

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK
Team**Results of all Finals and Heats**

Ordered by Item types

Performance Scores: IAAF_2017 table, Electronic Time, Height above sea=71

Place	Athlete,Birthdate	Perf	Score	Medal	Records
Item 100 14:00 Final Girls 16 100m					
1	MARTIN,Tiffany, 393	UWC 12.84	8	1200	G
2	CORBETT,Saadiqah, 324	BAC 13.24	7	1200	S
3	OLIVER,Tiffany, 382	KWVOB 13.40	6	1200	B
4	GEORGE,Tereska, 370	VELOCI 13.42	5	1200	
5	KARRIEM,Naboeweyah, 408	BISAC 13.64	4	1200	
6	SOLOMONS,Jaime-lee, 371	VELOCI 13.65	3	1200	
7	SAAL,Lannice, 369	VELOCI 13.92	2	1200	
0	FARMER,Farah, 333	TITANS DNS	0	0	
Item 36 18:40 Heat 1 of 2 Girls 16 100m					
1	CORBETT,Saadiqah, 324	BAC 13.54		1200	
2	OLIVER,Tiffany, 382	KWVOB 13.64		1200	
3	GEORGE,Tereska, 370	VELOCI 13.82		1200	
4	SOLOMONS,Jaime-lee, 371	VELOCI 14.16		1200	
5	FARMER,Farah, 333	TITANS 14.66		1200	
6	PRETORIUS,Warne, 396	UWC 14.73		1200	
0	WILLIAMS,Kwenthu, 434	EERSTE DNS		0	
Item 36 18:40 Heat 2 of 2 Girls 16 100m					
				-0.8	
1	MARTIN,Tiffany, 393	UWC 13.34		1200	
2	KARRIEM,Naboeweyah, 408	BISAC 13.92		1200	
3	SAAL,Lannice, 369	VELOCI 14.37		1200	
4	JACOBS,Tharwat, 446	LANGA 14.89		1200	
0	MUDALI,Chyra, 381	KWVOB DNS		0	
0	PERCHARDY,Chelsea, 372	VELOCI DNS		0	
Item 104 14:30 Final Boys 16 100m					
1	FARO,Caleb, 399	UWC 11.56	8	1200	G
2	TSHANGANA,Yanda, 449	TITANS 11.61	7	1200	S
3	JACOBS,Furqaan, 302	ULTRA 11.66	6	1200	B
4	WEIR,Dylan, 317	BAC 11.69	5	1200	
5	DAVIDS,Diego, 398	UWC 11.94	4	1200	
6	LIEBENBERG,Mathew, 377	VELOCI 12.07	3	1200	
7	KAMRODIEN,Zamaan, 301	ULTRA 12.36	2	1200	
0	AMISSI,Juma, 368	RBH DNS	0	0	
Item 39 18:40 Heat 1 of 4 Boys 16 100m					
				-0.2	
1	AMISSI,Juma, 368	RBH 12.09		1200	
2	KAMRODIEN,Zamaan, 301	ULTRA 12.37		1200	
3	ZOLA,Mihlali, 441	LANGA 12.57		1200	
4	ADAMS,Keenu, 397	UWC 12.76		1200	
5	MAWIMBA,Tashinga, 378	VELOCI 12.78		1200	
6	HARVEY,Matthew Aiden, 340	BAC 12.81		1200	
7	BRUINERS,Rhuwaydin, 412	EAST 12.89		1200	
0	PETERSIN,Keeraco, 374	VELOCI DNS		0	
Item 39 18:40 Heat 2 of 4 Boys 16 100m					
				+0.6	
1	JACOBS,Furqaan, 302	ULTRA 11.64		1200	
2	WEIR,Dylan, 317	BAC 11.90		1200	
3	SOLOMONS,Ashley, 347	EERSTE 12.39		1200	
4	SEPTEMBER,Adriano, 375	VELOCI 12.45		1200	
5	GROENEMEYERS,Luke, 443	UWC 12.82		1200	
6	BENSON,Rueshon-lee, 348	TITANS 13.13		1200	
7	KALI,Abenathi, 365	RBH 13.97		1200	
8	JlJA,Luntu, 438	LANGA 14.37		1200	
Item 39 18:40 Heat 3 of 4 Boys 16 100m					
				-0.2	
1	FARO,Caleb, 399	UWC 11.80		1200	

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS**TRACK**

2	TSHANGANA,Yanda, 449	TITANS	12.03	1200
3	CEASER,Duwayne, 376	VELOCI	12.41	1200
4	RYAN,Kiron, 419	TAK	12.79	1200
5	WILLIAMS,Cohen, 363	UWC	13.07	1200
6	ISAACS,Imtiyaz, 406	BISAC	13.33	1200
0	ROEMS,Craig, 400	ELSIES	DNS	0

Item 39 18:40 Heat 4 of 4 Boys 16 100m**-0.6**

1	DAVIDS,Diego, 398	UWC	12.04	1200
2	LIEBENBERG,Mathew, 377	VELOCI	12.14	1200
3	BRUINERS,Rhuwaylin, 411	EAST	12.56	1200
4	WILLIAMS,Xavier, 394	UWC	13.13	1200
5	ISAACS,Zayd, 312	ULTRA	13.21	1200
0	PETERSON,Rogan, 436	LANGA	DNS	0
0	ABRAHAMS,Aden, 448	TITANS	DNS	0

Item 101 14:10 Final Girls 18 100m

1	JOSHAU,Malanie, 181	VELOCI	12.18	8	1200	G
2	THEART,Monja, 135	BAC	12.40	7	1200	S
3	STEPHENS,Hannah, 239	TAK	12.76	6	1200	B
4	DU PLESSIS,Stefani, 143	BAC	13.01	5	1200	
5	JOHNSON,Emma, 153	BAC	13.17	4	1200	
6	HENKERMEN,Britannia, 182	VELOCI	13.91	3	1200	
0	DAVIDS,Robin, 183	VELOCI	DNS	0	0	
0	RUTGERS,Chloe, 245	TAK	DNS	0	0	

Item 37 18:50 Heat 1 of 3 Girls 18 100m**+0.2**

1	THEART,Monja, 135	BAC	12.97	1200
2	DAVIDS,Robin, 183	VELOCI	14.43	1200
3	ADAMS,Sara, 227	BISAC	14.44	1200
4	LINKS,Dzitka, 238	TAK	14.87	1200
0	CUPIDO,Morgan, 200	KWVOB	DNR	0
0	KLEIN,Zeak, 243	TAK	DNR	0

Item 37 18:50 Heat 2 of 3 Girls 18 100m**+0.4**

1	JOSHAU,Malanie, 181	VELOCI	12.25	1200
2	STEPHENS,Hannah, 239	TAK	13.05	1200
3	JOHNSON,Emma, 153	BAC	13.52	1200
4	RUTGERS,Chloe, 245	TAK	13.86	1200
5	JACOBS,Saniyah, 283	LANGA	14.83	1200
0	AMOO,Riyana, 226	BISAC	DNR	0

Item 37 18:50 Heat 3 of 3 Girls 18 100m**-0.5**

1	DU PLESSIS,Stefani, 143	BAC	12.96	1200
2	HENKERMEN,Britannia, 182	VELOCI	14.01	1200
0	WILLIAMS,Kwenetha, 145	EERSTE	DNR	0
0	PASHA,Kelsey, 216	UWC	DNR	0
0	HASSEN,Sadia, 241	TAK	DNR	0
0	DU PLESSIS,Shana, 242	TAK	DNR	0

Item 106 14:40 Final Boys 18 100m

1	ZINN,Kyle, 210	UWC	11.06	8	1200	G
2	KARRIEM,Abdurahman, 222	BISAC	11.09	7	1200	S
3	BUCK,Liam, 138	UWC	11.14	6	1200	B
4	ROSE,Jody, 134	BAC	11.28	5	1200	
5	ABRAHAMS,Nicholas, 209	UWC	11.36	4	1200	
6	DAVIDS,Shariq, 166	BISHOP	11.48	3	1200	
0	GABIER,Luqmaan, 223	BISAC	Disq	0	0	
0	JACOBS,Kaiden, 132	BAC	DNS	0	0	

Item 44 19:25 Heat 1 of 4 Boys 18 100m**-0.5**

1	KARRIEM,Abdurahman, 222	BISAC	11.26	1200
2	BUCK,Liam, 138	UWC	11.29	1200
3	DAVIDS,Shariq, 166	BISHOP	11.52	1200
4	RANCK,Keanu, 155	MELKBO	11.87	1200

TRACK

5	TULLY,Lezano, 261	VELOC	11.93	1200
6	BOOISE,Wayden, 193	VELOC	12.05	1200
7	ARENDSE,Jaden, 109	ULTRA	12.65	1200
8	LOOTS,Lian, 128	BAC	13.02	1200

Item 44 19:25 Heat 2 of 4 Boys 18 100m -0.1

1	ROSE,Jody, 134	BAC	11.26	1200
2	PAGE,Eugene, 125	EERSTE	11.64	1200
3	LIEBENBERG,Zuan P, 192	VELOC	12.22	1200
4	SMITH,Ramees, 106	ULTRA	12.46	1200
0	BURGER,Reece, 171	PAARL	DNR	0
0	GABRIELS,Anas, 190	VELOC	DNR	0
0	CLASSEN,Jayden, 217	UWC	DNR	0

Item 44 19:25 Heat 3 of 4 Boys 18 100m -0.2

1	ZINN,Kyle, 210	UWC	11.01	1200
2	JACOBS,Kaiden, 132	BAC	11.53	1200
3	V WYK,Aiden, 191	VELOC	12.41	1200
4	TITO,Isma-eel, 211	UWC	12.95	1200
0	NEFDI,Romano, 257	EERSTE	DNR	0
0	NDLOVU,Lifa, 117	TEMP	DNR	0
0	DANIELS,Lorenzo, 194	VELOC	DNR	0

Item 44 19:25 Heat 4 of 4 Boys 18 100m +0.5

1	GABIER,Luqmaan, 223	BISAC	11.11	1200
2	ABRAHAMS,Nicholas, 209	UWC	11.51	1200
3	JOSEPHS,Enrique, 195	VELOC	11.80	1200
4	THOMAS,Achmad, 229	TAK	12.35	1200
0	OTITOOLA,Sumbomi Fikayo, 287	TITANS	DNR	0
0	ADAMS,Jaden, 219	ELSIES	DNR	0
0	JIM,Likhona, 74	UWC	DNR	0

