

ASA 50KM & INTERPROVINCIAL RACE WALKING CHAMPIONSHIPS: Geen Point Athletics Stadium, Cape Town
Saturday, 27 October 2018

 CITY OF CAPE TOWN
 ISIXEKO SASEKAPA
 STAD KAAPSTAD

 Coca-Cola Peninsula
 Beverages


Pos	Race Bib No.	Province	Category	M/F	Distance	Surname	First Name	Age	Result	Medal	Record
3km: Sub Youth Girls (13 years old and younger)											
1	22	CGA	SYG/3	F	3	Nyathi	Lee-Sue	11	18:13	G	
2	23	CGA	SYG/3	F	3	Motsware	Lethogonolo	13	18:18	S	
3	21	WPA	SYG/3	F	3	Zgerski	Ava	13	18:22	B	
4	28	ASWD	SYG/3	F	3	Tekana	Xavairea	13	18:23		
5	26	ASWD	SYG/3	F	3	Du Preez	Shafieka	13	19:06		
6	32	BOL	SYG/3	F	3	Lottering	Chloe	13	19:11		
7	27	ASWD	SYG/3	F	3	Markgraaff	Chade	13	20:35		
3km: Sub Youth Boys (13 years old and younger)											
1	30	ASWD	SYB/3	M	3	Samson	Raymondre	13	16:34	G	
2	31	ASWD	SYB/3	M	3	Webb	Shaun-Dre	13	16:37	S	
3	29	ASWD	SYB/3	M	3	Noorman	Eugene	13	16:52	B	
4	25	CGA	SYB/3	M	3	Ngwayibanjwa	Xola	13	17:17		
5	24	CGA	SYB/3	M	3	Nyembe	Msizi Mloni	13	17:23		
5km: Sub Youth Girls (14 to 15 years old)											
1	73	ACNW	SYG/5	F	5	Nell	Janise	14	25:46	G	
2	74	CGA	SYG/5	F	5	Khola	Keitumetse	15	30:48	S	
3	72	AGN	SYG/5	F	5	Ndlovu	Olwethu	15	32:32	B	
4	91	BOL	SYG/5	F	5	Du Toit	Hannelie	14	33:46		
5	75	AGN	SYG/5	F	5	Kaelelo	Madumo	14	35:37		
	71	WPA	SYG/5	F	5	Gertse	Alvida	14	DNF		
5km: Sub Youth Boys (14 to 15 years old)											
1	88	ASWD	SYB/5	M	5	Aweries	Durando	15	24:50	G	
2	78	AGN	SYB/5	M	5	Ndlazi	Nhlanhla	15	25:02	S	
3	80	CGA	SYB/5	M	5	Mokoena	Thuto	15	25:34	B	
4	79	CGA	SYB/5	M	5	Nyivana	Ondela Alex	15	25:44		
5	93	BOL	SYB/5	M	5	Walters	Tiaano	15	28:14		
6	89	ASWD	SYB/5	M	5	Lorenzo	Wiltshire	15	28:45		
7	82	AGN	SYB/5	M	5	Zungu	Sbonokuhle	15	29:10		
8	81	AGN	SYB/5	M	5	Maselela	Reabetswe	14	29:37		
9	76	WPA	SYB/5	M	5	Pietersen	Charlton	14	30:33		
10	92	BOL	SYB/5	M	5	Strydom	Gerhard	14	32:40		
11	77	WPA	SYB/5	M	5	Daniels	Jaylon	15	33:08		
5km: Youth Girls (16 to 17 years old)											
1	84	AGN	YG/5	F	5	Swanepoel	Marissa	16	25:56	G	
2	90	ASWD	YG/5	F	5	Van Rensburg	Nolene	17	27:28	S	
