

IN TOUCH AC

Voet of the Wine Route

10 km Road Race



(A Coca Cola League Race)
& 5km Fun Run / Walk



DATE: SUNDAY 29 APRIL 2018

START & FINISH: ZEVENWACHT MALL Kuils River
GPS co-ordinates: South: 33° 55' 47" East: 18° 43' 43"

START TIME: 10km - 07h00
 Fun Run - 07h20

TIME LIMIT: 10km - 2 Hours

CUT-OFF TIME: 09h00 for both races

PRIZE GIVING: 09h00

ENTRY FEES:

Seniors – Licensed	R50-00	Seniors - Unlicensed	R85-00
Juniors – Licensed	R30-00	Juniors – Unlicensed	R50-00
70yrs+ - Licensed	FREE	70yrs + - Unlicensed	R35-00
5km Fun Run/Walk – R25-00 (ALL) No license required			



Social Walkers
Welcome

ONLINE ENTRIES FOR 10KM ONLY: www.topevents.co.za

Closing date for online entries: 23 April 2018. A 14% online entry levy will be charged. Online enquiries: info@topevents.co.za / 021 511 7130

Pre-entries: Saturday 28 April 2018 – Woolworths Court – 10h00 until 16h00

RACE DAY ENTRIES from 05h30 until 10 minutes before start of each race. **Start line 300m outside Mall on Polkadraai Rd.**

RACE ENQUIRIES: Marie Uys: 082 897 5416 mjuys@mweb.co.za

Course Record: Men - Siviwe Nkombi 31:23 (2016) Women - Bulelwa Simae 37:34 (2016)

R500-00 incentive to break either Male or Female record.

SUPERSPAR 

GARBIE 



RACE RULES & INFORMATION

- Licensed runners / walkers must wear official club colours and display unaltered license numbers valid for 2018 on the front and back of their vests. Unlicensed participants must also purchase a Temporary License at R35,00 (Seniors) & R20,00 (Juniors), in addition to the entry fee, which must be worn on the front of their vest. Temporary licensed athletes should wear plain clothing without any advertising.
- Temporary license holders, when registering, must complete and hand in the tear-off strip from the number in order to be eligible to compete.
- Minimum age for the 10km is 14 years. For the Fun Run all children under 9 years must be accompanied by an adult.
- Participants must obey the instructions of marshals and Traffic Officers.
- Entry cards must be carried for the duration of the race. Any participant not able to produce an entry card when asked to do so by a race official may be disqualified. Finish satchet with Entry card to be handed in at the Results board at the Finish.
- No personal seconding will be permitted except at official refreshment stations.
- Juniors (born from 1999 onwards) wearing a junior or senior license must display category tags "J" on the front and back of their vests to qualify for age group prizes. Juniors will count toward Open team prizes.
- Club colours must be worn to qualify for team prizes.
- Temporary licensed athletes are eligible for age category prizes provided they entered the relevant age group, wear the appropriate age tags and provide proof of age.
- In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their vest. Participants may enter the age category corresponding to their chronological age or any younger category down to Senior.
- Any ruling by the race committee will be considered final.
- Race run in accordance with the rules of ASA & WPA.
- For safety reasons the use of personal music players with headphones during road races is not allowed. Any person using such a device in contravention of ASA Rule 34.10.6 may be disqualified.
- Participants take part at their own risk and the organisers will not be held responsible for any accident or injury resulting from the athlete's participation.
- No race numbers will be issued.
- Online entrants can collect their race cards at Pre-entries on Saturday from 10h00 – 16h00 or at registration on Sunday morning.**
- This is a Run Clean event. Please do not litter. Use the litter boxes provided to dispose of water sachets or carry it to the finish.
- A Tog bag area will be provided at own risk. Do not leave valuables in your car!
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- Race results will be available on: www.wpa.org.za
- Detailed rules are available at www.wpa.org.za or on request from the organisers or the WPA office.
- Medals to the first 2000 finishers in the 10km & to the first 450 finishers in the 5km Fun Run.

Lucky Draw of 500 SUPERSPAR Goodie Bags PLUS other prizes!

10KM PRIZE MONEY – MEN & WOMEN						
Position	JUNIOR	OPEN	40 - 49	50 - 59	60 - 69	70+
1 st	R500	R1000	R600	R600	R500	R300
2 nd	R300	R700	R350	R350	R250	R200
3 rd	R200	R500	R200	R200	R150	R100
OPEN TEAM PRIZE: 4 x R150-00						