Item 103 14:20 Final Women 20 100m

1	HILL,Lawon, 16	VELOC	12.48	8	1200	G
2	BYMAN,Laure, 30	UWC	12.63	7	1200	S
3	KEYS,Alecia, 73	UWC	12.77	6	1200	B
4	RHODE,Chelsea Ann, 13	UWC	12.84	5	1200	
5	PICKERING,Mikayla Rushuan, 38	UWC	13.70	4	1200	
6	SYMAN,Fatiema, 93	LANGA	14.22	3	1200	

Item 36 18:40 Heat 1 of 2 Women 20 100m**Item 36 18:40 Heat 2 of 2 Women 20 100m****Item 107 14:50 Final Men 20 100m**

1	JOSIAS,Jesse, 75	UWC	10.83	8	1200	G
2	JONES,ljaarz, 71	UWC	11.02	7	1200	S
3	ABRAHAMS,Brent, 41	BAC	11.17	6	1200	B
4	CAMPHER,Duwayden, 59	VELOC	11.26	5	1200	
5	WYNGAARD,Abdud Daiyaan, 25	BAC	11.38	4	1200	
6	ACKERMAN,Wesley, 40	MELKBO	11.43	3	1200	
7	FIELIES,Jemyle, 61	VELOC	11.72	2	1200	
0	MANASSE,Mikhail, 12	ULTRA	DNS	0	0	

Item 45 19:45 Heat 1 of 3 Men 20 100m -0.1

1	MANASSE,Mikhail, 12	ULTRA	11.77	1200
2	FIELIES,Jemyle, 61	VELOC	11.81	1200
3	BANTOM,Antonio John, 53	TITANS	13.68	1200
0	MARAIS,Ethan, 21	BAC	DNR	0
0	PETERSEN,Ameen, 50	PINE	DNR	0

Item 45 19:45 Heat 2 of 3 Men 20 100m -0.4

1	JONES,ljaarz, 71	UWC	11.19	1200
2	ABRAHAMS,Brent, 41	BAC	11.24	1200
3	CAMPHER,Duwayden, 59	VELOC	11.45	1200

TRACK

4	JULIES,Leharno, 43	KRRC	11.76	1200
5	MUSAMBIDZI,Costodio, 26	TITANS	12.14	1200
6	LEWIN,Casey, 96	LANGA	12.32	1200

Item 45 19:45 Heat 3 of 3 Men 20 100m**+0.3**

1	JOSIAS,Jesse, 75	UWC	11.00	1200
2	WYNGAARD,Abdud Daiyaan, 25	BAC	11.20	1200
3	ACKERMAN,Wesley, 40	MELKBO	11.43	1200
4	BAILY,Junaid, 60	VELOCI	11.48	1200
5	POOLE,Aidan Jamie, 47	UCT	12.16	1200

Item 115 16:00 Final Girls 16 200m**-0.2**

1	MARTIN,Tiffany, 393	UWC	26.71	8	1200	G
2	CORBETT,Saadiqah, 324	BAC	27.18	7	1200	S
3	OLIVER,Tiffany, 382	KWVOB	27.26	6	1200	B
4	SOLOMONS,Jaime-lee, 371	VELOCI	27.54	5	1200	
5	GEORGE,Tereska, 370	VELOCI	27.57	4	1200	
6	PERCHARDY,Chelsea, 372	VELOCI	28.56	3	1200	
7	SAAL,Lannice, 369	VELOCI	28.59	2	1200	
8	STEENKAMP,Allison, 322	EERSTE	30.81	1	1200	

Item 80 10:30 Heat 1 of 2 Girls 16 200m

0	JACOBS,Tharwat, 446	LANGA	DNR	0
0	BOOYSEN,Natasha, 452	TITANS	DNR	0
0	PRETORIUS,Warne, 396	UWC	DNR	0
0	KARRIEM,Naboeweyah, 408	BISAC	DNR	0

Item 80 10:30 Heat 2 of 2 Girls 16 200m

0	DUMEZWENI,Sinesipho, 341	KWVOB	DNR	0
0	SARDIEN,Kauthar, 380	TITANS	DNR	0
0	DAVIDS,Bridget, 391	B/LARY	DNR	0

Item 118 16:30 Final Boys 16 200m

1	JACOBS,Furqaan, 302	ULTRA	23.64	8	1200	G
2	TSHANGANA,Yanda, 449	TITANS	23.99	7	1200	S
3	DAVIDS,Diego, 398	UWC	24.23	6	1200	B
4	LIEBENBERG,Mathew, 377	VELOCI	24.44	5	1200	
5	SCHROEDER,Chad, 417	TAK	24.45	4	1200	
6	KAMRODIEN,Zamaan, 301	ULTRA	24.96	3	1200	
7	SEPTEMBER,Adriano, 375	VELOCI	24.98	2	1200	
0	BOSCH,Damian, 318	CPUT	DNS	0	0	

Item 84 11:05 Heat 1 of 4 Boys 16 200m

1	DAVIDS,Diego, 398	UWC	24.54	1200
2	LIEBENBERG,Mathew, 377	VELOCI	24.74	1200
3	RYAN,Kiron, 419	TAK	25.92	1200
4	ISAACS,Zayd, 312	ULTRA	26.09	1200
5	HARVEY,Matthew Aiden, 340	BAC	26.78	1200
6	BENSON,Rueshon-lee, 348	TITANS	26.98	1200
0	BRUINERS,Rhuwaydin, 412	EAST	DNS	0
0	MEKUTO,Sinesipho, 356	KAC	DNS	0

Item 84 11:05 Heat 2 of 4 Boys 16 200m

1	TSHANGANA,Yanda, 449	TITANS	24.02	1200
2	SCHROEDER,Chad, 417	TAK	24.47	1200
3	GROENEMEYERS,Luke, 443	UWC	26.00	1200
4	ISAACS,Imtiyaz, 406	BISAC	26.92	1200
0	BRUINERS,Rhuwaylin, 411	EAST	DNS	0
0	PETERSON,Rogan, 436	LANGA	DNS	0
0	PETERSIN,Keeraco, 374	VELOCI	DNS	0
0	FARO,Caleb, 399	UWC	DNS	0

Item 84 11:05 Heat 3 of 4 Boys 16 200m

1	KAMRODIEN,Zamaan, 301	ULTRA	24.76	1200
2	CEASER,Duwayne, 376	VELOCI	24.83	1200
3	ZOLA,Mihlali, 441	LANGA	25.18	1200

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS**TRACK**

4	ADAMS,Keenu, 397	UWC	26.29	1200
5	WILLIAMS,Xavier, 394	UWC	26.95	1200
0	SOLOMONS,Ashley, 347	EERSTE	DNS	0
0	AMISSI,Juma, 368	RBH	DNS	0
0	CARLO,Cole, 407	BISAC	DNS	0

Item 84 11:05 Heat 4 of 4 Boys 16 200m

1	JACOBS,Furqaan, 302	ULTRA	24.25	1200
2	BOSCH,Damian, 318	CPUT	24.52	1200
3	SEPTEMBER,Adriano, 375	VELOCI	24.80	1200
4	WILLIAMS,Cohen, 363	UWC	25.80	1200
0	KOEN,Reo, 453	TITANS	DNS	0
0	ROEMS,Craig, 400	ELSIES	DNS	0
0	CLOETE,Wayde, 420	TAK	DNS	0

Item 116 16:10 Final Girls 18 200m

1	THEART,Monja, 135	BAC	25.56	8	1200	G
2	DU PLESSIS,Stefani, 143	BAC	26.10	7	1200	S
3	STEPHENS,Hannah, 239	TAK	26.77	6	1200	B
4	JONATHAN,Amy, 161	KWVOB	27.08	5	1200	
5	JOHNSON,Emma, 153	BAC	27.33	4	1200	
6	NAIDU,Lehara, 162	MELKBO	27.93	3	1200	
7	MALOYI,Lesedi, 175	RCSGUG	28.23	2	1200	
0	ADAMS,Sara, 227	BISAC	DNS	0	0	

Item 81 10:40 Heat 1 of 2 Girls 18 200m

1	THEART,Monja, 135	BAC	27.07	1200
2	NAIDU,Lehara, 162	MELKBO	27.98	1200
3	ADAMS,Sara, 227	BISAC	29.79	1200
4	PASHA,Kelsey, 216	UWC	30.23	1200
0	O&€™CUINNEAGAIN,Caitlin, 123	KWVOB	DNS	0
0	VAN DER MERWE,Isobella, 152	BAC	DNS	0
0	KLEIN,Zeak, 243	TAK	DNS	0
0	JONATHAN,Amy, 237	TAK	DNS	0

Item 81 10:40 Heat 2 of 2 Girls 18 200m

1	DU PLESSIS,Stefani, 143	BAC	26.56	1200
2	STEPHENS,Hannah, 239	TAK	26.63	1200
3	JONATHAN,Amy, 161	KWVOB	27.42	1200
4	JOHNSON,Emma, 153	BAC	27.61	1200
5	MALOYI,Lesedi, 175	RCSGUG	28.42	1200
6	ABRAHAMS,Zahraa, 225	BISAC	30.22	1200
0	JACOBS,Saniyah, 283	LANGA	DNS	0
0	RUTGERS,Chloe, 245	TAK	DNS	0

Item 119 16:40 Final Boys 18 200m

1	ZINN,Kyle, 210	UWC	21.86	8	1200	G
2	KARRIEM,Abdurahman, 222	BISAC	22.01	7	1200	S
3	GABIER,Luqmaan, 223	BISAC	22.04	6	1200	B
4	PAULSE,Mikhail, 127	BAC	22.22	5	1200	
5	PAGE,Eugene, 125	EERSTE	23.45	4	1200	
0	JACOBS,Kaiden, 132	BAC	DNS	0	0	
0	DAVIDS,Shariq, 166	BISHOP	DNS	0	0	
0	CUMMINGS,Washington, 224	BISAC	DNS	0	0	

Item 85 11:25 Heat 1 of 4 Boys 18 200m

1	ZINN,Kyle, 210	UWC	21.85	1200
2	KARRIEM,Abdurahman, 222	BISAC	22.42	1200
3	JACOBS,Kaiden, 132	BAC	23.02	1200
4	THOMAS,Achmad, 229	TAK	24.30	1200
0	BURGER,Reece, 171	PAARL	DNS	0
0	NEFDT,Romano, 257	EERSTE	DNS	0
0	ABRAHAMS,Nicholas, 209	UWC	DNS	0