3	85	CGA	YG/5	F	5	Makgetha	Ophelia	16	31:05	B	
4	94	BOL	YG/5	F	5	Bester	Cara	16	31:21		
5	87	AGN	YG/5	F	5	Ramakgoakgoa	Dineo Katlego	16	33:07		
6	83	WPA	YG/5	F	5	Zgerski	Mia	16	36:04		
	86	WPA-I	IND YG/5	F	5	Dunn	Siobhan	17	DNS		
	95	BOL	YG/5	F	5	Meyer	Kristin	17	DNS		
10km: Youth Boys (16 to 17 years old)											
1	125	AGN	YB/10	M	10	Mnyamane	Bheki	16	55:08	G	
2	123	CGA	YB/10	M	10	Mbulawa	Lebohang	17	55:24	S	
3	126	AGN	YB/10	M	10	Nhlapo	Vincent	17	57:28	B	
4	216	BOL	YB/10	M	10	Klink	Tariq	17	58:04		
5	124	CGA	YB/10	M	10	Ngake	Kgosi	17	58:08		
6	183	WPA-I	INDYB/10	M	10	Gertse	Ethan	16	59:35		
7	122	CGA	YB/10	M	10	Mtebe	Sifiso	16	59:45		
8	215	BOL	YB/10	M	10	Victor	Freddie	17	1:02:23		
9	121	WPA	YB/10	M	10	Majiet	Nashwill	16	1:04:22		
10km: Junior Men (18 to 19 years old)											
1	154	ASWD	JM/10	M	10	Farmer	Antonio	17	48:17	G	
2	129	CGA	JM/10	M	10	Sesana	William	19	51:54	S	
3	128	AGN	JM/10	M	10	Kalane	Sylvester	18	55:32	B	
4	127	WPA	JM/10	M	10	Mekuur	Wentsley	18	56:31		
10km: Masters Men (30-34)											
1	130	AGN	M30/10	M	10	Snyman	Wayne	33	47:20	G	
2	131	CGA	M30/10	M	10	Mtshali	Siphiwe	34	1:02:12	S	
10km: Masters Men (35-39)											
1	132	AGN	M35/10	M	10	Kobue	Mzwakhe	37	53:40	G	
2	133	CGA	M35/10	M	10	Karabo	Sibeko	36	56:43	S	
10km: Masters Men (40-44)											
1	217	BOL	M40/10	M	10	Nel	Jacob	41	1:05:55	G	
10km: Masters Men (45-49)											
1	136	WPA-I	IND M45/10	M	10	Mc Donald	Ross	45	54:25	G-I	WPM
2	134	AGN	M45/10	M	10	Appel	Joseph	48	1:00:29	S	
3	135	CGA	M45/10	M	10	Louw	Edwin	45	1:00:32	B	
4	137	WPA-I	IND M45/10	M	10	Dippenaar	Andries	47	1:22:40		
10km: Masters Men (50-54)											
1	140	CGA	M50/10	M	10	Von Benecke	Lebeauf	52	55:18	G	
2	139	AGN	M50/10	M	10	Britz	Chris	54	59:41	S	
3	138	WPA	M50/10	M	10	Hines	Dennis	51	1:04:05	B	
10km: Masters Men (55-59)											
1	144	AGN	M55/10	M	10	Oosthuizen	Francois	56	58:38	G	
2	145	AGN	M55/10	M	10	Bester	Johannes Jochemus	59	1:00:16	S	
3	141	WPA	M55/10	M	10	Papier	Adam	56	1:01:12	B	
4	143	WPA-I	IND M55/10	M	10	Donson	Hilton	55	1:14:23		

