be used
- Maximum Noise level will be 112 dB

Any sound test failures will be noted, and the Rider must repair the Bike and return and have the Bike sound tested again.

18. ALL MOTORCYCLES MUST:

- In addition to article 460 of the Namibian Extreme Enduro rules and regulations, be marked with either dark racing numbers on a white background or white racing numbers on a dark background and which are clearly legible from a distance of at least 40 meters. ***Any bike not complying in this regard will not pass Scrutineering and thus not be allowed to participate in the event.***
- Be fitted with ball-ended clutch and brake levers unless fitted with a suitable wrap-around protector.
- Be fitted with brakes operating on front and rear wheels.
- Be fitted with a self-closing throttle.
- Be fitted with adequate mudguards.
- Not have any fuel leaks.
- Not discharge exhaust gasses so as to raise dust or in any way inconvenience another motorcycle.
- Be fitted with folding foot pegs. Those machines not fitted with steering dampers and/or GPS fittings are recommended in the interests of safety, to fit a bar pad constructed of foam or sponge on the handlebars.

Riders must have a Hydration Pack/Camel pack with minimum 1 litre water and a medical kit

containing at least the following items:

- Thermal blanket
- White cloth square with OK sign printed on one side and a red cross on the other side
- Small bottle with disinfectant liquid
- Wound dressing (assortment of plasters and roll of bandage)
- Pain killers

19. GPS AND ROUTE MARKING – MAIN RACE

The Bronze loop will be marked, and NO GPS shall be required. Silver & Gold classes are unmarked, and a GPS is required. GPS is the primary navigation aid for Silver and Gold classes and is mandatory. A minimum of one GPS unit must be carried for navigation, we recommend two. For these classes, route marking will be kept to a bare minimum and only major junctions and deviations from the obvious track will be marked. Organizers are only able to upload the route to GARMIN GPS units.

The track log will be uploaded by officials during documentation. Competitors must present their GPS units cleared of all track logs and waypoints.

At the finish, GPS units must be handed in to Race Control for verification of route compliance. Failure to do so will result in disqualification. GPS tracking will be the only method of route compliance and verification. Failure to proof route verification via GPS tracking will result in disqualification. **The onus is on the riders to ensure their GPS is in good working condition. Failure of GPS is rider responsibility since the rider has to prove route compliance to the organisers.**

20. PROLOGUE: 30 AUGUST 2019

Short obstacle course that must be completed by every rider to determine starting order for the main race. Classes will battle individually.

21. MAIN RACE: 31 August 2019

Bronze: Loop 1
Silver: Loop 1 & 2
Gold: Loop 1, 2 & 3

Each loop is approximately 40km. Overall race time estimated at 9 hours.
Start/finish and pit area will be at one central point at Elisenheim.
Riders will only score in the class intended.

22. PIT AREA

Refuel and water points will be provided on the route. The designated points will be indicated on the GPS map with waypoints.

23. OFFICIALS

NMSF Steward:	Derek Jacobs	Namibia	(NMSF 001/18)
Race Director:	Andreas Brendel	Namibia	(FIM Africa 1006/19)

Jury President:	Gillian Dykes	MSA	(FIM 14052)
Clerk of the Course:	Pieter de Haan	Namibia	(FIM Africa 1007/19)
Chief Medical Consultant:	Wilhelm van Niekerk	Namibia	(FIM Africa 01005/20)
Chief Timekeeper:	Magda de Haan	Namibia	(FIM Africa 1008/19)
Foreign Jury Member:	Anne Troughton	Kenya	(FIM Africa 951/20)
Chief Marshal:	Corne Visser	Namibia	
Chief Scrutineer	Claude Brendel	Namibia	
Circuit GPS Support:	Hannes Van Schalkwyk	Namibia	
Events Secretary:	Claire Brendel	Namibia	
Environmental Officials:	Gillian Dykes / Anne Troughton		(FIM Africa 942/944)

24. RACE PROGRAMME: (Prologue) Friday, 30 August 2019

Documentation	11:00 – 13:00
Technical Control/Scrutineering	11:00 – 13:00
1st Jury Meeting	13:30 – 14:00
Rider's briefing	15:00 – 15:30
Practice	16:00 – 17:30
Start of prologue	18:30
Completion of prologue	20:30
Results/starting order	21:00
2nd Jury Meeting	21:30

The above may be amended in the final instructions which will be posted on the official notice board.