Item 85 11:25 Heat 2 of 4 Boys 18 200m

TRACK

1	GABIER,Luqmaan, 223	BISAC	22.70	1200
2	PAULSE,Mikhail, 127	BAC	23.27	1200
3	ADAMS,Kian, 260	LANGA	25.84	1200
0	ADAMS,Jaden, 219	ELSIES	DNS	0
0	SOCHOP,Keanan, 107	ULTRA	DNS	0
0	CLASSEN,Jayden, 217	UWC	DNS	0
0	BUCK,Liam, 138	UWC	DNS	0

Item 85 11:25 Heat 3 of 4 Boys 18 200m

1	DAVIDS,Shariq, 166	BISHOP	23.34	1200
2	CUMMINGS,Washington, 224	BISAC	23.52	1200
3	ISAACS,Caleb, 131	BAC	24.34	1200
4	ARENDSE,Jaden, 109	ULTRA	24.95	1200
5	VAN ZYL,Ettienne, 142	MELKBO	25.76	1200
0	NDLOVU,Lifa, 117	TEMP	DNS	0
0	TITO,Isma-eel, 211	UWC	DNS	0

Item 85 11:25 Heat 4 of 4 Boys 18 200m

1	PAGE,Eugene, 125	EERSTE	23.43	1200
2	RANCK,Keanu, 155	MELKBO	23.64	1200
3	BE,KEITHWILL, 55	KRRC	23.87	1200
4	PRINCE,Jayde, 230	TAK	24.44	1200
5	LOOTS,Lian, 128	BAC	25.94	1200
0	SMITH,Ramees, 106	ULTRA	DNS	0
0	JIM,Likhona, 74	UWC	DNS	0

Item 117 16:20 Final Women 20 200m

1	VAN HEERDER,Courtney, 72	UWC	25.63	8	1200	G
2	BYMAN,Laure, 30	UWC	25.88	7	1200	S
3	KEYS,Alecia, 73	UWC	25.96	6	1200	B
4	BARNARD,Danielle, 32	BAC	27.34	5	1200	
5	PICKERING,Mikayla Rushuan, 38	UWC	28.57	4	1200	
0	SYMAN,Fatiema, 93	LANGA	DNS	0	0	

Item 83 10:55 Heat 1 of 2 Women 20 200m

0	JACOBS,Venolene, 284	LANGA	DNR	0
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Item 83 10:55 Heat 2 of 2 Women 20 200m**Item 120 16:50 Final Men 20 200m**

1	JOSIAS,Jesse, 75	UWC	21.87	8	1200	G
2	JONES,Ijaarz, 71	UWC	22.42	7	1200	S
3	ACKERMAN,Wesley, 40	MELKBO	22.90	6	1200	B
4	JULIES,Leharno, 43	KRRC	23.95	5	1200	
5	HADJIE,Chedley, 95	LANGA	24.58	4	1200	
6	MUSAMBIDZI,Costodio, 26	TITANS	24.88	3	1200	
7	POOLE,Aidan Jamie, 47	UCT	24.93	2	1200	
8	LEWIN,Casey, 96	LANGA	25.70	1	1200	

Item 87 11:45 Heat 1 of 2 Men 20 200m

1	JONES,Ijaarz, 71	UWC	22.75	1200
2	JULIES,Leharno, 43	KRRC	23.68	1200
3	HADJIE,Chedley, 95	LANGA	24.26	1200
4	MUSAMBIDZI,Costodio, 26	TITANS	24.59	1200
5	POOLE,Aidan Jamie, 47	UCT	24.66	1200

Item 87 11:45 Heat 2 of 2 Men 20 200m

1	JOSIAS,Jesse, 75	UWC	21.89	1200
2	ACKERMAN,Wesley, 40	MELKBO	22.66	1200
3	LEWIN,Casey, 96	LANGA	25.22	1200
4	NDALASI,Athabile, 65	RCSGUG	26.56	1200
0	BANTOM,Antonio John, 53	TITANS	DNS	0

Item 46 19:55 Final Girls 16 400m

1	ZGERSKI,Ava, 383	WEST	1:03.66	8	1200	G
2	TERBLANCHE,Chloe, 331	WEST	1:05.18	7	1200	S

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK

3	SCHEEPERS,Shaandre, 429	EERSTE	1:08.35	6	1200	B
4	DEELIE,Elkanah, 410	EAST	1:09.22	5	1200	
5	MBALI,Liyema, 361	RCSGUG	1:15.61	4	1200	
6	STEENKAMP,Allison, 322	EERSTE	1:24.06	3	1200	

Item 24 19:30 Heat 1 of 2 Girls 16 400m

0	TERBLANCHE,Chloe, 331	WEST	DNR		0	
0	VEITCH,Camilla, 427	BOX WP	DNR		0	

Item 24 19:30 Heat 2 of 2 Girls 16 400m

0	STEENKAMP,Allyson, 432	EERSTE	DNR		0	
0	ZGERSKI,Ava, 383	WEST	DNR		0	
0	ROBBERTS,Kyra, 428	BOX WP	DNR		0	

Item 52 20:10 Final Boys 16 400m

1	BOSCH,Damian, 318	CPUT	0:52.52	8	1200	G
2	SCHROEDER,Chad, 417	TAK	0:53.07	7	1200	S
3	ROMAN,Jordan, 404	NEDBAN	0:53.65	6	1200	B
4	LAKAY,Xavier, 334	UWC	0:54.39	5	1200	
5	BENSON,Rueshon-lee, 348	TITANS	1:03.93	4	1200	
0	BRUINERS,Rhuwaylin, 411	EAST	DNS	0	0	
0	DU RAND,Ryan, 367	RBH	DNS	0	0	

Item 26 19:45 Heat 1 of 2 Boys 16 400m

0	KOEN,Reo, 453	TITANS	DNR		0	
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Item 26 19:45 Heat 2 of 2 Boys 16 400m

0	VAN NIEKERK,Ezra, 413	EAST	DNR		0	
0	MEKUTO,Sinesipho, 356	KAC	DNR		0	
0	KOOPMAN,Chaslyn, 311	UWC	DNR		0	
0	CARLO,Cole, 407	BISAC	DNR		0	
0	CLOETE,Wayde, 420	TAK	DNR		0	
0	KOTZE,Ethan, 418	TAK	DNR		0	

Item 50 20:00 Final Girls 18 400m

1	THERON,Aletta Elizabeth, 120	BAC	1:00.16	8	1200	G
2	FRANCIOS,Kharnya, 207	B/LARY	1:00.44	7	1200	S
3	MALOYI,Lesedi, 175	RCSGUG	1:01.52	6	1200	B
4	VAN DER MERWE,Isobella, 152	BAC	1:01.71	5	1200	
5	TYONA,Asenathi, 111	KWVOB	1:05.98	4	1200	
6	ABRAHAMS,Zahraa, 225	BISAC	1:10.21	3	1200	

Item 25 19:40 Heat 1 of 2 Girls 18 400m

0	OCUINNEAGAIN,Caitlin, 116	KWVOB	DNR		0	
0	MIDDLETON,Nicola Rebecca, 121	BAC	DNR		0	

Item 25 19:40 Heat 2 of 2 Girls 18 400m

0	SLEE,Daysie-lee, 258	LANGA	DNR		0	
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Item 53 20:15 Final Boys 18 400m

1	PAULSE,Mikhail, 127	BAC	0:50.92	8	1200	G
2	CUMMINGS,Washington, 224	BISAC	0:52.10	7	1200	S
3	ISAACS,Caleb, 131	BAC	0:52.18	6	1200	B
4	CHEPAPE,TUMELO, 208	RCSGUG	0:52.29	5	1200	
5	TOMMY,Kian, 233	TAK	0:52.82	4	1200	
6	JOUBERT,Niel Masson, 110	BAC	0:53.46	3	1200	
7	LORIMER,Johann, 179	RBH	0:54.12	2	1200	
8	BE,KEITHWILL, 55	KRRR	0:56.46	1	1200	

Item 27 19:55 Heat 1 of 3 Boys 18 400m

1	PAULSE,Mikhail, 127	BAC	0:52.63		1200	
2	ISAACS,Caleb, 131	BAC	0:53.66		1200	
3	ABRAHAM,Rethon, 255	EERSTE	0:56.11		1200	
4	MPUMELA,Theo, 232	TAK	0:56.57		1200	
0	NEETHLING,Jaden, 170	PBH	DNS		0	
0	ADAMS,Kian, 260	LANGA	DNS		0	
0	FAAS,Aslam, 278	TITANS	DNS		0	
0	SOCHOP,Keanan, 107	ULTRA	DNS		0	

Item 27 19:55 Heat 2 of 3 Boys 18 400m

TRACK

1	CUMMINGS, Washington, 224	BISAC	0:52.32	1200
2	CHEPAPE, TUMELO, 208	RCSGUG	0:52.60	1200
3	CAROLUS, Zahier, 218	UWC	0:54.42	1200
4	PARKS, Keagan, 234	TAK	0:54.77	1200
0	ROSE, Jody, 134	BAC	DNS	0
0	VAN ZYL, Ettienne, 142	MELKBO	DNS	0
0	NDLOVU, Lifa, 117	TEMP	DNS	0

Item 27 19:55 Heat 3 of 3 Boys 18 400m

1	JOUBERT, Niel Masson, 110	BAC	0:52.84	1200
2	TOMMY, Kian, 233	TAK	0:53.23	1200
3	LORIMER, Johann, 179	RBH	0:53.65	1200
4	BE, KEITHWILL, 55	KRRC	0:53.93	1200
5	SOEKER, Uthmaan, 220	BISAC	0:55.18	1200
6	PRINCE, Jayde, 230	TAK	0:55.79	1200
0	JOHNSON, Kian Charles Michael, 124	NEDBAN	DNS	0
0	GABRIELS, Anas, 190	VELOCI	DNS	0

Item 51 20:05 Final Women 20 400m

1	VAN HEERDER, Courtney, 72	UWC	0:58.33	8	1200	G
2	DE KLERK, Gina, 63	KWVOB	1:03.63	7	1200	S
3	MKWETSHUBE, Nolutsholo, 64	RCSGUG	1:22.15	6	1200	B
0	DAVIDS, Roxy, 9	BAC	DNS	0	0	