	142	CGA	M55/10	M	10	Smith	Sarel	58	DQ		
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10km: Masters Men (60-64)

1	151	AGN	M60/10	M	10	Coetzee	Johann	60	1:01:19	G	
2	147	AGN	M60/10	M	10	Labuschagne	Daniel	63	1:03:37	S	
3	146	WPA	M60/10	M	10	Fuller	Raymond	60	1:04:52	B	
4	149	CGA	M60/10	M	10	Stewart	Romains	61	1:14:25		
5	150	CGA	M60/10	M	10	Lubbe	Eugene	64	DQ		
	148	CGA	M60/10	M	10	Meyer	Carel	61	DNF		

10km: Masters Men (65-69)

1	152	WPA	M65/10	M	10	Van Zyl	Johan	69	1:06:26	G	
2	153	AGN	M65/10	M	10	Callaghan	Christopher	65	1:08:01	S	

10km: Masters Men (75-79)

1	155	WPA	M75/10	M	10	Spencer	Jurgen	78	1:08:18	G	
2	159	AGN	M75/10	M	10	Viviers	Flip	79	1:24:08	S	
	157	AGN	M75/10	M	10	Clements	Fred	75	DQ		

10km: Masters Men (80-84)

1	212	ASWD	M80/10	M	10	Morgan Smith	David	81	1:15:53	G	
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10km: Junior Women (18 to 19 years old)

1	156	AGN	JW/10	F	10	Sithole	Nothando	16	1:18:59	G	
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10km: Masters Women (35-39)

1	163	CGA	W35/10	F	10	Patterson	Lisa	36	1:03:02	G	
2	161	WPA	W35/10	F	10	Sandi	Fundiswa	37	1:06:40	S	
3	162	AGN	W35/10	F	10	Lubbe	Natalie	35	1:09:49	B	

10km: Masters Women (40-44)

1	164	WPA	W40/10	F	10	Van Jaarsveld	Emmerentia	44	1:07:44	G	
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10km: Masters Women (45-49)

1	166	CGA	W45/10	F	10	Van Der Merwe	Theresa	49	1:16:35	G	
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10km: Masters Women (50-54)

1	167	WPA	W50/10	F	10	Horn-Botha	Deborah	52	1:06:53	G	
2	169	CGA	W50/10	F	10	Gower	Julie	54	1:08:26	S	
3	168	AGN	W50/10	F	10	Ruck	Celeste	53	1:09:17	B	
4	171	AGN	W50/10	F	10	Van Der Schyf	Isabelle	52	1:10:21		
5	170	WPA-I	IND W50/10	F	10	Race	Anne	51	1:20:19		

10km: Masters Women (55-59)

1	172	WPA	W55/10	F	10	Adams	Carlyn	56	1:06:19	G	
2	173	WPA	W55/10	F	10	Gilmour	Patricia	56	1:08:09	S	
3	175	AGN	W55/10	F	10	Coetzee	Sophia Francina Suzanna	57	1:09:38	B	
4	177	AGN	W55/10	F	10	van Rensburg	Petronella Magdalena	56	1:09:53		
5	176	WPA-I	IND W55/10	F	10	Sutherland	Joy Margaret	58	1:16:47		
6	174	CGA	W55/10	F	10	Boyd	Diana	59	1:20:00		

10km: Masters Women (60-64)

1	182	AGN	W60/10	F	10	Knoetze	Magaretha Magdalena	63	1:07:54	G	
2	178	WPA	W60/10	F	10	Williams	Gail	60	1:10:24	S	
3	180	WPA	W60/10	F	10	James	Pamela	61	1:10:28	B	
4	181	WPA-I	IND W60/10	F	10	Burger	Erdine	61	1:12:28		
5	179	CGA	W60/10	F	10	Johnson	Anne	64	1:20:13		

10km: Masters Women (65-69)

1	218	AGN	W65/10	F	10	Koekemoer	Winnie	68	1:05:44	G	
2	186	WPA	W65/10	F	10	Pearson	Hendricka Birdie	69	1:09:38	S	
3	188	WPA	W65/10	F	10	Josephs	Wendy	69	1:13:55	B	
4	184	AGN	W65/10	F	10	van der Walt	Carol	69	1:18:59		
5	185	CGA	W65/10	F	10	Marett	Jennifer	66	1:28:19		
	213	ASWD	W65/10	F	10	Zehmke	Lorraine	68	DNS		

10km: Masters Women (70-74)

1	189	AGN	W70/10	F	10	Greyvenstein	Anna Maria	73	1:06:21	G	
2	191	CGA	W70/10	F	10	Benfield	Jude	70	1:19:52	S	
3	193	CGA	W70/10	F	10	Van Marcke	Lynn	72	1:22:44	B	
4	190	CGA	W70/10	F	10	Jarvis	Mary	72	1:27:21		
5	192	WPA-I	IND W70/10	F	10	Schipper	Mary Margriet	72	1:28:47		

10km: Masters Women (75-79)

1	194	WPA	W75/10	F	10	Vey	Hildegard	77	1:15:28	G	
	195	CGA	W75/10	F	10	Seabi	Lesaya	78	DNF		

10km: Masters Women (80-84)

1	196	CGA	W80/10	F	10	Thomas	Christine	80	1:33:10	G	
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10km: Masters Women (90-94)

	197	CGA	W90/10	F	10	Rootenburg	Cecil	93	DQ		
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20km: Masters Men (40-44)

1	2020	WPA	M40/20	M	20	Cillie	Gideon	41	1:54:40	G	
2	2021	CGA	M40/20	M	20	Mashigo	Johannes	43	2:02:44	S	

