

WESTERN PROVINCE ATHLETICS

ROAD RUNNING SELECTION CRITERIA 2019

Introduction:

This is a Western Province Athletics policy document that details the conditions under which an athlete can qualify for selection in WPA Teams to compete in the following distances at ASA Road Running Championships:

- 10km
- 21.1km
- 42.2km

This policy document will provide selection criteria conditions that an athlete must meet before they can be considered for selection in WPA teams for the above Championship events.

Selection Philosophy:

WPA is committed to providing its athletes with the opportunity to compete at Athletics South Africa Championships. WPA recognizes the importance of selecting those athletes who will be able to contribute best to the continued success of athletics in the Province whilst acknowledging the support that its athletes give to the association and the sport as a whole. WPA sees the SA Road Running Championships as both an important event in the development of young distance runners as well as an elite event in the Open age groups providing athletes a pathway to international selection.

WPA acknowledges that the ASA championships are often combined with the SA Masters championships and will therefore support selection of masters in as many age groups as possible.

For the avoidance of doubt this philosophy statement is not to be regarded as part of the selection criteria. It is included in this document as a guide to those aspiring to the Team and also as reference in understanding selection decisions.

WPA Road Running Selection Objective:

WPA's selection philosophy is to select athletes in WPA teams whose current results indicate that the athlete is capable of being competitive at the national level and will be a worthy representative of WP athletics.

Given WPA's commitment to developing sustainable talent it is the express intention to weight the team in favor of the Senior and Junior Athletes. Only the top performing Veteran, Master & Grand Master athletes (Age Groups 40 – 70+) who regularly achieve podium positions at local WPA Road Running Events will thereafter be eligible for selection.

WPA Qualifying Time Schedule:

CATEGORIES	10km	21.1km	42.2km
MEN			
Juniors	31:15	-	-
20-34	29:30	63:15	2:18:30
35-39	31:45	66:30	2:23:00
40-44	33:00	70:15	2:32:00
45-49	34:45	74:00	2:40:00
50-54	35:45	76:15	2:48:00
55-59	38:00	81:00	2:58:00
60-64	39:30	86:00	3:16:00
65-69	43:00	89:30	3:29:00
70+	47:30	1:38:00	3:41:00
WOMEN			
Juniors	37:45	-	-
20-34	35:15	77:00	2:50:00
35-39	37:30	82:00	2:58:00
40-44	39:30	86:00	3:04:00
45-49	42:15	90:00	3:16:00
50-54	43:30	94:00	3:28:00
55-59	46:00	1:41:00	3:48:00
60-64	48:30	1:46:00	4:08:00
65-69	52:30	1:50:00	4:28:00
70+	57:30	2:12:00	5:04:00

Eligibility:

To be eligible for selection in a WPA Team for the SA Road Running Championships athletes must:

- a) Qualify with time/s achieved as per the schedule above.
- b) Performances must be achieved as follows:
 - 10 & 21.1km Team Selection: during the 6 months prior to the relevant Championship.
 - 42.2km Team Selection: during the 6-8 months prior to the relevant Championship or good form is shown in a 30km event in the 6 months leading up to the Championship.
- c) Be a current licensed member of WPA in accordance with Rule 5 of the WPA Domestic Rules. Note – Unregistered athletes, or licensed athletes not registered with a club may be nominated for in the team but must register as a club member before their selection is confirmed.

Selection Criteria & Process:

As per clause 16.2.5.3 (WPA Constitution) the Commissions reserve the right to propose WPA Athletes to any teams selected, subject to approval of the Board. The Board has sole discretion to decide which of the athletes is to be selected. No individual communication will be entered into.

1. In selecting athletes to the SA Road Running Championships, priority will be given to the selection of athletes with the potential to win medals for Western Province Athletics & based on positions achieved at previous SA Road Running Championships.
2. The size of the WPA Road Running Team is subject to the availability of funds.
3. The number of athletes selected per age group will also take into account the team competitions on offer.
4. Athletes who do not achieve the Qualifying Standards may be selected onto the Final Team at the discretion of the WPA Board. In doing this, the Board will take the following factors into consideration, in the specified priority order:

4.1 Potential for medal or potential to finish in the top 10

4.2 Development of athletes

5. A WPA Team will be presented to the WPA Board 3 months before hand. Selected athletes will have to confirm their availability telephonically and by completing the Athlete Acceptance Declaration Form by the date specified (10 weeks before the event).
6. The Team of confirmed, capable & available athletes will be announced 6-8 weeks before the respective championships. The following restriction on races will then apply to selected team members:

Athletes selected for a WPA Team will not be allowed to compete in certain races during the following time periods:

- 10km team – No race longer than 10km in the 7 days preceding the ASA 10km Championships
- 21.1km team – No race longer than 15km in the 14 days preceding the ASA 21.1km Championships
- 42.2km team – No race longer than 21.1km in the 21 days, or longer than 10km in the 14 days preceding the ASA 42.2km Championships

7. Any athlete transgressing the aforementioned arrangement in paragraph 7 will automatically be removed from the team and will also be prohibited from entering as an individual athlete at the respective ASA Championships (as per ASA rule and decision taken in Durban on 8 Feb 2009 –

“athlete selected for a Provincial Team and withdrawn from the team will not be allowed to participate as an individual athlete and will automatically be disqualified”).

