



4.2km
10km

in association with Cape Times

RUN FOR UNITY

SATURDAY, 16 DECEMBER 2017

7am | NY49 Stadium Gugulethu



ENTER@
entrytime.com

Seniors
R50 licenced
R80 unlicenced

Juniors (14 - 19 years)
R30 licenced
R45 unlicenced



CAPE TIMES

Coca-Cola Peninsula Beverages



CLICKS+



RCS

BNP PARIBAS GROUP

GARBIE



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Race information and rules

- First 2000 finishers will get medals in the 10km
- 10km fees: Senior R50 (unlicensed R80)
Junior R30 (unlicensed R45)
- 4.2km fees: Senior R30
Junior R25

Enter online at Entrytime.com

Contact Themba Shoko on 0824764656

or Thobile Ndzube on 0733182563

PRIZES Men and women 10km only.

	Open	14-19	40-49	50-59	60-69	70+
1st	R1 500	R750	R450	R375	R225	R100
2nd	R1 050	R600	R300	R300	R150	R75
3rd	R750	R450	R150	R150	R75	
4th	R450	R150				

10Km Race Rules in accordance with the rules of ASA & WPA

1. Minimum age on race day is 14 years
2. Participants must obey instructions of marshals/traffic officers
3. Licensed athletes should compete in official club colours and must display unaltered licence numbers, valid for 2017, on the front and back of running vests. Unlicensed athletes must wear clothing without advertising and the temporary licence on the chest.
4. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
5. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age groups, wear the appropriate age tags and provide proof of age.
6. Juniors (born 1998 or later) wearing a senior or junior license number must display the age category tags ('J') to qualify for age category prize.
7. Entry cards must be worn for the duration of the race. Any participant not able to produce an entry card when asked to do so by a race official may be disqualified.
8. No personal seconding allowed, except at official refreshment stations.
9. The organisers and WPA accept no responsibility for any accident or injury resulting from participation at this event.
10. Any ruling by the race committee will be considered final.
11. Entries will be accepted on race day from 05H45- 07H15.
12. Cut off time is at 9H30. Prize giving ceremony and spot prize will commence at 09H30.
13. Tog bag area provided at runner's own risk.
14. Race results will be sent to all Western Province Clubs.
15. Race numbers (bibs) will not be issued. All registered athletes must wear two valid licence numbers. Unregistered participants must purchase a Temporary Licence which must be worn on the front of the vest.
16. The use of music players with headphones is not allowed and may result in disqualification.
17. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. Temporary licence holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
18. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
19. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.

FUN RUN RULES

Participants younger than 10 years old must be accompanied by an adult.