



1992-2017

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#### MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To  
From  
Date  
Subject  
No pages

To	ASA Members
From	ASA Office
Date	05 September 2017
Subject	List of Track and Field events where athletes can qualify for 2018 Commonwealth Games
No pages	4

## ELECTRONIC TRANSMISSION

Dear ASA Members

### Circular 105 of ASA 2017 (09/05) – LIST OF TRACK AND FIELD EVENTS WHERE ATHLETES CAN QUALIFY FOR 2018 COMMONWEALTH GAMES

On 4 September 2017 (ASA Circular 104), ASA announced the ASA Squad in preparation for the 2018 Commonwealth Games.

**Athletes not listed in the Preparation Squad and/or Preliminary Team for the 2018 Commonwealth Games, have the right to appeal for reconsideration in writing, to ASA at [Hezekiel@athleticssa.co.za](mailto:Hezekiel@athleticssa.co.za); att. Hezekiel Sepeng, before close of business on Friday 15 September 2017. The appeal should consist of the performance of the athlete, as well as the date and event of the achievement. Athletes without an ASA Permanent License cannot appeal.**

With reference to ASA Circular 100, the 16 events listed below are confirmed events where athletes can qualify for the 2018 Commonwealth Games. These events will be monitored by ASA to ensure that the performances of athletes are eligible. Please note that the results of events **not** listed below, may not be considered for selection purposes.

DATES	PROV.	Venue
1. 19 September 2017	ACNW	Potchefstroom
2. 26 September 2017	ACNW	Potchefstroom
3. 10 October 2017	ACNW	Potchefstroom
4. 14 October 2017	AFS	Bloemfontein
5. 17 October 2017	ACNW	Potchefstroom
6. 21 October 2017	WPA	Parow
7. 24 October 2017	ACNW	Potchefstroom
8. 31 October 2017	ACNW	Potchefstroom
9. 4 November 2017	WPA	Greenpoint
10. 11 November 2017	AFS	Bloemfontein
11. 11 November 2017	AGN	Tuks
12. 17/18 Nov. 2017 (Combined Events)	WPA	Greenpoint
13. 18 November 2017	AGN	Tuks
14. 02 December 2017	AGN	Tuks
15. 09 December 2017	WPA	Parow
16. 15 December 2017	WPA	Greenpoint

Lastly, but most importantly, athletes and their Coaches must be encourage to improve their Commonwealth Games Rankings, and not focus on the values of the Qualifying Standards alone, as the position of the athlete on the Commonwealth Games Rankings will be the primary motivation for an athlete to be included in the final team to the 2018 Commonwealth Games. ASA need to present SASCOC with a Preliminary Team for the 2018 Commonwealth Games, during the 1<sup>st</sup> week of January 2018.

Athletics greetings

Richard Stander  
ASA CEO  
Not signed due to electronic sending

**2018 XXI COMMONWEALTH GAMES; GOLD COAST; 4 TO 15 APRIL 2018**  
**ATHLETICS SQUAD/PRELIMINARY TEAM**

\* All athletes whom achieved qualifying standard during the 2017 IAAF World Championships are in Squad; and Preliminary Team

\*\* All athletes in Preliminary Team must achieve the standard below, to show competition fitness in the period January to March 2018

\*\*\* Athletes and their Coaches must be encourage to improve their rankings on the Commonwealth Games Rankings, and not focus on the values of the Qualifying Standards alone, as the position of the athlete on the Commonwealth Games Rankings will be the primary motivation for an athlete to be included in the final team to the 2018 Commonwealth Games.