8. Any athlete withdrawing once he/she has accepted final selection and the team has been promulgated shall not be allowed to compete in any formal athletic event within 8 days on either side of the date of the Championship and on the day of the Championship.

Overriding Discretion of the WPA Board:

Notwithstanding anything set out in this Policy Document, the WPA Board has an overriding discretion to name any athlete to the Team if they believe it is in the best interests of WPA to do so.

Notes:

1. An athlete who is sick or injured during the selection period/process and wishes to be considered for selection must provide a medical certificate to the Convener of the Road Running Selection Panel certifying their inability to compete during the particular period. The athlete must also provide evidence of recent performances that the selectors may take into consideration when considering eligibility for selection. This must be provided no later than two days **after** the announcement of the relevant WPA Team.
2. An athlete who cannot compete on the day of the SA Championships, due to injury, illness or any other reason, must provide a medical certificate and/or written explanation to the Convener of the Road Running Selection Panel certifying their inability to compete at the SA Championships no later than 7 days **before** the event. The Road Running Selection Panel will rule whether the nominated reason provided by the athlete is considered serious enough for the athlete not to accompany the WPA Team to the SA Championships. Should an athlete become injured or ill within 7 days of the event they must immediately inform the Convener and the team manager.

Where an athlete who has qualified (refer to selection process above) is not available, the next placed athlete (based on time) will be selected to fill the position. Notwithstanding the Appeal process, the decision of the WPA Board is final and no correspondence will be entered into.

Appeal:

An athlete not in the team announced, has the right to appeal in writing for reconsideration for selection of the decision. The appeal must be made to the WPA office at office@wpathletics.co.za within 48 hours after the announcement of the team. The appeal should include all information the athlete, or his or her Coach, considers relevant to the selection panel to make an informed's reconsideration of its decision.

Athlete Declaration Acceptance Form:

After announcement of the team (and any subsequent changes) all selected athletes are to complete the attached Athlete Declaration Acceptance Form within a given time period.

Costs:

Unless specifically notified at the time of selection, WPA will cover all costs for selected athletes.

Conclusion:

Western Province Athletics (WPA) reserves the right to amend this Selection Criteria in circumstances where the rules governing the event are amended by the event organisers (ASA) or further information comes to hand, to give effect to the policy following discovery of a drafting error or oversight or for any other reason determined to be in the best interests of WPA. Any such amendments or further information will be communicated as soon as it becomes available. WPA shall not be responsible or liable in any way to any one as a result of any such amendment.



ACCEPTANCE FORM: WP TEAM FOR THE SA CHAMPIONSHIPS

Please return to the WPA Office:

Email: office@wpathletics.co.za / Fax: 021 418 3232 / Hand deliver: Green Point Stadium, Vlei Road, Green Point

EVENT:

DATE:

VENUE:

Personal Info:

Name:	
Surname:	
Date of Birth:	
ID number:	
Gender:	
Residential Address:	
Cell Number:	
Email address:	
Name of Club:	
ASA License Number:	
Previously represented WPA:	
Period / Year:	
Name of Coach:	
Coach Cell Number:	
Coach Email:	

I hereby accept selection to the WP team, for the above event, and have read and understood the conditions below.

Conditions of Acceptance:

1. Should an athlete who has been selected to represent Western Province withdraw from the team, the athlete must advise the team manager immediately.
2. I am aware of and understand Rule 27.1 of the WPA Domestic Rules in that: *“Any athlete selected to represent WPA for a specific competition, who accepts such nomination and then subsequently withdraws, shall not be permitted to compete in any other athletic event within 8 days on either side of the date of the competition and on the day of the competition.” Any athlete breaking the rule will face disciplinary action.*
3. I hereby agree to travel, by either road or air, to the championship on the dates provided to me by WPA.

4. All Athletes selected for Provincial Teams will be required to attend Provincial Team Briefing session(s)/dates to be released in due course.
5. Selected athletes may NOT compete in any other event prior to the championship race on the same weekend as the championships. As the champs are often on a Saturday therefore athletes may run on the Sunday after the event.
6. Due to problems experienced in the past No drinking of alcohol, in any form, will be tolerated.
7. Team members undertake to be ambassadors of Western Province Athletics, to compete to the best of their ability, and in the spirit of good sportsmanship.
8. Should the issued WPA Kit be misplaced, lost or damaged an athlete will carry the cost of the replacement.
9. WPA Kit(track suits) must be worn whilst travelling and to and from the championship event and after completing the event. WPA Kit may not be worn at any other time.

MEDICAL DETAILS	
Medical Aid	
Member Name	
Membership Number	
Allergies(if any)	
Details of any Medication currently being taken, or Therapeutic Use Exemption TUE granted for any existing condition:	

NEXT OF KIN DETAILS	
Name & Surname	
Relationship	
Tel	
Cell	

Signed (athlete)	
Date	

Signed (parent/guardian of minor)	
Date	