



# KHAYELITSHA ATHLETICS CLUB

## 10KM & 5KM

### COCA-COLA LEAGUE RACE

### SUNDAY 26 AUGUST 2018

#### START/FINISH

Mandela Park stadium, Makhaya. Khayelitsha

#### START TIME

10km Run: 7h30am ; 10km Walk: 7h45am; 5km: 8h00am

**Medals to all finishers and fantastic lucky draw prizes**

	Entry	Fee
Licenced Senior Athletes	10km Run/Walk	R50
Unlicenced Senior Athletes	10km Run/Walk	R85
Licenced Junior Athletes	10kmRun/Walk	R30
Unlicenced Junior Athletes	10km Run/Walk	R50
Fun Run	5km	R20

Online entries [www.toperevents.co.za](http://www.toperevents.co.za) and on the day of the race. Contact persons: Mr Khaya 084 618 3513 & Ms Patience 083 946 7154



## RACE RULES

- The race is run in accordance with the rules of WPA and ASA.
- Temporary Licences will be available at registration. When registering participants with a temporary number must complete and hand tear off strip from the number in order to be eligible to compete
- Do not litter. Dispose of sachets responsibly by using boxes provided. Report of offenders to the referees #RUN CLEAN
- Detailed rules are available on [www.wpa.org.za](http://www.wpa.org.za) or on request from the organizers or the WPA office
- Cut off times 2hrs from start of race.
- In addition to overall (open) prizes, participants will only be eligible for age category prizes that they enter. Corresponding numerical age category or junior tags must be worn on the front and back of their vests and be visible for the entire race to be eligible for any category prizes. Participants may enter the age category corresponding to their chronological age or any younger category down to senior. This also applies to temporary licensed participants, they should also provide proof of age.
- Participants must be 14 years or older on the day of race.
- No personal seconding will be permitted except at official refreshment stations
- Club colours must be worn to qualify for the team prize
- Licensed athletes should wear club colours and must display 2018 license number in the front and back of their vests.
- Unlicensed athletes must run with clothing without advertising and must purchase a temporary license that must be worn on the front of the vest.
- Entry cards must be carried for the entire duration of the race and added in at the results board at the finish. Participants without an entry card may be disqualified.
- Prize giving starts at 9h30
- No race numbers will be issued
- The use of music players with headphones is not allowed and may result in disqualification
- Tog bag facilities at own risk
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation
- Juniors (born in 1999 or later) wearing a senior or junior license must display category tags "J" to qualify for age groups prizes.
- Juniors will count towards open team prizes
- League walk, 10km walk will be held in accordance with the rules of WPA and ASA. This will form part of the WPA league walk series.
- the organisers and sponsors accept no responsibility for injury or accident resulting from participation in the race.
- 10km Social walkers welcome
- No Running Allowed – Walking Judges in the route

### Prizes (Men and woman)

	14-19	Open	40-49	50-59	60-69	70+	WALK
1 <sup>ST</sup>	R500	R800	R400	R300	R200	R200	R300
2 <sup>ND</sup>	R300	R500	R200	R150	R150	R150	R200
3 <sup>RD</sup>	R200	R300	R150	R100	R100	R100	R100
4 <sup>TH</sup>	R100						
5 <sup>TH</sup>	R50						

**Open Team prize R100 x4 for male and female.**

Social Media

