

# WESTERN PROVINCE ATHLETICS

## COCA-COLA ROAD RUNNING LEAGUE 2018

### 1 LEAGUE ADVERTISING

- 1.1 Clubs staging events that are part of the Coca-Cola League must display the Peninsula Beverage Coca-Cola logo on their race flyers, serve Coca Cola and be prepared to have Coca-Cola branding at their event.



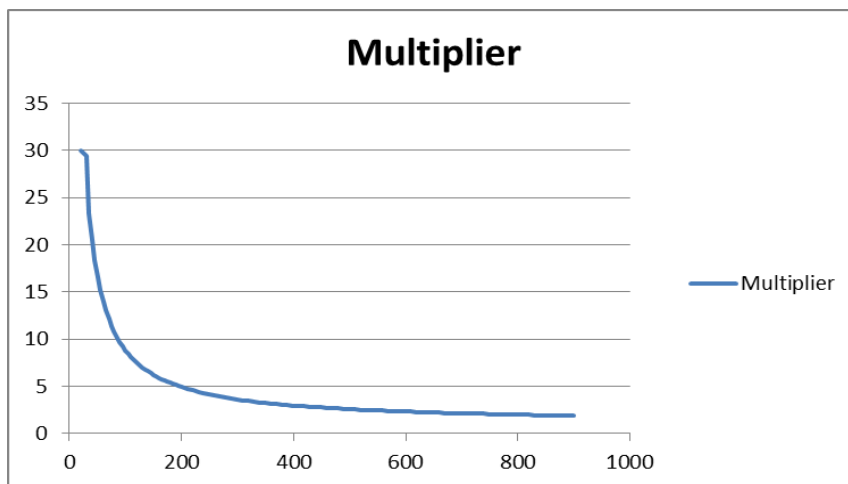
### 2 COMPETITION DETAILS :

- 2.1 All runners in the race shall be considered regardless of their age/sex category.
- 2.2 Every official event (regardless of distance) that takes place on the day shall count towards this competition. (eg Marathon, Half Marathon, 10km walk etc)
- 2.3 Every **permanently** licenced finisher within the stipulated cut-off time shall earn one point for his or her club. **Please note that Temporary licenced runners as well as runners that do not provide a licence number on their results card will NOT be included.**
- 2.4 The number of finishers per club shall be totalled.
- 2.5 The club total shall be multiplied by a factor as detailed in the table below to give a “weighted total”.
- 2.6 The club with the highest weighted total shall earn 100 points for that race. The next club shall earn 98 points, the next 96 points, next 94 and so on down to the 46<sup>th</sup> and every other participating club which shall earn 10 points. In the event of a tie on weighted score, the points will be split evenly between those tied clubs.
- 2.7 The weighting factor applicable to any club shall be based on the number of licences issued by WPA to that club at the date of the race, regardless of whether the licences have been sold or not.
- 2.8 For 2018 10km races in the second half of the league will have an additional element included to reward runners based on the time they run. Instead of a single point for participating, runners will earn points based on the table below. These points are then totalled per club and multiplied by the weighting factor.

**These times are based on the total club finishers for the 2017 league races. For example 10 points represents the top 10% of athletes.**

Points	Women	Men
10	< 56:00	< 41:00
9	56:00 - 60:59	41:00 - 45:59
8	61:00 - 65:59	46:00 - 49:59
7	66:00 - 69:59	50:00 - 53:59
6	70:00 - 72:59	54:00 - 57:59
5	73:00 - 75:59	58:00 - 60:59
4	76:00 - 79:59	61:00 - 66:59
3	80:00 - 83:59	67:00 - 72:59
2	84:00 - 89:59	73:00 - 79:59
1	90:00 to cut off	80:00 to cut off