25. RACE PROGRAMME: (Main Race) Saturday, 31 August 2019

3rd Jury Meeting	06:30
Start of first Motorcycle (Gold)	07:30
Start of first Motorcycle (Silver)	07:45
Start of first Motorcycle (Bronze)	09:00
Cut off Time	14:30
Time Bar	17:00
Posting of Results (Provisional)	17:30
4th Jury Meeting	18:00
Prize Giving	18:30

The above may be amended in the final instructions which will be posted on the official notice board.

26. RESULTS:

Provisional results will be posted at 17h30 and will be available at the venue.

27. PRIZE GIVING:

The prize giving will commence at 18:30 at the venue.

ANTI-DOPING CODE:

The NMSF subscribes to the provisions of the World Anti-Doping Authority (WADA) and as such all competitors are bound by WADA rules and regulations, in respect of performance enhancing and use of banned substances during this X-Race event. Random drug testing may be demanded from time to time as directed by WADA, and all competitors must comply if so requested.

Any competitor taking any drug for therapeutic purposes, such as asthma, hay fever, ADD, etc. and which contains substances that are included on the WADA prohibited list, must obtain a Therapeutic Use Exemption, prior to entering this competition and submit with their entry at Official Documentation.

Confirm medication use at <http://www.drugfreesport.org.za/online-medication-check/>.

28. MEDICAL FITNESS:

In terms of FIM Africa Medical Code the following shall apply:

- a) A Rider / competitor who sustained moderate to serious injuries e.g. fractures (broken bones), concussions, back injuries, etc. will have to provide at race entry a clearance certificate from a medical doctor declaring the rider fit to participate in this event following the injury.
- b) Riders aged over 50 years must provide at race entry a certificate of medical fitness as defined in the Medical Code of FIM, as well as confirmation of a Stress ECG from their FMN. the medical fitness and clearance certificate shall be in accordance with the Medical Code of FIM Africa, which can be obtained from <http://www.fim-africa.com/medical> .

29. ALCOHOL CONSUMPTION:

A ZERO TOLERANCE policy is maintained with regard to alcohol consumption by anyone present in the pit area. This includes mechanics, crew, representatives, supporters, family and friends. The competitor, or in the case of a minor, his/her representative, shall be responsible for the people in their pit area. If anyone is caught consuming alcohol or being under the influence of alcohol in the pit area, it might result in immediate disqualification of the rider/competitor. This will apply even if you have finished the event.

Anybody having consumed any amount of alcohol outside the pit area is strongly advised to stay outside the pit area in order to avoid being penalized.

There will be a breathalyser present at the event and breath alcohol tests may be conducted in a random fashion by the Chief Medical Officer at the discretion of the Clerk of the Course. The CoC may also have any individual rider, competitor, crew member and representative suspected of being under the influence of alcohol, tested by the CMO.

IF THE BREATH ALCOHOL TEST INDICATES ANY PRESENCE OF ALCOHOL, THE RIDER/COMPETITOR WILL BE EXCLUDED FROM THE RACE.

30. INTERFERING WITH OFFICIALS IN THE CONTROL ZONES:

A ZERO TOLERANCE policy, which includes the possible exclusion of a rider, will be maintained with regard to abusive behavior aimed at event officials by a rider or parent/entrant/crew/friends belonging to such rider. This includes interfering with race officials performing their duties, such as in the time keeping area, starting area, control zones, etc.

31. VEHICLE TRAFFIC IN THE PIT AREA:

No cars and trucks, except for race control and medical support, will be allowed to drive around in the pit area. It is therefore recommended that spectators, family, support crew, etc. park their cars outside the pit area at the exit route.

32. FUEL:

Only local pump fuel is permitted with a maximum octane rate of 102.6. Fuel will NOT be available at the circuit.

33. RIDER'S BRIEFING:

A compulsory Rider's Briefing will be held prior to the start of the event, at which time any specific instructions and issues pertinent to the day's competition will be explained. Riders may seek clarification from the organisers on any points that are not clear to them, at this time. All riders must attend the Rider's Briefing and sign the attendance register. Failure to attend the rider's briefings will result in exclusion.

34. STARTING ORDER

Determined by the Prologue on 30 August 2019. Prologue is class specific.

35. START PROCEDURE

35.1 The starting area is a designated area where the riders await the starting signal and where the starting line is situated at one extremity.