20km: Masters Men (45-49)

1	2022	CGA	M45/20	M	20	Eykenduyin	Ronaldo	49	2:21:10	G	
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20km: Masters Men (50-54)

1	2023	CGA	M50/20	M	20	Phillips	Kevin	54	1:59:49	G	
2	2024	CGA	M50/20	M	20	Kavai	Blessing	50	2:13:50	S	

20km: Masters Men (55-59)

1	2025	AGN	M55/20	M	20	Railo	Simon	58	2:10:52	G	
2	2037	CGA	M55/20	M	20	Msimango	Stephen	55	2:12:08	S	

20km: Masters Men (60-64)

1	2026	AGN	M60/20	M	20	Willemse	Jaap	62	2:11:08	G	
2	2027	CGA	M60/20	M	20	Mohlakane	Kgethisi Benjamin	63	2:27:15	S	

20km: Senior Men

(Premier Race)

1	2029	CGA	SM/20	M	20	Shange	Lebogang	28	1:31:01	G	
2	2028	AGN	SM/20	M	20	Ndebele	Sizwe	22	1:32:40	S	
3	2034	AGN	SM/20	M	20	Pule	Edwin Tumisang	20	1:34:42	B	
4	2030	CGA	SM/20	M	20	Mavundla	Mzwakhe	21	1:42:33		
5	2035	AGN	SM/20	M	20	Sehemo	Dannyboy	23	1:50:27		
	2039	ASWD	SM/20	M	20	Brown	Maxwell	20	DNS		
	2031	CGA	SM/20	M	20	Mashimbyi	Tebatso	23	DNF		
	2033	CGA	SM/20	M	20	Sithole	Jabulani	23	DNF		
	2036	KZN-I	INDSM/20	M	20	Mdunge	Vukani	22	DNS		

20km: Masters Women (45-49)

1	200	AGN	W45/20	F	20	Serdyn	Mariaan	47	2:16:14	G	
2	202	CGA	W45/20	F	20	Lendrun	Bronwyn	45	2:17:13	S	
3	201	CGA	W45/20	F	20	Nyathi	Assalina	48	2:35:53	B	

20km: Masters Women (50-54)

1	205	WPA-I	IND W50/20	F	20	Dunn	Chandra-Jay	51	2:40:39	G-I	
2	203	KZN	W50/20	F	20	Memela	Khethiwe	52	2:50:45	S	
	204	CGA	W50/20	F	20	Nkosi	Linah	54	DQ		

20km: Masters Women (55-59)

1	207	AGN	W55/20	F	20	Steenkamp	Sandra	58	2:10:27	G	
2	206	WPA	W55/20	F	20	Goosen	Jaqueline	56	2:13:13	S	
3	208	AGN	W55/20	F	20	Scheepers	Celeste	58	2:23:27	B	

20km: Masters Women (60-64)

1	209	AGN	W60/20	F	20	Willemse	Lucia	63	2:37:48	G	
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20km: Masters Women (65-69)

1	2011	CGA	W65/20	F	20	Jacobs	Loritha	67	2:23:18	G	
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20km: Masters Women (70-74)

1	2012	AGN	W70/20	F	20	Meyer	Elsa	72	2:14:57	G	
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20km: Masters Women (75-79)

	2013	CGA	W75/20	F	20	Macartney	Diedre	77	DQ		
	2014	WPA-I	IND W75/20	F	20	Brennan	Megan	75	DQ		

20km: Senior Women (Premier Race)

1	2038	ASWD	SW/20	F	20	Oosthuizen	Anel	23	1:41:53	G	
2	2019	ACNW	SW/20	F	20	Schultz	Zelda	26	1:50:47	S	
3	2016	CGA	SW/20	F	20	Mokhele	Nthatisi	25	2:00:25	B	
4	2018	AGN	SW/20	F	20	Matseba	Whitney	21	2:33:05		
5	2015	KZN	SW/20	F	20	Vidima	Cebile	32	2:36:07		
	2017	CGA	SW/20	F	20	Nchabeng	Rethabile	22	DNF		

50km: Masters Women (65-69)

1	509	WPA	W65/50	F	50	Blignaut	Frieda	68	6:22:02	G	
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50km: Senior Women (National Championship)