Item 54 20:20 Final Men 20 400m

1	VAN WYK, Romeo, 76	UWC	0:47.84	8	1200	G
2	TITUS, Elric, 80	UWC	0:49.97	7	1200	S
3	WELKOM, Caleb, 69	UWC	0:50.67	6	1200	B
4	FIELD, Jamie, 11	ULTRA	0:52.10	5	1200	
5	ISMAIL, Tauriq, 82	BISAC	0:53.55	4	1200	
6	PIETERSEN, Ashley, 91	EERSTE	0:53.93	3	1200	
7	HADJIE, Chedley, 95	LANGA	0:57.18	2	1200	
8	DANIELS, Caleb, 27	KWVOB	0:58.42	1	1200	

Item 28 20:10 Heat 1 of 2 Men 20 400m

1	TITUS, Elric, 80	UWC	0:51.54	1200
2	WELKOM, Caleb, 69	UWC	0:52.17	1200
3	HADJIE, Chedley, 95	LANGA	0:55.64	1200
4	PIETERSEN, Ashley, 91	EERSTE	0:56.13	1200
5	NDALASI, Athabile, 65	RCSGUG	1:01.34	1200

Item 28 20:10 Heat 2 of 2 Men 20 400m

1	VAN WYK, Romeo, 76	UWC	0:49.50	1200
2	NEETHLING, Jaden, 170	PBH	0:51.70	1200
3	FIELD, Jamie, 11	ULTRA	0:51.84	1200
4	ISMAIL, Tauriq, 82	BISAC	0:54.45	1200
5	DANIELS, Caleb, 27	KWVOB	0:58.21	1200
0	BUGAN, Nathan, 77	UWC	DNS	0

Item 74 10:00 Final Girls 16 800m

1	SCHOLTZ, Megan, 337	BAC	2:20.55	8	1200	G
2	ZGERSKI, Ava, 383	WEST	2:23.81	7	1200	S
3	VAN DER BERG, Martine, 338	BAC	2:26.48	6	1200	B
4	RUDOLPH, Zoe, 308	UWC	2:30.88	5	1200	
5	ROBBERTS, Kyra, 428	BOX WP	2:33.95	4	1200	
6	KROKRANI, Sinothando, 387	RCSGUG	2:35.08	3	1200	
7	DEELIE, Elkanah, 410	EAST	2:43.04	2	1200	
8	SMITH, Alicia, 450	TITANS	3:07.61	1	1200	
0	BOOYSEN, Zondrea, 444	TITANS	DNS	0	0	
0	ANDREWS, Chloe, 447	TITANS	DNS	0	0	
0	ALBERTS, Jadedean, 307	UWC	DNS	0	0	
0	VEITCH, Camilla, 427	BOX WP	DNS	0	0	

Item 77 10:15 Final Boys 16 800m

1	JACOBS, Jahoim, 435	EERSTE	2:00.70	8	1200	G
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Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS**TRACK**

2	BOSCH,Damian, 318	CPUT	2:01.39	7	1200	S
3	JOOSTE,Waylon, 310	UWC	2:04.28	6	1200	B
4	KAREEMR,Abdul, 303	ULTRA	2:05.30	5	1200	
5	DE VILLIERS,Wayden, 402	ELSIES	2:05.34	4	1200	
6	ROMAN,Jordan, 404	NEDBAN	2:07.00	3	1200	
7	SNAYERS,Sergio, 355	MSA	2:09.95	2	1200	
8	MALOYI,Ayabonga Joseph, 360	RCSGUG	2:20.20	1	1200	

Item 6 18:00 Heat 1 of 3 Boys 16 800m

1	KAREEMR,Abdul, 303	ULTRA	2:07.03		1200	
2	MALOYI,Ayabonga Joseph, 360	RCSGUG	2:10.08		1200	
3	COETZEE,Bernard, 346	TITANS	2:20.38		1200	
4	WITBOOI,Terry, 403	ELSIES	2:22.76		1200	
5	VAN NIEKERK,Ezra, 413	EAST	2:37.22		1200	
0	PRINS,Veondre, 414	EAST	DNS		0	
0	DLOVA,Mzi, 439	LANGA	DNS		0	
0	ONTONGH,Alex, 390	B/LARY	DNS		0	

Item 6 18:00 Heat 2 of 3 Boys 16 800m

1	JACOBS,Jahoim, 435	EERSTE	2:13.24		1200	
2	JOOSTE,Waylon, 310	UWC	2:13.36		1200	
3	BARENDS,Johnwin, 354	MELKBO	2:13.41		1200	
4	ROBSON,Kaylem, 451	TITANS	2:25.40		1200	
5	ALBERTUS,Ismael, 415	EAST	3:13.78		1200	
0	MABENZELA,Imange, 440	LANGA	DNS		0	
0	MUNZIMBA,Markie, 392	B/LARY	DNS		0	

Item 6 18:00 Heat 3 of 3 Boys 16 800m

1	BOSCH,Damian, 318	CPUT	2:05.29		1200	
2	ROMAN,Jordan, 404	NEDBAN	2:05.63		1200	
3	DE VILLIERS,Wayden, 402	ELSIES	2:06.76		1200	
4	SNAYERS,Sergio, 355	MSA	2:07.05		1200	
5	KOOPMAN,Chaslyn, 311	UWC	2:17.79		1200	
6	NORMAN,Cj, 416	EAST	3:07.79		1200	
0	PAULSEN,Zubair, 304	ULTRA	DNS		0	

Item 75 10:05 Final Girls 18 800m

1	JOOSTE,Tamica, 113	UWC	2:20.31	8	1200	G
2	FRANCIOS,Kharnya, 207	B/LARY	2:22.79	7	1200	S
3	MRWEBI,Nande, 201	RCSGUG	2:25.39	6	1200	B
4	MABENTSELA,Siwaphiwe, 176	RCSGUG	2:47.26	5	1200	
5	TYONA,Asenathi, 111	KWVOB	2:51.23	4	1200	
6	ROBORTS,Jenica, 184	VELOCI	2:56.78	3	1200	
0	MIDDLETON,Nicola Rebecca, 121	BAC	DNS	0	0	
0	SLEE,Daysie-lee, 258	LANGA	DNS	0	0	
0	NEL,Lanah Carla, 122	STRAND	DNS	0	0	
0	HASSEN,Sadia, 241	TAK	DNS	0	0	
0	DU PLESSIS,Shana, 242	TAK	DNS	0	0	
0	BAUERMEESTER,Celina, 244	TAK	DNS	0	0	

Item 78 10:20 Final Boys 18 800m

1	BOOYSEN,Owen Justin, 164	KRRC	2:02.96	8	1200	G
2	DE WEE,Jadon, 189	VELOCI	2:03.53	7	1200	S
3	CHEPAPE,TUMELO, 208	RCSGUG	2:04.84	6	1200	B
4	BEUKES,Benito, 204	B/LARY	2:04.86	5	1200	
5	ADAMS,Chandon, 165	CPUT	2:05.39	4	1200	
6	TRIPE,Matthew, 160	BISHOP	2:05.66	3	1200	
7	DEL FAVA,Sisonke, 150	UWC	2:06.06	2	1200	
8	LORIMER,Alex, 178	RBH	2:14.94	1	1200	
0	DE WEE,Corbin, 213	UWC	DNS	0	0	

Item 7 18:10 Heat 1 of 4 Boys 18 800m

1	DE WEE,Jadon, 189	VELOCI	2:16.59		1200	
2	DE WEE,Corbin, 213	UWC	2:20.72		1200	

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK

0	JOHNSON,Kian Charles Michael, 124	NEDBAN	DNS	0
0	OTITOOLA,Sumbomi Fikayo, 287	TITANS	DNS	0
0	PAARL,Keywin, 205	B/LARY	DNS	0
0	SOEKER,Uthmaan, 220	BISAC	DNS	0
0	SMANGA,Siphiwo, 173	RCSGUG	DNS	0

Item 7 18:10 Heat 2 of 4 Boys 18 800m

1	ADAMS,Chandon, 165	CPUT	2:07.03	1200
2	BEUKES,Benito, 204	B/LARY	2:08.53	1200
3	NEWTON,Liam, 281	TITANS	2:10.08	1200
4	MPUMELA,Theo, 232	TAK	2:10.22	1200
5	HAILS,U-roy, 169	TITANS	2:18.72	1200
0	CAROLUS,Zahier, 218	UWC	DNS	0
0	MBOYIYA,Anga, 174	RCSGUG	DNS	0

Item 7 18:10 Heat 3 of 4 Boys 18 800m

1	TRIPE,Matthew, 160	BISHOP	2:07.04	1200
2	DEL FAVA,Sisonke, 150	UWC	2:09.87	1200
3	DE WEE,Connor, 214	UWC	2:19.39	1200
0	DANIELS,Waylin, 254	EERSTE	DNS	0
0	BLANKENBERG,Junniohio, 286	TITANS	DNS	0
0	JAFTA,Charlton, 203	B/LARY	DNS	0

Item 7 18:10 Heat 4 of 4 Boys 18 800m

1	LORIMER,Alex, 178	RBH	2:15.09	1200
2	BOOYSEN,Owen Justin, 164	KRRC	2:17.40	1200
3	VERMEULEN,Rowan, 215	UWC	2:27.09	1200
0	FAAS,Aslam, 278	TITANS	DNS	0
0	JOSHUA,Jayden, 101	UWC	DNS	0
0	SCHEFFERS,Lyle, 250	BOX WP	DNS	0

Item 76 10:10 Final Women 20 800m

1	BACKEBERG,Anna Sophia, 33	KWVOB	2:23.26	8	1200	G
2	NQUAMSHE,Athemba, 67	B/LARY	2:24.55	7	1200	S
3	DE KLERK,Gina, 63	KWVOB	2:24.62	6	1200	B
4	DAVIDS,Nikita, 39	MELKBO	2:55.18	5	1200	
5	MKWETSHUBE,Nolukholo, 64	RCSGUG	3:19.24	4	1200	
0	LAUNDER,Megan, 86	BOX WP	DNS	0	0	

