

Leo Benning Meeting No 2 - 17 Nov 2018

Masters Open Meeting

Northlink Tygerberg Stadium

Results - 3PM SESSION - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 27 W35 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
Finals				
1 # 5919 ROBERTS, MONIQUE	W36 EDGEMEAD AC		6:01.53	5:56.91 65.13%
2 # 946 DU PLESSIS, CHARL	W37 VARSITY OLD BOYS AC		6:34.94	6:29.89 59.62%

Event 28 M35 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 #15623 BLAAUW, RICARDO	M37 BOXER WP ATH CLUB		4:28.85	4:26.52 77.30%

Event 28 M40 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 #15670 VAN ROOYEN, CHRIS	M41 BOXER WP ATH CLUB		4:53.46	4:39.35 73.74%

Event 28 M45 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 6128 CLARK, ADAM	M47 BRACKENFELL ACC		4:45.89	4:20.88 78.96%
2 # 4373 BURNS, JOHN	M45 ATHLANTIC TRIATH		5:36.60	5:07.15 67.07%

Event 28 M50 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 3431 PHILANDER, TOBIAS	M54 ITHEKO AC		5:05.17	4:26.45 77.31%

Event 28 M55 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 #16054 MARTINESEN, SELWY	M55 DURBANVILLE AC		6:22.39	5:18.80 64.62%

Event 29 W20-29 400 Meter Dash 400m WOMAN

Name	Age Team	Seed	Finals	Age-Grading Points
1 #48876 DZIKIRA, FAITH	W29 INDIVIDUAL ENTRY		1:10.95	1:10.96 67.09%

Event 29 W30 400 Meter Dash 400m WOMAN

Name	Age Team	Seed	Finals	Age-Grading Points
1 #11006 VAN RENSBERG, MAR	W31 TYGERBERG AC		1:09.83	1:09.84 68.17%



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Name	Age Team	Seed	Finals	Age-Grading Points
1 # 9551 KOTZE, RETHA	W39 BELLVILLE AC		1:11.90	1:10.46 67.57%

Event 29 W55 400 Meter Dash 400m WOMAN

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 2223 RUPPERT, ANNETTE	W55 STRAND AC		1:19.08	1:04.59 73.70%

Event 30 M35 400 Meter Dash 400m MEN

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8680 LE GRANGE, JACOBUS	M38 CAPE MULTI-SPORT		59.82	57.76 74.77%

Event 30 M45 400 Meter Dash 400m MEN

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8323 BASSON, MARIUS	M46 ORANJERIVIER AK		56.63	51.28 84.21%
2 # 9172 VAN ZYL, OLOFF	M49 CAPE PEN UNIVERS		57.93	52.45 82.32%
3 # 1247 SOLOMONS, ANTHONY	M48 BOLMA		58.98	53.41 80.86%

Event 31 W30 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #11500 HATTINGH, OLIVE	W31 BELLVILLE AC		10.39m	10.39m 14.23%

Event 31 W40 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #14817 SENAYA, THEMBISIM	W40 SA POLICE SER AC		20.58m	23.61m 32.35%
2 # 9541 KRUGER, SANET	W42 BELLVILLE AC		14.80m	16.98m 23.26%

Event 31 W55 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #48868 SMITH, JACKIE	W56 BOLMA		19.25m	27.87m 38.19%
2 #11004 DRAMAT, FARIEDA	W59 TYGERBERG AC		19.06m	27.60m 37.81%

Event 31 W65 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 368 ERASMUS, ZELDA	W66 BOLMA		17.44m	31.69m 43.42%
2 # 1596 GRIESEL, RONEL	W66 BOLMA		16.21m	29.45m 40.35%
3 # 1894 DURANDT, MARITA	W66 SWD		14.63m	26.58m 36.42%



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Name	Age	Team	Seed	Finals	Age-Grading	Points
1 #10386 ISMAIL, TAWFEEQ	M32	MR PRICE TITANS		21.59m	21.59m	21.92%

Event 32 M35 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 3692 WIENER, SHUKRI	M36	PINELANDS AC		36.44m	36.89m	37.47%

