

ATC CLOUD RACE V

10 Lucky
Draw
Prizes

@atcmultisport
#atccloudrace
#swimbikerunhide



What?

When? 27 & 28 June 2020

RunAlone – 5, 10 or 21 Km

Where? Your lockdown location

BikeAlone – 20 Km & 40 km

ATC will facilitate a cloud-based mass-participation **RunAlone** on Saturday 27 June 2020 and a cloud-based mass participation **BikeAlone** on Sunday 28 June 2020. Run options are 5, 10 or 21 Kms and Bike options are 20 and 40 Kms. All you need is a means to determine your distance covered. There is no need for Strava or Zwift, etc. You can race on a stationary machine (treadmill or trainer), or any route that you can map out within your lock-down constraints.

It will work as follows:

Athletes will **enter** on-line and choose their **race(s)** and **bib-tag**. There is no entry fee but if you would like to donate towards Western Province Athletics (WPA) Development fund, we pay over all monies collected to WPA.

On the morning of the event, **Race Briefing** will be streamed from **08:50** on Facebook and Instagram.

The **Start Gun** will be streamed at **09:00**. The race clock will start for everyone..

Once athletes have completed their run or ride, they will tag-in with their bib-tag and select **FINISH**.

The **TAG-IN Sheet** works like a virtual timing mat and is accessible through a smart phone or web browser. You log in with your **bib-tag** and tag your progress. This is time-stamped automatically and displayed on a leader board, which can be viewed by anyone throughout the weekend.

Athletes who cannot start at 09:00, can start at any time and TAG-IN when they **start** and **finish** and their times will be calculated automatically. If you cannot TAG-IN, in real time, you can also log in at any time during the weekend and just give us your finish time. However, it is preferable for athletes to log their progress in real time so that our leader board is interactive and "live" throughout the event.

To enter, please [Click Here](#).

To log your progress or race time, visit the [Virtual Timing Mat](#). (Keep this open on your web browser or phone so you can log times quickly)

On race day, you can [View the Lead Board](#) and check all results.

Please post pictures of your race on social media and tag @atcmultisport #atccloudrace and #swimbikerunhide. Tags will go into a lucky draw to win one of 10 masks / buffs.

Terms & Conditions

This is a virtual event, whereby each individual participates on their own and within the Covid-19 pandemic lockdown regulations, in force at the location where the individual will race. ATC Multisport will not facilitate or prescribe any location or route to be used, nor will any groups be arranged. Participants agree to plan their route(s) within these regulations and accept sole responsibility for their own safety during participation.

Athletes entering and participating in this event, do so under the terms and conditions, as set out below:

1. Athletes understand that participation in this race is at their own risk and that ATC Multisport, Atlantic Triathlon Club (ATC), ATC Running, ATC Cycling, ATC Swimming, Western Province Athletics, their employees, committee members and associates, will not be held liable for any illness, injury, death or loss of property.
2. Athletes declare that they are healthy and have no known medical conditions that could prevent them from participation in sporting activities.
3. ATC Multisport, its partners, affiliates, sponsors and service providers are indemnified against all and any action of whatever nature, which may arise out of the participation in any activities, training sessions or events organised or promoted by ATC Multisport.
4. Entrants authorise ATC Multisport Club to use personal details in order to inform entrants of activities related to this event.
5. Athletes agree to choose a route conducive to a fair race and that has a positive elevation gain.
6. If racing indoors, athletes agree to use a system with resistance that has some means of tracking distance.