Item 79 10:25 Final Men 20 800m

1	VOSTER,Morgan, 66	B/LARY	1:52.81	8	1200	G
2	FARO,Duvan, 78	UWC	1:54.25	7	1200	S
3	HENDRICKS,Manedo, 18	VELOCI	1:57.18	6	1200	B
4	STEYN,Eugene, 28	KWVOB	1:59.64	5	1200	
5	HADJIE,Chedley, 95	LANGA	2:21.39	4	1200	
0	STEWART,Oliver, 42	AAC	DNS	0	0	
0	KIRBY,Joshua River, 57	KRRC	DNS	0	0	

Item 108 15:00 Final Girls 16 1500m

1	SCHOLTZ,Megan, 337	BAC	04:57.08	8	1200	G
2	ALBERTS,Jadedean, 307	UWC	04:58.45	7	1200	S
3	LINDERS,Jacquesiah, 430	EERSTE	05:00.48	6	1200	B
4	VAN DER BERG,Martine, 338	BAC	05:01.51	5	1200	
5	RUDOLPH,Zoe, 308	UWC	05:07.78	4	1200	
6	VISSER,Anika, 325	BAC	05:08.29	3	1200	
7	WILLIAMS,Sharney, 431	EERSTE	05:23.44	2	1200	
8	KROKRANI,Sinothando, 387	RCSGUG	05:24.23	1	1200	
9	DEELIE,Elkanah, 410	EAST	05:43.43	0	1200	
10	DINTSI,Amahle, 305	KWVOB	05:47.49	0	1200	
11	BEUKES,Ashlin, 373	VELOCI	05:51.02	0	1200	
12	HOORN,Tamia, 425	DURBAC	05:58.71	0	1200	
13	MRWEBI,Sinovuyo, 385	RCSGUG	07:13.94	0	1200	
0	SMITH,Alicia, 450	TITANS	DNS	0	0	
0	BOOYSEN,Zondrea, 444	TITANS	DNS	0	0	

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS**TRACK**

0	ANDREWS,Chloe, 447	TITANS	DNS	0	0
0	TERBLANCHE,Chloe, 331	WEST	DNF	0	0

Item 111 15:30 Final Boys 16 1500m

1	JOOSTE,Waylon, 310	UWC	04:24.34	8	1200	G
2	DE VILLIERS,Wayden, 402	ELSIES	04:27.27	7	1200	S
3	KAREEMR,Abdul, 303	ULTRA	04:29.90	6	1200	B
4	SNAYERS,Sergio, 355	MSA	04:32.98	5	1200	
5	KARSTEN,Luca, 384	MELKBO	04:33.51	4	1200	
6	MALOYI,Ayabonga Joseph, 360	RCSGUG	04:35.39	3	1200	
7	WITBOOI,Sidney, 401	ELSIES	04:40.28	2	1200	
8	WITBOOI,Terry, 403	ELSIES	05:03.70	1	1200	
9	VAN NIEKERK,Ezra, 413	EAST	05:17.59	0	1200	
10	PRINS,Veondre, 414	EAST	05:21.45	0	1200	
11	AFRIKA,Zandre, 309	UWC	05:23.38	0	1200	
12	BENSON,Rueshon-lee, 348	TITANS	05:27.33	0	1200	
12	PETERSEN,Shaun, 426	DURBAC	05:27.33	0	1200	
14	COETZEE,Bernard, 346	TITANS	05:30.31	0	1200	
15	ALBERTUS,Ismael, 415	EAST	06:40.38	0	1200	
0	JACOBS,Jahom, 435	EERSTE	DNS	0	0	
0	PAULSEN,Zubair, 304	ULTRA	DNS	0	0	

Item 34 18:00 Heat 1 of 2 Boys 16 1500m

0	NORMAN,Cj, 416	EAST	DNR	0	
0	PEARCE,Renaldo, 353	MELKBO	DNR	0	
0	THANHAZA,Buyani, 437	LANGA	DNR	0	
0	MOSES,Sergio, 379	VELOCI	DNR	0	
0	BROWN,R-jay, 445	TITANS	DNR	0	
0	ONTONGH,Alex, 390	B/LARY	DNR	0	

Item 34 18:00 Heat 2 of 2 Boys 16 1500m

0	CIMANI,Msindisi, 306	KWVOB	DNR	0	
0	BARENDS,Johnwin, 354	MELKBO	DNR	0	
0	MABENZELA,Imange, 440	LANGA	DNR	0	
0	DLOVA,Mzi, 439	LANGA	DNR	0	
0	ROBSON,Kaylem, 451	TITANS	DNR	0	
0	MUNZIMBA,Markie, 392	B/LARY	DNR	0	

Item 109 15:10 Final Girls 18 1500m

1	JOOSTE,Tamica, 113	UWC	04:56.56	8	1200	G
2	VISSER,Nadine, 126	BAC	04:59.46	7	1200	S
3	MRWEBI,Nande, 201	RCSGUG	05:04.93	6	1200	B
4	MABENTSELA,Siwaphiwe, 176	RCSGUG	05:29.95	5	1200	
5	JACK,Asha, 198	KWVOB	05:32.20	4	1200	
6	NTUTHU,Emihle, 100	LANGA	05:43.16	3	1200	
7	MOSES,Petriaan, 185	VELOCI	05:58.99	2	1200	
0	HENRY,Paige Douglas, 249	BOX WP	DNS	0	0	
0	NEL,Lanah Carla, 122	STRAND	DNS	0	0	

Item 112 15:40 Final Boys 18 1500m

1	JAFTA,Charlton, 203	B/LARY	04:09.75	8	1200	G
2	ANEMA,Nicolas, 149	KWVOB	04:10.70	7	1200	S
3	MAKHONXA,Uzukhanye, 112	KWVOB	04:16.37	6	1200	B
4	DAVIS,Luke, 146	AAC	04:21.35	5	1200	
5	ADAMS,Chandon, 165	CPUT	04:26.92	4	1200	
6	BOOYSEN,Owen Justin, 164	KRRC	04:27.25	3	1200	
7	SCHEFFERS,Lyle, 250	BOX WP	04:27.94	2	1200	
8	DEL FAVA,Sisonke, 150	UWC	04:30.63	1	1200	
9	BEUKES,Benito, 204	B/LARY	04:35.89	0	1200	
10	DAVIDSON,Robbie, 177	RBH	04:36.95	0	1200	
11	MAKIBI,Thembelihle, 158	KWVOB	04:37.38	0	1200	
12	SMANGA,Siphiwo, 173	RCSGUG	04:43.24	0	1200	
13	PAARL,Keywin, 205	B/LARY	04:52.27	0	1200	

TRACK

14	VERMEULEN,Rowan, 215	UWC	04:56.48	0	1200
15	SASSMAN,Cameron, 103	TITANS	05:31.04	0	1200
16	DODI,Lutho, 104	RCSGUG	05:36.51	0	1200
0	MORRISON,Jaydin, 280	TITANS	DNS	0	0

Item 35 18:20 Heat 1 of 2 Boys 18 1500m

0	DREYER,Naylen, 253	EERSTE	DNR		0
0	CEN,Xavier, 259	LANGA	DNR		0
0	ROSS,Camdin, 282	TITANS	DNR		0
0	OTITOOLA,Sumbomi Fikayo, 287	TITANS	DNR		0
0	HAILS,U-roy, 169	TITANS	DNR		0
0	JOSHUA,Jayden, 101	UWC	DNR		0
0	DE WEE,Connor, 214	UWC	DNR		0

Item 35 18:20 Heat 2 of 2 Boys 18 1500m

0	DANIELS,Waylin, 254	EERSTE	DNR		0
0	NEWTON,Liam, 281	TITANS	DNR		0
0	BLANKENBERG,Junniohio, 286	TITANS	DNR		0
0	JOSHUA,Jody, 102	UWC	DNR		0
0	DE WEE,Corbin, 213	UWC	DNR		0
0	LOESCH,Keenan, 252	BOX WP	DNR		0
0	GAMIELDIEN,Mudrek, 141	CPUT	DNR		0
0	MBOIYA,Anga, 174	RCSGUG	DNR		0
0	ADONIS,Gevino,	DURBAC	DNR		0

Item 110 15:20 Final Women 20 1500m

1	NQUAMSHE,Athemba, 67	B/LARY	05:05.93	8	1200	G
2	ABOUZAID,Laila, 17	NEDBAN	05:06.37	7	1200	S
3	BACKEBERG,Anna Sophia, 33	KWVOB	05:10.55	6	1200	B
4	ZGERSKI,Mia, 62	WEST	05:29.19	5	1200	
5	ALLEN,Patricia, 68	B/LARY	05:52.42	4	1200	
6	LAUNDER,Megan, 86	BOX WP	05:53.38	3	1200	
7	DAVIDS,Nikita, 39	MELKBO	06:21.71	2	1200	
8	ARENDSE,Annique, 79	UWC	06:22.93	1	1200	
0	VERMEULEN,Kathe, 85	DURBAC	DNS	0	0	

Item 113 15:50 Final Men 20 1500m

1	BLAAUW,Ruchen, 29	UWC	03:58.85	8	1200	G
2	VOSTER,Morgan, 66	B/LARY	04:02.17	7	1200	S
3	AYYOUB,Elyas, 36	KWVOB	04:04.75	6	1200	B
4	SPONDO,Neville, 92	EERSTE	04:06.75	5	1200	
5	ELLOUFTI,Aghmad, 279	TITANS	04:11.40	4	1200	
6	BUSISANI,Metu, 98	LANGA	04:18.94	3	1200	
7	ADONIS,Gevino, 247	DURBAC	04:31.09	2	1200	
8	SMIT,Dehan, 275	TAK	04:44.57	1	1200	
9	VAN NEEL,Zyden, 89	EERSTE	04:56.56	0	1200	
10	NGOBENI,Thenyeko, 70	UWC	05:05.15	0	1200	
0	GORDEN,Luke, 94	LANGA	DNS	0	0	
0	NKOHLA,Mihle, 97	LANGA	DNS	0	0	
0	BANTOM,Antonio John, 53	TITANS	DNS	0	0	
0	ZAKEYO,Leon, 24	TITANS	DNS	0	0	
0	BARRON,Darryn, 288	TITANS	DNS	0	0	
0	STEWART,Oliver, 42	AAC	DNS	0	0	
0	MAREGELE,Micardo Paul, 56	KRRC	DNS	0	0	
0	KIRBY,Joshua River, 57	KRRC	DNS	0	0	