Item	Standard	Preparation Squad	Preliminary Team *	Motivation e.g. Latest Commonwealth Games Ranking
100 m Men	10.19	Akani SIMBINE (AGN) Wayde VAN NIEKERK (AFS) Thando ROTO (AGN) Henricho BRUINTJIES (AGN) Emile ERASMUS (AGN) Gift LEOTLELA (AGN) Anaso JOBODWANA (KZNA)	Akani SIMBINE (AGN)	3 3 10 12 13 18 30
200 m Men	20.56	Wayde VAN NIEKERK (AFS) Ncincihli TITI (AGN) Akani SIMBINE (AGN) Gift LEOTLELA (AGN) Clarence MUNYAI (AGN) Lebokeng SESELE (AGN) Hendrik MAARTENS (AFS) Luxolo ADAMS (EPA)	Wayde VAN NIEKERK (AFS) Akani SIMBINE (AGN)	2 8 9 13 15 17 24 28
400 m Men	45.67	Wayde VAN NIEKERK (AFS) Pieter CONRADIE (ACNW) Ranti DIKGALE (AGN) Thapelo PHORA (AGN) Ashley HLUNGWANI (AGN)	Wayde VAN NIEKERK (AFS)	1 15 28 24 35
800 m Men	01:47.22	Rynardt VAN RENSBURG (AFS) Jacob ROZANI ANWN Henco UYS (ACNW) Tshepo TSHITE (ACNW)		11 14 18 22
1500 m Men	03:41.69	Jerry MOTSAU (ACNW) Rantso MOKOPANE (ACNW) Dumisane HLASELO (CGA)		14 15 16
5000 m Men	13:29.08			
10000 m Men	28:23.37	Stephen MOKOKA (AGN)	Stephen MOKOKA (AGN)	14

110 m Hurdles Men	13.67	Antonio ALKANA (WPA)	Antonio ALKANA (WPA)	3
400 m Hurdles Men	49.75	Constant PRETORIUS (AGN) LJ VAN ZYL (AGN) Cornel FREDRICKS (AGN) Le Roux HAMMAN (AGN)		7 8 9 10
3000 m Steeple Chase Men	08:28.61			
Marathon Men	02:16:06	Desmond MOKGOBU Lusapho APRIL		10 12
20km Race Walk Men	01:27:09	Lebogang SHANGE (CGA) Wayne SNYMAN (AGN)	Lebogang SHANGE (CGA)	1 8
High jump Men	2.24 m	Chris MOLEYA (AGN) Breyten POOLE (WPA)		11 14
Pole vault Men	5.40 m			
Long jump Men	8.09 m	Luvo MANYONGA (AGN) Ruswahl SAMAAI (CGA) Zack VISSER (CGA) Godfrey MOKOENA (CGA)	Luvo MANYONGA (AGN) Ruswahl SAMAAI (CGA)	1 2 5 7
Triple jump Men	16.65 m			
Shot put Men	19.55 m	Orazio CREMONA (AGN) Jaco ENGELBRECHT (CGA)	Orazio CREMONA (AGN) Jaco ENGELBRECHT (CGA)	4 8
Discus throw Men	60.04 m	Victor HOGAN (BOLA)	Victor HOGAN (BOLA)	7
Hammer throw Men	69.05 m	Chris HARMSE (AFS) Renaldo FRECHOU (AGN) Tshepang MAKHETE (ACNW)		8 9 10
Javelin throw Men	75.35 m	Rocco VAN ROOYEN (WPA) Phil-Mar J V RENSBURG (AMPU) Johann GROBLER (ACNW)		11 12 27
Decathlon Men	7679 points			
100 m Women	11.39	Carina HORN AGN Tebogo MAMATU AGN	Carina HORN AGN	9 23
200 m Women	23.20	Justine PALFRAMAN BOLA Alyssa CONLEY CGA		14 19
400 m Women	52.36	Caster SEMENYA (ACNW) Justine PALFRAMAN (BOLA)		12 22

800 m Women	02:01.60	Caster SEMENYA ACNW Gena LOFSTRAND KZN	Caster SEMENYA (ACNW)	1 16
1500 m Women	04:09.08	Caster SEMENYA ACNW Dominique SCOTT-EFURD WPA	Caster SEMENYA ACNW	7 16
5000 m Women	15:43.48	Dominique SCOTT-EFURD WPA		14
10000 m Women	32:58.97			
100 Hurdles Women	13.32	Rikenette STEENKAMP (AGN) Claudia HEUNIS (AGN)		13 21
400 Metres Hurdles Women	56.85	Wenda NEL (AGN)	Wenda NEL (AGN)	6
3000 m Steeplechase Women	09:47.34			
Marathon Women	02:34:51			
20km Race Walk Women	01:42:03	Anel OOSTHUIZEN CGA		7
High jump Women	1.88 m			
Pole vault Women	4.20 m			
Long jump Women	6.35 m	Lynique PRINSLOO CGA		13
Triple jump Women	13.70 m			
Shot put Women	16.44 m	Ischke SENEKAL EPA		12
Discus throw Women	57.82 m			
Hammer throw Women	64.40 m			
Javelin throw Women	57.47 m	Sunette VILJOEN ACNW		4
Heptathlon Women	5524 points			