



Pos	Athlete	Club	Licence No.	Age	Time	Medal	Points	Entry Fee
<u>10km Race Walk Women</u>								
	Adam Papier	Brackenfell	5951	55	00:59:29	Gold	10	
	Corne Jorgte	Bellville	15394	19	00:59:43	Silver	9	
	Ebrahima Fisher	ARD	9101	51	01:00:49	Bronze	8	
	Dennis Hines	Strand	2194	51	01:01:52		7	
	Raymond Furur	K-Way VOB	1150	60	01:03:08		6	
	Johan Van Zyl	Sanlam	8574	69	01:04:35		5	
	Jurgen Spencer	Bellville	5990	77	01:05:47		4	
	AV Jaasdours	RWFL	10748	44	01:06:55		3	
	Michael O'Rourke		TL39833	52	01:08:06		2	
	Patrick Wonfor	Spartan Harriers	1845	72	01:08:29		1	
	Hilton Dowson	Spartan Harriers	1805	55	01:09:47			
	Andre Nel		TL39837	57	01:19:53			
	Dave Kirby	Spartan Harriers	1935	82	01:20:15			
	Patrick Adamson		TL39838	63	01:24:42			
<u>10km Race Walk Women</u>								
	Fundiswa Sandi	Ravensmead	T39836	37	01:02:21	Gold	10	
	Carlyn Adams	K-Way VOB	514	56	01:05:19	Silver	9	
	Deborah Horn-Botha	K-Way VOB	515	52	01:06:35	Bronze	8	
	Petro Van Jaarsveld	RWFL	10749	44	01:06:45		7	
	Frieda Blignaut	Sanlam	8528	68	01:06:53		6	
	Birdie Pearson	Spartan Harriers	1380	69	01:07:00		5	
	Gail Williams	Spartan Harriers	1558	60	01:07:51		4	
	Trish Gilmour	K-Way VOB	655	55	01:09:01		3	
	Pam James	Spartan Harriers	1578	61	01:09:22		2	
	Joy Sutherland	West Coast	5583	58	01:09:50		1	
	Hildegard Vey	K-Way VOB	476	77	01:11:11			
	Wendy Josephs	RWFL	10639	69	01:11:46			
	CJ Dunn	Spartan Harriers	1367	51	01:13:38			
	Anne Race	Spartan Harriers	1422	50	01:15:14			
	Judy Collins	K-Way VOB	665	64	01:15:42			
	Mary Schipper	RWFL	10638	72	01:18:42			
	Isabel Roux	Bellville	9552	65	01:19:42			
	Jane Fuller	K-Way VOB	1149	59	01:20:04			
	Megan Brennan	Spartan Harriers	1514	75	01:22:18			
	Charlotte Kettlewell	K-Way VOB	51	70	01:22:18			
	Peggy Reid	Spartan Harriers	81	81	01:23:51			
	M Norton	Spartan Harriers	1400	78	01:23:55			
<u>10k Race Walk Youth Men</u>								
	Wentsley Mekuur	Velocity	20688	18	00:55:56	Gold	10	
	Tiaano Walters	Hoerskool Swartland	TL39835		00:57:41	Silver	9	
	Nashville Majiet	Melkbos	20777		00:59:28	Bronze	8	
	Ethan Gertze		20689		01:02:44		7	
<u>5km Race Walk Youth Women</u>								
	Cara Bester	Hoerskool Swartland	2063	17	00:30:56	Gold		
	Alvida Gertse	Velocity	20692	14	00:33:06	Silver		
	Migshaan Andrews	Velocity	20693	14	00:34:33	Bronze		
<u>5km Race Walk Youth Men</u>								
	Jaylin Daniels	Velocity	20699		00:31:56	Gold		
	Ronaldo Van Wyk							
<u>5km Race Walk Novice 16 and Older</u>								
	Mia Zgerski	West Coast	20470	15				
	Cara Bester	Paarl	2063	17				
	Simamkele Meyewa		TL39841	16				
	Dumisa Mzukwa			31				
	Theresa Zgerski	West Coast	5509	45				
	Nonzukiso Mgquba		TL39839	30				
	Sindi Mafuka			41				
	Greg da Mata		TL39834	52				
<u>3km Race Walk Girls</u>								
	Ava Zgerski	West Coast	20471	13	00:17:59	Gold		
	Chloe Lottering	Hoerskool Swartland		13	00:18:53	Silver		
	Amber Mekuur	Velocity		13	00:19:33	Bronze		

WPA RACE WALKING INTERCLUB TROPHY

Walkers	Club	Points
8	K-Way VOB	26
3	Bellville	13
11	Spartan Harriers	12
2	Sanlam	11
1	Brackenfell	10
1	Ravensmead	10
4	RWFL	10
6	Velocity	10
3	Hoerskool Swartland	9
1	ARD	8
1	Melkbos	8
1	Strand	7
1	Paarl	0
4	West Coast	1