35.2 Repairing a motorcycle in that area is not permitted until the starting signal is given. The penalty for doing so is disqualification. If the designated service (pit) area is not located after the starting line, a designated repair zone will be provided for repairs immediately after the starting line.

35.3 Any rider caught smoking in the starting area will receive a 15-minute time penalty.

35.4 Only Jury members and officials designated in the Supplementary Regulations, and the riders waiting for the start, are permitted access to the starting area. The organizer and the Jury will decide whether representatives of the press are permitted access to the starting area and will specify the number allowed and under which conditions.

35.5 No other persons are allowed into the starting area.

35.6 No assistance may be given in the starting area. The penalty for breaking this rule is a 15-minute time penalty.

35.7 It is forbidden to start the engine of the motorcycle in the waiting zone of the starting area. The penalty for doing so is 1 minute.

35.8 It is also forbidden to start the engine on the starting line before the starting signal is given. The penalty for doing so is 1 minute.

36. RIDING GEAR

All competitors must wear protective clothing. It is strongly recommended for riders to wear neck braces and chest protectors.

37. CELL PHONES:

Riders are urged to carry a cell phone during the race. Network coverage is available at least in most of the high lying areas on all route sections. Immediate cell phone communication or even SMS promotes timely and effective rendering of assistance by medical support and race control.

38. RIDING NUMBERS:

Racing Numbers as allocated to the riders **must be stated on Entry Form**. Should 2 Riders or more have the same racing number, the organizer will allocate a new number or prefix to the entrant.

If any rider does not adhere to this rule, he/she will be allocated with numbers from the organizers at a cost of N\$100. Apply article 460 of the Namibian Hard Enduro SSR's.

39. CLASSIFICATION & POINTS SCORING

The COC is responsible for the time keeping and publishing the Results.

39.1 Penalties shall be expressed in hours, minutes and seconds. The final classification will be obtained by adding the times achieved in the selective sectors and the penalties (incurred during the linking sectors and other penalties expressed in time).

39.2 The rider who obtains the lowest total will be proclaimed the winner of the general classification; the next will be second and so on. The classification for the classes will be determined in the same manner.

39.3 The official provisional results of the event will be posted on the official notice board not later than one hour after the arrival of the last Machine.

39.4 The deadline for protest will be 30 minutes beginning at the time when the above provisional results are posted. Thereafter these results become final.

39.5 Championship / Event Points

Points are awarded to riders in all classes according to the following scale:

25 points – 1 st	15 points – 6 th	10 points – 11 th	5 points – 16 th
22 points – 2 nd	14 points – 7 th	9 points – 12 th	4 points – 17 th
20 points – 3 rd	13 points – 8 th	8 points – 13 th	3 points – 18 th
18 points – 4 th	12 points – 9 th	7 points – 14 th	2 points – 19 th
16 points – 5 th	11 points – 10 th	6 points – 15 th	1 point to the rest

40. PRIZES AND AWARDS

40.1 Prologue:

1st, 2nd and 3rd places, for GOLD Class only (Podium with 'bragging' rights)

40.2 Main Race:

Trophies and prize money will be awarded for 1st, 2nd and 3rd positions in all classes. Medals will be awarded to all finishers.

41. **ENVIRONMENTAL MATTERS:**

Every competitor is encouraged to enjoy, to the fullest extent, their race in Namibia without leaving damaging footprints.

Oil and rubbish disposable bins will be provided at the venue, please make use of them.

Environmental mats and fire extinguishers compulsory.

Rubbish bags will be issued at documentation, please keep this country clean.

NATURE IS AND MUST REMAIN THE HERITAGE OF HUMANITY WHICH WE MUST PROTECT.

42. **ADDITIONAL INFORMATION**

- Food and Drinks available at the venue.
- Accommodation is available at venue.

Hospitals:	
Lady Pohamba Private Hospital	083 335 9000 (Doctor on call)
Roman Catholic Hospital	061 – 270 2911 (Doctor on call)
Medi-Clinic	061 – 222 867 / 433 1000 (Doctor on call)
Rhino Park (no casualty unit)	061 – 375 000
Katutura State Hospital	061 – 203 9111
Namibian Police	10111
City Police	061 – 290 2239
Medical Evacuation: AEMS	081 963
E-Med Rescue	081 924