Item 8 18:20 Final Girls 16 3000m

1	LINDERS,Jacquesiah, 430	EERSTE	10:59.29	8	1200	G
2	WILLIAMS,Sharney, 431	EERSTE	11:08.65	7	1200	S
3	DINTSI,Amahle, 305	KWVOB	12:31.05	6	1200	B

Item 11 18:40 Final Boys 16 3000m

1	PEARCE,Renaldo, 353	MELKBO	09:20.36	8	1200	G
2	CIMANI,Msindisi, 306	KWVOB	09:41.28	7	1200	S

TRACK

3	ZEKE,Olwethu Silas, 359	RCSGUG	09:53.01	6	1200	B
4	PETERSEN,Shaun, 426	DURBAC	09:55.77	5	1200	
5	WITBOOI,Sidney, 401	ELSIES	10:16.67	4	1200	
6	MCWABENI,Avela, 362	RCSGUG	10:20.10	3	1200	
7	SABE,Neo, 442	RCSGUG	11:16.02	2	1200	
0	DA SILVA AZEVEDO,Christiano, 321	KWVOB	DNS	0	0	
0	BROWN,R-jay, 445	TITANS	DNS	0	0	
0	JOOSTE,Waylon, 310	UWC	DNS	0	0	
0	THANHAZA,Buyani, 437	LANGA	DNF	0	0	

Item 9 18:20 Final Girls 18 3000m

1	VISSER,Nadine, 126	BAC	10:42.63	8	1200	G
2	MRWEBI,Nande, 201	RCSGUG	11:14.32	7	1200	S
3	MABENTSELA,Siwaphiwe, 176	RCSGUG	11:19.63	6	1200	B
4	NTUTHU,Emihle, 100	LANGA	12:13.33	5	1200	
5	JACK,Asha, 198	KWVOB	12:20.30	4	1200	
0	TEMMERS,Keichia, 187	VELOCI	DNS	0	0	

Item 12 18:40 Final Boys 18 3000m

1	DREYER,Naylen, 253	EERSTE	09:02.64	8	1200	G
2	MAKHONXA,Uzukhanye, 112	KWVOB	09:05.20	7	1200	S
3	KONA,Ameron, 206	B/LARY	09:12.26	6	1200	B
4	RUDOLPH,Dylan, 159	KWVOB	09:14.04	5	1200	
5	DAVIS,Luke, 146	AAC	09:15.63	4	1200	
6	JOSHUA,Jody, 102	UWC	09:19.73	3	1200	
7	DAVIDSON,Robbie, 177	RBH	09:56.72	2	1200	
0	QOMIYANA,Lwanda, 148	FC	DNS	0	0	
0	MORRISON,Jaydin, 280	TITANS	DNS	0	0	
0	ROSS,Camdin, 282	TITANS	DNS	0	0	
0	DODI,Lutho, 104	RCSGUG	DNS	0	0	
0	DANIELS,Keagan, 248	DURBAC	DNS	0	0	

Item 10 18:20 Final Women 20 3000m

1	ABOUZAID,Laila, 17	NEDBAN	10:48.66	8	1200	G
2	LUND,Robin, 263	NEDBAN	11:14.84	7	1200	S
3	ZGERSKI,Mia, 62	WEST	11:41.23	6	1200	B
4	EVERTS,Moneerah, 88	EERSTE	12:43.17	5	1200	

Item 13 18:40 Final Men 20 3000m

1	BLAAUW,Ruchen, 29	UWC	08:43.89	8	1200	G
2	SPONDO,Neville, 92	EERSTE	08:55.48	7	1200	S
3	BUSISANI,Metu, 98	LANGA	09:21.47	6	1200	B
4	MAKOFANE,Khutso, 34	CPUT	09:58.61	5	1200	
5	GORDEN,Luke, 94	LANGA	10:34.27	4	1200	
6	NGOBENI,Thenyeko, 70	UWC	11:48.74	3	1200	
0	ENGELBRECHT,Charlton, 90	EERSTE	DNS	0	0	
0	ZAKEYO,Leon, 24	TITANS	DNS	0	0	

Item 69 09:30 Final Women 20 5000m

0	VISSER,Nadine, 126	BAC	DNS	0	0	
0	BOTES,Abigail, 262	BISAC	DNS	0	0	

Item 70 09:30 Final Men 20 5000m

1	AYYOUB,Elyas, 36	KWVOB	15:12.48	8	1200	G
2	GORDON,Tyrone, 87	EERSTE	15:12.84	7	1200	S
3	BUSISANI,Metu, 98	LANGA	15:31.11	6	1200	B
4	MAKOFANE,Khutso, 34	CPUT	16:44.17	5	1200	
5	BARRON,Darryn, 288	TITANS	19:09.26	4	1200	
0	MZWAMADODA,Nonjiko, 264	C AC	DNS	0	0	
0	GORDEN,Luke, 94	LANGA	DNS	0	0	
0	NKOHLA,Mihle, 97	LANGA	DNS	0	0	
0	DUCKETT,Caleb Isadore, 23	TITANS	DNS	0	0	
0	MASI,Mbasa, 269	B/LARY	DNS	0	0	

Item 55 20:25 Final Girls 16 1500m SteepleChase

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK

1	VISSER,Anika, 325	BAC	05:42.72	8	1200	G	
2	HOORN,Tamia, 425	DURBAC	07:25.25	7	1200	S	
0	NOLAN,Rebecca, 329	BAC	DNS	0	0		
Item 56 20:35 Final Boys 16 1500m SteepleChase							
1	ZEKE,Olwethu Silas, 359	RCSGUG	05:06.51	8	1200	G	
2	MCWABENI,Avela, 362	RCSGUG	05:09.29	7	1200	S	
3	SABE,Neo, 442	RCSGUG	05:31.22	6	1200	B	
4	SOPHILE,Mbulelo Junior, 358	RCSGUG	05:48.90	5	1200		
Item 60 21:10 Final Girls 18 2000m SteepleChase							
1	VISSER,Nadine, 126	BAC	07:25.27	8	1200	G	WPA
Item 57 20:50 Final Boys 18 2000m SteepleChase							
1	KONA,Ameron, 206	B/LARY	06:32.10	8	1200	G	
2	ADAMS,Chandon, 165	CPUT	06:32.20	7	1200	S	
3	SWARTLAND,Joshwin, 202	B/LARY	06:57.37	6	1200	B	
4	SMANGA,Siphiwo, 173	RCSGUG	07:23.62	5	1200		
5	HAILS,U-roy, 169	TITANS	07:30.53	4	1200		
0	BLANKENBERG,Junniohio, 286	TITANS	DNS	0	0		
Item 61 21:20 Final Women 20 3000m SteepleChase							
1	LUND,Robin, 263	NEDBAN	12:04.87	8	1200	G	
2	BOTES,Abigail, 262	BISAC	12:53.12	7	1200	S	
Item 62 21:35 Final Men 20 3000m SteepleChase							
1	MZWAMADODA,Nonjiko, 264	C AC	09:35.53	8	1200	G	
2	NEABAYI,Zubenathi, 273	LANGA	10:04.37	7	1200	S	
3	MASI,Mbasa, 269	B/LARY	10:14.96	6	1200	B	
4	EDICK,Nacko, 270	B/LARY	10:22.77	5	1200		
5	ADONIS,Gevino, 247	DURBAC	10:23.49	4	1200		
6	BYMAN,Tyron, 272	EERSTE	10:23.74	3	1200		
7	DUCKETT,Caleb Isadore, 23	TITANS	11:23.03	2	1200		
0	ZAKEYO,Leon, 24	TITANS	DNR	0	0		
0	ELLOUFTI,Aghmad, 279	TITANS	DNS	0	0		
0	DU PLESSIS,Kaylem, 268	B/LARY	DNS	0	0		
0	ROBINSON,Waldi, 271	DURBAC	DNS	0	0		
Item 18 19:00 Final Girls 16 90m Hurdles							
1	OBERHOLZER,Lana, 345	BAC	13.86	8	1200	G	
0	WILLIAMS,Kwenthu, 434	EERSTE	DNS	0	0		
Item 21 19:15 Final Boys 16 100m Hurdles							
1	KOTZE,Ethan, 418	TAK	13.80	8	1200	G	
2	TOLMIE,Dejean, 328	BAC	14.35	7	1200	S	
3	WEIR,Dylan, 317	BAC	14.52	6	1200	B	
4	VENTER,Andre, 332	BAC	14.67	5	1200		
5	ABRAHAMS,Aden, 448	TITANS	16.13	4	1200		
0	LEHMENSICH,Christiaan, 349	BAC	DNS	0	0		
0	DU RAND,Ryan, 367	RBH	DNS	0	0		
Item 19 19:05 Final Girls 18 100m Hurdles							
1	THERON,Aletta Elizabeth, 120	BAC	15.40	8	1200	G	
2	ENGELBRECHT,MINKE, 136	PAARL	15.53	7	1200	S	
3	SMITH,Janike, 129	BAC	15.78	6	1200	B	
4	ARENDSE,Emma, 140	UWC	15.82	5	1200		
5	DU PLESSIS,Stefani, 143	BAC	16.02	4	1200		
6	BOLTMAN,Jade, 105	ULTRA	16.35	3	1200		
0	WILLIAMS,Kwenetha, 145	EERSTE	DNS	0	0		
Item 20 19:10 Final Women 20 100m Hurdles							
1	VAN DER LINDE,Marga, 4	BAC	15.30	8	1200	G	
2	LAZARUS,Gabrielle, 7	UWC	15.78	7	1200	S	
3	DONOUGH,Ameerah, 1	UWC	17.38	6	1200	B	
0	KGANAKGA,Kamogelo Ellen, 6	TEMP	DNS	0	0		
Item 22 19:20 Final Boys 18 110m Hurdles							
1	JACOBS,Denmar, 236	TAK	13.67	8	1200	G	

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK

2	ISMAIL,Mujaahid, 221	BISAC	14.20	7	1200	S
3	SOLOMON,Jaden John, 119	BAC	16.31	6	1200	B
4	ADAMS,Kian, 260	LANGA	19.16	5	1200	

Item 23 19:25 Final Men 20 110m Hurdles

1	ALDANA,Alejandro, 3	BAC	14.93	8	1200	G
2	RYAN,Ashton, 5	TAK	15.40	7	1200	S
3	PETERSEN,Nelash, 276	TITANS	16.46	6	1200	B