Event 32 M40 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 #48869 ISMAIL, KEYAAM	M44	INDIVIDUAL ENTRY		24.14m	26.22m	26.63%

Event 32 M50 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 #14078 SMITH, JC	M51	BELLVILLE AC		42.64m	52.35m	53.16%

Event 32 M55 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 222 SMIT, JOHAN	M58	BOLMA		25.52m	34.14m	34.67%

Event 32 M65 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 3686 WALE, ANTON	M66	PINELANDS AC		30.50m	47.64m	48.37%
2 #11002 VENTER, PEET	M68	TYGERBERG AC		29.06m	45.39m	46.09%
3 # 420 ERASMUS, NICK	M68	BOLMA		20.74m	32.39m	32.89%

Event 32 M70 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 1781 HOUGH, NORMAN	M71	BOLMA		41.38m	69.52m	70.59%

Event 32 M75 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 3780 JOHNSTON, STEVE	M79	PINELANDS AC		18.47m	34.96m	35.51%

Event 32 M90 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 # 3728 STANNIUS, BORG	M90	PINELANDS AC		17.34m	50.52m	51.30%



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Event 33 W50 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 515 HORN-BOTHA, DEBOR	W53 VARSITY OLD BOYS AC		33:12.66	29:26.70 67.19%

Event 33 W55 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 655 GILMOUR, TRISH	W56 VARSITY OLD BOYS AC		33:28.90	28:17.73 69.92%
2 # 5583 SUTHERLAND, JOY	W58 WPA		35:40.80	30:09.20 65.61%

Event 33 W60 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 1558 WILLIAMS, GAIL	W60 SPARTAN HARRIERS AC		34:13.96	27:24.20 72.19%
2 # 1578 JAMES, PAMELA	W61 SPARTAN HARRIERS AC		34:22.49	27:31.03 71.89%
3 # 9556 BURGER, ERDINE	W61 BELLVILLE AC		34:33.51	27:39.85 71.51%

Event 33 W65 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8528 BLIGNAUT, FRIEDA	W68 SANLAM AC		33:42.44	25:22.50 77.96%
2 # PEARSON, BIRDIE	W69 SPARTAN HARRIERS AC		34:00.54	25:36.12 77.27%
3 # 1369 NEL, ELIZABETH	W69 SPARTAN HARRIERS AC		38:11.02	28:44.69 68.82%
4 # 9552 ROUX, ISABEL	W66 BELLVILLE AC		38:59.97	29:21.53 67.38%
5 # 1894 DURANDT, MARITA	W66 SWD		41:36.74	31:19.55 63.15%

Event 33 W70 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 #10639 JOSEPHS, WENDY	W70 WPA		35:09.40	24:40.80 80.16%
2 #10638 SCHIPPER, MARY	W72 RUNWALK FOR LIFE AC		38:10.09	26:47.65 73.83%
3 # 1480 BOTES, HELEN	W73 SPARTAN HARRIERS AC		41:44.36	29:18.07 67.52%

Event 33 W75 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 476 VEY, HILDEGARD	W77 VARSITY OLD BOYS AC		36:42.56	23:47.70 83.14%
2 # 1400 NORTON, MARGARET	W78 SPARTAN HARRIERS AC		43:37.45	28:16.64 69.96%
3 # 1514 BRENNAN, MEGAN	W75 SPARTAN HARRIERS AC		44:52.27	29:05.13 68.02%

Event 34 M50 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 9101 FISHER, EBRAHIMA	M51 ATLANTIC ATHLETI		29:23.89	25:45.00 69.75%
2 # 2194 HINES, DENNIS	M51 STRAND AC		31:13.99	27:21.43 65.65%
3 #15245 STRAUSS, PATRICK	M53 SA POLICE SER AC		34:22.09	30:06.19 59.66%



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Event 34 M55 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 5951 PAPIER, ADAM	M56 BRACKENFELL ACC		29:18.77	24:35.61 73.03%
2 # 1805 DONSON, HILTON	M55 SPARTAN HARRIERS AC		35:06.46	29:27.33 60.97%

Event 34 M60 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 #13579 WALTERS, SCHALK	M60 BELLVILLE AC		35:15.25	28:13.47 63.63%