1	500	KZN	SW/50	F	50	Le Roux	Natalie	36	4:55:20	G	
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50km: Masters Men (50-54)

1	505	KZN	M50/50	M	50	Qhanqiso	Thembile	51	5:03:58	G	
2	506	AGN	M50/50	M	50	Brink	Gustav	51	5:37:59	S	
	507	CGA	M50/50	M	50	Scott	Wayne	54	DQ		

50km: Masters Men (55-59)

	508	CGA	M55/50	M	50	Ingram	Dave	57	DQ		
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50km: Senior Men (National Championship)

1	504	AGN	SM/50	M	50	Mnisi	Mthunzi	28	4:46:42	G	
2	501	KZN	SM/50	M	50	Mahlangu	Aaron	31	4:52:05	S	
3	503	CGA	SM/50	M	50	Pheagane	Jeffrey	29	5:16:59	B	
4	502	KZN	SM/50	M	50	Hlongwa	Wiseman	31	5:26:57		
	5010	Singapore	INDSM/50	M	50	Sim	Edmund	35	DQ		

1km Development

1	9	DEV	1kmDev	M	1	Sobetshe	Luthando	13	5:51	G	
2	12	DEV	1kmDev	M	1	Mafaniza	Lisakhanya	11	6:03	S	
3	11	DEV	1kmDev	M	1	Mange	Miola	11	6:08	B	
4	2	DEV	1kmDev	F	1	Price	Lunchandry	12	6:09		
5	8	DEV	1kmDev	F	1	Graaff	Tumonique	9	6:11		
6	17	DEV	1kmDev	M	1	Babo	Siyasanga	12	6:13		
7	19	DEV	1kmDev	M	1	Ngqushwa	Asithandile	13	6:35		
8	15	DEV	1kmDev	F	1	Zaba	Hlumelo	11	6:38		
9	18	DEV	1kmDev	M	1	Mashwa	Iviwe	12	6:53		
10	20	DEV	1kmDev	F	1	Nohlanhla	Imibongo	12	6:54		
11	3	DEV	1kmDev	F	1	Bimbi	Ayesha	10	6:57		
12	7	DEV	1kmDev	F	1	Afrikaner	Tamia	10	7:16		
13	4	DEV	1kmDev	F	1	Mtwazi	Luiutho	12	7:24		
14	5	DEV	1kmDev	F	1	Moquba	Indiphile	11	7:24		
	1	DEV	1kmDev	M	1	Mxnaka	Liyabona	10	DNS		
	6	DEV	1kmDev	F	1	Mkele	Minali	11	DNS		
	10	DEV	1kmDev	M	1	Ndabambi	Sisonke	13	DNS		
	13	DEV	1kmDev	M	1	Makhonzi	Thabile	11	DNS		
	14	DEV	1kmDev	M	1	Mqibisa	Lwazi	11	DNS		
	16	DEV	1kmDev	M	1	Madikwa	Ndikhokelo	10	DNS		
	214	DEV	1kmDev	M	1	Mtwazi	Lutho	12	DNS		
	198	DEV	1kmDev	M	1	Vena(Vanku)	Kuhle	11	DNS		
	199	DEV	1kmDev	F	1	Gade	Lilitha	12	DNS		
	210	DEV	1kmDev	F	1	Tyulotha	Simthandile	10	DNS		
	211	DEV	1kmDev	M	1	Julies	Ashton	5	DNS		

PROVINCIAL MEDAL TABLE

		Gold	Silver	Bronze	Total Medals
1	Athletics Gauteng North	17	9	8	34
2	Central Gauteng Athletics	9	13	7	29
3	Western Province Athletics	8	5	6	19

4	Athletics South Western Districts	5	2	1	8
5	Kwazulu Natal Athletics	2	2	0	4
6	Athletics Central North West	1	1	0	2
7	Boland Athletics	1	0	0	1
		43	32	22	97

INDIVIDUAL TROPHIES

BEST FEMALE MASTERS WALKER	ELSA MEYER
BEST MALE MASTERS WALKER	LEBEAUF VON BENECKE
BEST YOUNG FEMALE WALKER	JANICE NELL
BEST YOUNG MALE WALKER	ANTONIO FARMER
BEST FEMALE SENIOR WALKER	NATALIE LE ROUX
BEST MALE SENIOR WALKER	LEBOGANG SHANGE

* Potential records indicated, pending ratification