Item 94 13:10 Final Girls 16 300m Hurdles**Item 93 13:00 Final Boys 16 300m Hurdles**

1	LOMBAART,Duwayne, 335	UWC	40.89	8	1200	G
2	VENTER,Andre, 332	BAC	41.81	7	1200	S
3	DARREN,Junaid, 409	BISAC	44.65	6	1200	B
0	ABRAHAMS,Aden, 448	TITANS	DNS	0	0	

Item 96 13:20 Final Girls 18 400m Hurdles

1	THERON,Aletta Elizabeth, 120	BAC	1:07.86	8	1200	G
2	CROUS,Tia, 130	BAC	1:08.54	7	1200	S
3	SCHIPPERS,Stephanie, 156	BAC	1:09.17	6	1200	B
4	ARENDSE,Emma, 140	UWC	1:12.88	5	1200	
5	JACOBS,Saniyah, 283	LANGA	1:14.87	4	1200	
6	BOLTMAN,Jade, 105	ULTRA	1:17.57	3	1200	

Item 98 13:40 Final Boys 18 400m Hurdles

1	ISMAIL,Mujaahid, 221	BISAC	0:54.92	8	1200	G
2	MANNA,Ryan Wendell, 151	BAC	0:56.84	7	1200	S
3	PHIPAZA,Mvelo, 231	TAK	1:01.31	6	1200	B
4	SOLOMON,Jaden John, 119	BAC	1:05.69	5	1200	
5	ADAMS,Kian, 260	LANGA	1:11.95	4	1200	

Item 97 13:30 Final Women 20 400m Hurdles

1	VAN DER LINDE,Marga, 4	BAC	1:06.03	8	1200	G
0	KGANAKGA,Kamogelo Ellen, 6	TEMP	DNS	0	0	

Item 99 13:50 Final Men 20 400m Hurdles

1	WILLIAMS,Jaydin, 2	MELKBO	0:56.64	8	1200	G
2	PETERSEN,Nelash, 276	TITANS	0:58.14	7	1200	S

Item 65 08:00 Final Girls 16 HighJump

1	HICKMAN,Jordan Lozen, 352	BAC	1.45	8	1	G
2	MUDALI,Chyra, 381	KWVOB	1.35	7	1	S
3	SARDIEN,Kauthar, 380	TITANS	1.30	6	1	B

Item 68 09:15 Final Boys 16 HighJump

1	DARREN,Junaid, 409	BISAC	1.70	8	1	G
2	DAVIDS,Mubaarik, 405	BISAC	1.65	7	1	S
3	DU RAND,Ryan, 367	RBH	1.50	6	1	B
0	KALI,Abenathi, 365	RBH	DNS	0	0	

Item 82 10:45 Final Girls 18 HighJump

0	AMOO,Riyana, 226	BISAC	DNS	0	0	
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Item 88 12:15 Final Boys 18 HighJump

1	KAGABA,Shami, 180	RBH	1.75	8	1	G
0	LAKAY,Muamir, 235	TAK	DNS	0	0	
0	SASSMAN,Cameron, 103	TITANS	NM	0	0	

Item 95 13:15 Final Women 20 HighJump

1	VAN DIJL,Lize, 83	TAK	1.45	8	1	G
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Item 102 14:15 Final Men 20 HighJump

1	THOMAS,Leham, 54	TITANS	1.86	8	1	G
2	RUDSTON,Samuel, 10	BISHOP	1.75	7	1	S
3	MANASSE,Mikhail, 12	ULTRA	1.60	6	1	B
0	LEWIN,Casey, 96	LANGA	NM	0	0	

Item 114 16:00 Final Girls 16 LongJump

1	CORBETT,Saadiqah, 324	BAC	4.56	8	1	G -1.4
0	JENNEKER,Courtney, 313	ULTRA	DNS	0	0	

TRACK

0	DAVIDS,Bridget, 391	B/LARY	DNS	0	0	
Item 71 09:30 Final Boys 16 LongJump						
1	KOTZE,Ethan, 418	TAK	6.52	8	1	G -2.0
2	AMISSI,Juma, 368	RBH	6.22	7	1	S -0.7
3	JACOBS,Furqaan, 302	ULTRA	5.98	6	1	B -1.5
4	DAVIDS,Mubaarik, 405	BISAC	5.78	5	1	-2.4
5	CARELSE,Dylan, 421	TAK	5.59	4	1	-1.6
6	WILLIAMS,Xavier, 394	UWC	5.09	3	1	-2.1
7	SMITH,Jadon, 320	BAC	5.05	2	1	+0.0
8	KAMRODIEN,Zamaan, 301	ULTRA	4.93	1	1	-2.0
9	RYAN,Kiron, 419	TAK	4.84	0	1	-1.1
10	BENSON,Rueshon-lee, 348	TITANS	4.56	0	1	-0.7
11	MAWIMBA,Tashinga, 378	VELOCI	4.53	0	1	-2.1
0	BRUINERS,Rhuwaydin, 412	EAST	DNS	0	0	
0	HARVEY,Matthew Aiden, 340	BAC	DNS	0	0	
0	LUCAS,Joshua, 339	EERSTE	DNS	0	0	
0	JlJA,Luntu, 438	LANGA	DNS	0	0	
Item 86 11:30 Final Girls 18 LongJump						
1	LEWIS,Nabeela, 240	TAK	4.85	8	1	G +2.5
2	DU PLESSIS,Stefani, 143	BAC	4.77	7	1	S -1.0
3	BOOTH,Ceesah, 228	BISAC	4.76	6	1	B +0.9
4	JONATHAN,Amy, 161	KWVOB	4.75	5	1	+0.5
5	LINKS,Dzitka, 238	TAK	4.46	4	1	+0.0
6	HASSEN,Sadia, 241	TAK	4.10	3	1	+0.5
7	DU PLESSIS,Shana, 242	TAK	3.60	2	1	+2.1
0	BOSHOF,Megan, 199	KWVOB	DNS	0	0	
0	HENKERMANN,Britannia, 182	VELOCI	DNS	0	0	
0	ROUX,Danielle, 139	UWC	DNS	0	0	
0	KLEIN,Zeak, 243	TAK	DNS	0	0	
0	JONATHAN,Amy, 237	TAK	DNS	0	0	
Item 92 13:00 Final Boys 18 LongJump						
1	THOMAS,Achmad, 229	TAK	6.26	8	1	G +1.1
2	LORIMER,Johann, 179	RBH	5.71	7	1	S +2.7
3	KALLIES,Nur, 168	C AC	5.39	6	1	B -1.7
4	ARENDSE,Jaden, 109	ULTRA	5.11	5	1	+0.2
5	ARENDSE,Jarred, 108	ULTRA	4.65	4	1	+2.4
0	KITWANGA,Ephraim, 163	MELKBO	DNS	0	0	
0	SMITH,Ramees, 106	ULTRA	DNS	0	0	
Item 66 08:00 Final Women 20 LongJump						
1	LAZARUS,Gabrielle, 7	UWC	5.47	8	1	G +1.0
2	DONOUGH,Ameerah, 1	UWC	5.06	7	1	S +1.9
3	NGOMA,Bricia Monica Nzihou, 35	BAC	4.41	6	1	B +0.6
0	SYMAN,Fatiema, 93	LANGA	DNS	0	0	
Item 105 14:30 Final Men 20 LongJump						
1	MARAIS,Ethan, 21	BAC	6.81	8	1	G +0.2
2	MANASSE,Mikhail, 12	ULTRA	6.43	7	1	S -2.8
3	FIELD,Jamie, 11	ULTRA	6.07	6	1	B +1.5
4	MUSAMBIDZI,Costodio, 26	TITANS	5.43	5	1	+1.6
0	MUTHONGAH,Prince, 48	MELKBO	DNS	0	0	
0	THOMAS,Leham, 54	TITANS	DNS	0	0	
0	WYNGAARD,Abdud Daiyaan, 25	BAC	NM	0	0	
Item 4 18:00 Final Girls 16 TripleJump						
1	JENNEKER,Courtney, 313	ULTRA	10.03	8	1	G +1.2
2	MUDALI,Chyra, 381	KWVOB	09.78	7	1	S +0.7
Item 17 19:00 Final Boys 16 TripleJump						
1	DARREN,Junaid, 409	BISAC	12.48	8	1	G +1.7
2	SMITH,Jadon, 320	BAC	10.90	7	1	S +1.1
3	ISAACS,Zayd, 312	ULTRA	09.54	6	1	B +1.2
Item 5 18:00 Final Girls 18 TripleJump						

TRACK

1	BOOTH,Ceesah, 228	BISAC	10.49	8	1	G	+0.8
2	JONATHAN,Amy, 161	KWVOB	10.48	7	1	S	+0.6
3	BOSHOF,Megan, 199	KWVOB	10.48	6	1	B	+0.8
4	CHUKUWA,Deborah, 246	TAK	10.15	5	1		+0.8
5	LINKS,Dzitka, 238	TAK	09.49	4	1		+1.0
0	LEWIS,Nabeela, 240	TAK	DNS	0	0		

Item 38 19:00 Final Boys 18 TripleJump

1	KITWANGA,Ephraim, 163	MELKBO	13.25	8	1	G	+0.3
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Item 33 18:00 Final Women 20 TripleJump**Item 49 20:00 Final Men 20 TripleJump**

0	MARAIS,Ethan, 21	BAC	DNS	0	0		
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Item 40 19:00 Final Girls 16 Shotput

1	SERROTTI,Chloe, 344	TAK	12.14	8	1	G	
2	PROUDFOOT,Kristin, 316	BAC	11.32	7	1	S	
3	CRONJE,Charlotte, 336	BAC	10.88	6	1	B	
4	GOUWS,Anja, 343	BAC	10.07	5	1		
5	THOMAS,Lara, 342	KWVOB	09.86	4	1		
6	BOOYSEN,Natasha, 452	TITANS	08.75	3	1		
7	ARENDSE,Zahraa, 350	TITANS	06.50	2	1		
0	SOLOMON,Jesse Logan, 319	BAC	DNS	0	0		
0	SERROTTI,Chloe, 423	TAK	DNS	0	0		