Event 34 M65 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8574 VAN ZYL, JOHAN	M69 SANLAM AC		31:36.47	24:01.32 74.76%

Event 34 M70 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 1845 WONFOR, PATRICK	M73 SPARTAN HARRIERS AC		34:09.74	24:29.67 73.32%
2 # 6244 DIEDERICKS, LEN	M73 WPA		35:23.61	25:22.63 70.77%

Event 34 M75 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 4647 SPENCER, JURGEN	M78 BELLVILLE AC		32:58.00	22:08.83 81.09%
2 # 5675 DONALD, PETER	M75 WEST COAST AC		44:22.31	29:48.55 60.25%

Event 37 W40 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 2874 BRINK, ELIZABETH	W44 DURBANVILLE AC		22:19.25	21:49.12 66.05%

Event 38 M35 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8933 BROERS, NEIL	M36 CAPE MULTI-SPORT		17:09.71	17:09.72 73.52%

Event 38 M40 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 8980 VAN DER WALT, TJA	M40 CAPE MULTI-SPORT		17:47.71	17:10.45 73.46%
2 #15670 VAN ROOYEN, CHRIS	M41 BOXER WP ATH CLUB		17:57.15	17:19.56 72.82%
3 # 43 ISAACS, MARCUS	M43 DURBANVILLE AC		18:54.89	18:15.29 69.11%
4 # 3237 JURIES, CHUBASCO	M43 ITHEKO AC		19:08.47	18:28.39 68.30%



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Name	Age Team	Seed	Finals	Age-Grading Points
1 #15671 PEACOCK, MICHAEL	M45 BOXER WP ATH CLUB		21:31.97	20:01.80 62.99%

Event 38 M50 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 9912 KELLY, PERCY	M53 ITHEKO AC		20:03.00	17:57.05 70.29%

Event 39 W30 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #11500 HATTINGH, OLIVE	W31 BELLVILLE AC		6.09m	6.09m 25.81%

Event 39 W35 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 1298 MALLIN, EZETTE	W36 VARSITY OLD BOYS AC		7.35m	8.02m 34.01%

Event 39 W40 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 9541 KRUGER, SANET	W42 BELLVILLE AC		9.15m	10.84m 45.96%

Event 39 W55 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #48868 SMITH, JACKIE	W56 BOLMA		8.03m	10.37m 43.95%
2 #11004 DRAMAT, FARIEDA	W59 TYGERBERG AC		7.49m	9.67m 41.00%

Event 39 W65 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 368 ERASMUS, ZELDA	W66 BOLMA		10.54m	13.97m 59.21%
2 # 1596 GRIESEL, RONEL	W66 BOLMA		9.31m	12.34m 52.30%
3 # 1894 DURANDT, MARITA	W66 SWD		8.84m	11.72m 49.66%
4 #13023 DU TOIT, ALETTA	W67 BELLVILLE AC		7.92m	10.50m 44.49%

Event 39 W70 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 #14000 GROBBELAAR, ELIZE	W73 BELLVILLE AC		7.63m	11.19m 47.42%



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Name	Age Team	Seed	Finals	Age-Grading Points
1 # 3692 WIENER, SHUKRI	M36 PINELANDS AC		8.85m	9.02m 34.91%

Event 40 M55 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 222 SMIT, JOHAN	M58 BOLMA		10.19m	11.43m 44.23%

Event 40 M65 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 3686 WALE, ANTON	M66 PINELANDS AC		12.79m	14.26m 55.15%
2 # 420 ERASMUS, NICK	M68 BOLMA		11.57m	12.90m 49.89%
3 #11002 VENTER, PEET	M68 TYGERBERG AC		7.32m	8.16m 31.57%

Event 40 M70 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 1781 HOUGH, NORMAN	M71 BOLMA		16.26m	18.54m 71.72%

Event 40 M75 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 3780 JOHNSTON, STEVE	M79 PINELANDS AC		10.00m	12.28m 47.51%

Event 40 M90 Weight Throw

Name	Age Team	Seed	Finals	Age-Grading Points
1 # 3728 STANNIUS, BORG	M90 PINELANDS AC		9.90m	16.54m 63.99%



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