## 2.9 Weighting factors



**Licences**

<b>From</b>	<b>To</b>	<b>Multiplier</b>
20	29	30
30	34	29.467
35	39	23.299
40	44	20.513
45	49	18.346
50	54	16.613
55	59	15.195
60	64	14.013
65	69	13.013
70	74	12.156
75	79	11.413
80	84	10.763
85	89	10.189
90	94	9.68
95	99	9.224
100	104	8.813
105	109	8.442
110	114	8.104
115	119	7.796
120	124	7.513
125	129	7.253
130	134	7.013
135	139	6.791
140	144	6.584
145	149	6.392
150	154	6.213
155	159	6.045
160	164	5.888
165	169	5.74
170	174	5.601
175	179	5.47
180	184	5.346
185	189	5.229
190	194	5.118
195	199	5.013
200	209	4.913
210	219	4.727
220	229	4.558
230	239	4.404
240	249	4.263
250	259	4.133
260	269	4.013
270	279	3.902
280	289	3.799
290	299	3.703
300	309	3.613
310	319	3.529
320	329	3.45
330	339	3.377
340	349	3.307
350	359	3.242
360	369	3.18
370	379	3.121
380	389	3.066
390	399	3.013
400	409	2.963
410	419	2.915
420	429	2.87

**Licences**

<b>From</b>	<b>To</b>	<b>Multiplier</b>
430	439	2.827
440	449	2.786
450	459	2.746
460	469	2.709
470	479	2.673
480	489	2.638
490	499	2.605
500	509	2.573
510	519	2.542
520	529	2.513
530	539	2.485
540	549	2.457
550	559	2.431
560	569	2.406
570	579	2.381
580	589	2.358
590	599	2.335
600	609	2.313
610	619	2.292
620	629	2.271
630	639	2.251
640	649	2.232
650	659	2.213
660	669	2.195
670	679	2.177
680	689	2.16
690	699	2.143
700	709	2.127
710	719	2.112
720	729	2.096
730	739	2.081
740	749	2.067
750	759	2.053
760	769	2.039
770	779	2.026
780	789	2.013
790	799	2
800	809	1.988
810	819	1.976
820	829	1.964
830	839	1.953
840	849	1.942
850	859	1.931
860	869	1.920
870	879	1.910
880	889	1.899
890	899	1.889
900	909	1.880
910	920	1.868
920	930	1.858
930	940	1.847
940	950	1.837
950	960	1.826
960	970	1.816
970	980	1.805
980	990	1.795
990	1000	1.784
1000	1010	1.774

### 3 RACES TO COUNT for LEAGUE

- 3.1 There shall be 12 league races evenly disbursed through the competition period. A club's 10 best performances shall count towards their score.
- 3.2 In the event of a draw the clubs will then be placed according to their total points scored in all 12 events.
- 3.3 In the case of an event being cancelled, WPARR shall decide whether to assign league status to an alternative event or to adjust the number of contributing scores.

#### 3.4 League Races for 2017/8

No	Race	Club	Date	Distance	Area
1	Table View High School	West Coast	Nov 2017	10	West
2	Avbob	Tygerberg	Dec 2017	15	West
3	Beachcomber	Bellville	Jan 2018	15	South
4	Top Form	Top Form	Feb 2018	10, 10W	Central
5	Leapfrog & Labourwise	Strand	Apr 2018	10, 21	East
6	Voet of the Wine	In Touch	Apr 2018	10	North
7	UCT	UCT	May 2018	10*	Central
8	Dave Spence	Gugs	Jun 2018	10*	Central
9	Festival of Running	Hewat	July 2018	50, 100, Relay	Central
10	Khayelitsha	Khayelitsha	Aug 2018	10*	East
11	Goodwood Harriers	Goodwood	Sept 2018	10*	Central
12	Elsies River	Elsies River	Oct 2018	10*	Central

Races marked \* will be scored using the Finishing Time table (see 2.8 above)

This gives a breakdown as follows

Distance km	North	Central	West	East	South	Total
10	1	5	1	2		9
15			1		1	2
21				1		2
>21		1				1

### 4 PRIZE MONEY

- 4.1 Prize money – subject to sponsorship - to be awarded as follows

1st	2nd	3rd	4th	5th	6 <sup>th</sup> to 10th	Total
10500	6300	3150	1575	1050	525	25200

### 5 REPORTING THE RESULTS

- 5.1 It is requested that the clubs organising league races produce results within two weeks.
- 5.2 Results must be provided in electronic format (EXCEL)
- 5.3 Results will be posted on the WPA website and also distributed via the WPA email group.