Item 29 18:00 Final Boys 16 Shotput

1	SIMON,David, 364	RBH	15.14	8	1	G	
2	BURGESS,Jordan, 315	BAC	12.30	7	1	S	
3	DU PLESSIS,Pierre, 366	RBH	11.86	6	1	B	
4	SOPHILE,Mbulelo Junior, 358	RCSGUG	09.52	5	1		
5	WILLIAMS,Xavier, 394	UWC	08.21	4	1		
0	KOEN,Reo, 453	TITANS	DNS	0	0		
0	MOORE,Ruan Roy, 314	STRAND	DNS	0	0		

Item 47 20:00 Final Girls 18 Shotput

1	KRUGER,Cheyenne Leigh, 500	WEST	11.00	8	1	G	
2	JARDIEN,Keelyn Bretagne, 133	UWC	09.46	7	1	S	
3	DU PLESSIS,Stefani, 143	BAC	09.16	6	1	B	
4	SOPHILE,Sibongile, 172	RCSGUG	08.55	5	1		
5	HAUPT,Jamey, 251	TITANS	07.74	4	1		

Item 58 21:00 Final Boys 18 Shotput

1	GELDENHUYS,Nico, 157	BAC	13.31	8	1	G	
2	ARENDSE,Jarred, 108	ULTRA	10.67	7	1	S	
0	MARX,Eugene, 167	BAC	DNS	0	0		

Item 48 20:00 Final Women 20 Shotput

1	SMIT,Kayla, 46	BAC	11.38	8	1	G	
2	JORDAAN,Zoe, 15	BAC	10.68	7	1	S	
3	LANGENHOVEN,Bianca, 52	TITANS	08.68	6	1	B	
4	DONOUGH,Ameerah, 1	UWC	08.31	5	1		
5	SOPHILE,Sibulele, 58	RCSGUG	07.62	4	1		
6	SIMANGA,Siphokazi, 274	RCSGUG	05.30	3	1		

Item 59 21:00 Final Men 20 Shotput

1	JOUBERT,Zacharias Francois, 45	BAC	13.20	8	1	G	
2	NELSON,Hendrik Daniel, 37	BAC	13.00	7	1	S	
3	FIELD,Jamie, 11	ULTRA	08.26	6	1	B	
4	ZAKEYO,Leon, 24	TITANS	07.34	5	1		

Item 67 08:00 Final Girls 16 Discus

1	PIETERSE,Kanya, 351	BAC	33.12	8	1	G	
2	CRONJE,Charlotte, 336	BAC	31.05	7	1	S	
3	SOLOMON,Jesse Logan, 319	BAC	26.70	6	1	B	
4	MRWEBI,Sinovuyo, 385	RCSGUG	17.94	5	1		
0	SERROTTI,Chloe, 344	TAK	DNS	0	0		

Item 91 13:00 Final Boys 16 Discus

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS**TRACK**

1	BURGESS,Jordan, 315	BAC	44.81	8	1	G
2	DAVIDS,Mubaarik, 405	BISAC	41.45	7	1	S
Item 72 10:00 Final Girls 18 Discus						
1	SOPHILE,Sibongile, 172	RCSGUG	25.08	8	1	G
2	KRUGER,Cheyenne Leigh, 500	WEST	24.96	7	1	S
Item 89 13:00 Final Boys 18 Discus						
1	ARENDSE,Jarred, 108	ULTRA	26.35	8	1	G
2	SASSMAN,Cameron, 103	TITANS	22.33	7	1	S
0	SOLOMON,Jame, 285	TITANS	DNS	0	0	
Item 73 10:00 Final Women 20 Discus						
1	VD WESTHUIZEN,Claudia, 84	TAK	35.54	8	1	G
2	JORDAAN,Zoe, 15	BAC	30.52	7	1	S
3	LANGENHOVEN,Bianca, 52	TITANS	21.70	6	1	B
4	SOPHILE,Sibulele, 58	RCSGUG	20.93	5	1	
5	SIMANGA,Siphokazi, 274	RCSGUG	15.68	4	1	
0	FOUCHE,Marli, 44	BAC	DNS	0	0	
Item 90 13:00 Final Men 20 Discus						
0	NELSON,Hendrik Daniel, 37	BAC	DNS	0	0	
0	THOMAS,Leham, 54	TITANS	DNS	0	0	
Item 1 18:00 Final Girls 16 Hammer						
1	CRONJE,Charlotte, 336	BAC	31.44	8	1	G
2	PROUDFOOT,Kristin, 316	BAC	27.72	7	1	S
Item 14 19:00 Final Boys 16 Hammer						
1	LUBBE,Herman, 323	BAC	40.69	8	1	G
Item 2 18:00 Final Girls 18 Hammer						
1	OOSTHUIZEN,Anja, 118	BAC	39.10	8	1	G
2	KRUGER,Cheyenne Leigh, 500	WEST	22.41	7	1	S
Item 15 19:00 Final Boys 18 Hammer						
1	VAN DER MERWE,Carel, 115	BAC	61.60	8	1	G
2	SMIT,Christopher, 114	STRAND	45.58	7	1	S
0	SOLOMON,Jame, 285	TITANS	DNS	0	0	
Item 3 18:00 Final Women 20 Hammer						
1	SMIT,Kayla, 46	BAC	49.88	8	1	G
2	HOFFMAN,Melissa, 20	STRAND	40.10	7	1	S
3	HEYMANS-VENTER,Sune, 19	BAC	37.14	6	1	B
4	LANGENHOVEN,Bianca, 52	TITANS	17.75	5	1	
Item 16 19:00 Final Men 20 Hammer						
1	FABE,Graydon, 22	BAC	59.78	8	1	G
2	OLIVIER,Jaunu, 14	BAC	55.46	7	1	S
Item 30 18:00 Final Girls 16 Javelin						
1	REYNEKE,Kayla, 330	BAC	40.03	8	1	G
2	HICKMAN,Anke, 424	TAK	38.18	7	1	S
3	SEROTTI,Chloe, 423	TAK	30.79	6	1	B
4	BOOYSEN,Natasha, 452	TITANS	18.30	5	1	
0	SERROTTI,Chloe, 344	TAK	DNS	0	0	
Item 41 19:30 Final Boys 16 Javelin						
1	MARTHEZE,Alexander, 422	TAK	43.00	8	1	G
0	KOEN,Reo, 453	TITANS	DNS	0	0	
Item 31 18:00 Final Girls 18 Javelin						
1	FOURIE,Chanel, 137	BAC	33.29	8	1	G
2	KRUGER,Cheyenne Leigh, 500	WEST	28.86	7	1	S
3	HAUPT,Jamey, 251	TITANS	22.94	6	1	B
4	DU PLESSIS,Stefani, 143	BAC	21.93	5	1	
0	HASSEN,Sadia, 241	TAK	DNS	0	0	
Item 42 19:30 Final Boys 18 Javelin						
1	SOLOMON,Jaden John, 119	BAC	44.33	8	1	G
2	KALLIES,Nur, 168	C AC	30.73	7	1	S
3	SASSMAN,Cameron, 103	TITANS	28.18	6	1	B

Meeting :2020/03/12 to 2020/03/14: WPA JUNIOR CHAMPIONSHIPS at PAROW ATHLETICS
TRACK

0	SOLOMON,Jame, 285	TITANS	DNS	0	0	
Item 32 18:00 Final Women 20 Javelin						
1	SMIT,Kayla, 46	BAC	33.15	8	1	G
2	DONOUGH,Ameerah, 1	UWC	31.13	7	1	S
3	LANGENHOVEN,Bianca, 52	TITANS	21.95	6	1	B
Item 43 19:30 Final Men 20 Javelin						
1	MUSAMBIDZI,Costodio, 26	TITANS	36.19	8	1	G
2	SMIT,Dehan, 275	TAK	32.58	7	1	S
3	ZAKEYO,Leon, 24	TITANS	29.64	6	1	B
Item 124 17:40 Final Girls 16 4X100m Relay						
1	RELAY TEAM,,	VELOCI	0:54.61	8	1200	G
Item 127 18:10 Final Boys 16 4X100m Relay						
1	RELAY TEAM,,	VELOCI	0:47.86	8	1200	G
2	RELAY TEAM,,	UWC	0:47.96	7	1200	S
3	RELAY TEAM,,	TITANS	0:48.83	6	1200	B
4	RELAY TEAM,,	ULTRA	0:49.03	5	1200	
Item 125 17:50 Final Girls 18 4X100m Relay						
1	RELAY TEAM,,	VELOCI	0:53.63	8	1200	G
0	RELAY TEAM,,	UWC	DNS	0	0	
Item 128 18:20 Final Boys 18 4X100m Relay						
1	RELAY TEAM,B,	VELOCI	0:44.14	8	1200	G
2	RELAY TEAM,A,	VELOCI	0:46.71	7	1200	S
0	RELAY TEAM,,	UWC	DNS	0	0	
Item 126 18:00 Final Women 20 4X100m Relay						
1	RELAY TEAM,,	UWC	0:50.81	8	1200	G
Item 129 18:30 Final Men 20 4X100m Relay						
1	RELAY TEAM,,	UWC	0:42.83	8	1200	G
2	RELAY TEAM,,	VELOCI	0:43.96	7	1200	S
3	RELAY TEAM,,	BAC	0:44.13	6	1200	B
4	RELAY TEAM,,	ULTRA	0:45.10	5	1200	
5	RELAY TEAM,,	TITANS	0:48.04	4	1200	
Item 121 17:00 Final Girls 16 5km Walk						
1	MTWAZI,Lulutho, 389	RCSGUG	39:33.79	8	1200	G
Item 123 17:00 Final Boys 16 5km Walk						
1	MEMA,Sinesisa, 386	RCSGUG	28:32.64	8	1200	G
2	NDABAMBI,Sisonke, 388	RCSGUG	31:49.64	7	1200	S
Item 122 17:00 Final Girls 18 5km Walk						
1	GERTZE,Alvida, 186	VELOCI	31:23.01	8	1200	G
2	ANDREWS,Migsaan, 188	VELOCI	35:38.42	7	1200	S
Item 63 08:00 Final Boys 18 10km Walk						
Item 64 08:00 Final Men 20 10km Walk						
1	GERTZE,Ethan, 266	VELOCI	0:59:13.00	8	1200	G
2	MAJIET,Nashvill, 265	VELOCI	1:00:50.00	7	1200	S
0	V ROOYEN,Keeano, 267	VELOCI	DNS	0	0	
0	LOOPS,Brentonio, 81	UWC	DNS	0	0	