

.WP STANDARDS TRANSPOSED FOR PUBLICATION (WOMEN) * STANDARDS (Standards are set to ELECTRONIC)

EVENT	30.00	35.00	40.00	45.00	50.00	55.00	60.00	65.00	70.00	75.00
100 M W	13.64	13.84	14.74	15.74	17.14	17.64	18.14	18.74	20.24	21.24
200 M W	28.14	28.74	30.24	32.74	34.74	36.24	38.24	40.24	42.24	44.24
400 M W	1:02.94	1:07.94	1:12.14	1:16.14	1:20.14	1:24.14	1:30.14	1:38.14	1:50.14	
800 M W	2:39.00	2:44.00	2:50.00	3:00.00	3:10.00	3:20.00	3:30.00	3:50.00		
1500 M W	5:16.00	5:30.00	5:50.00	6:15.00	6:30.00	6:45.00	7:10.00	7:50.00		
5000 M W	19:44.00	21:30.00	22:00.00	22:30.00	24:30.00	26:00.00	27:30.00	29:30.00		
10000 M W	41:25.00	44:00.00	46:00.00	47:30.00	50:00.00	53:00.00	57:00.00	60:00.00		
100/80 M W	17.34	19.24	14.74	16.24	18.24	18.74	19.24	19.94		
400/300 M W	1:08.94	1:15.14	1:18.14	1:21.14	1:08.24	1:10.24	1:13.24	1:18.24		
2000 M ST W		8:21.00	8:42.00	9:32.00	10:40.00	10:55.00	12:40.00	13:02.00	13:18.00	13:32.00
High Jump W	1.33	1.32	1.25	1.20	1.12	1.08	1.02	0.98		
Long Jump W	4.43	4.30	4.20	3.70	3.35	3.00	2.50	2.30		
Triple Jum W	9.65	9.00	8.50	7.60	7.00	6.50	6.00			
POLE VAUI W										
Shot Put W	8.03	8.75	8.60	8.10	7.40	7.00	6.45	6.00	5.60	5.00
Discus W	29.82	29.50	25.50	24.00	22.00	18.00	16.00	15.00	14.00	13.00
Javelin W	28.34	24.30	24.00	20.00	22.00	20.00	19.00	18.00	16.00	15.00
Hammer T W	25.00	24.00	23.00	21.00	19.00	18.50	18.00	17.00	14.00	13.00
Weight Th W		7.50	6.90	6.30	6.60	6.30	6.90	6.30	5.40	
Heptathlor W										
Weights Pt W										
3000 M W W										
5000 M W W	31:47.00	32:39.00	33:35.00	34:36.00	35:53.00	38:15.00	40:58.00	45:27.00	48:00.00	51:02.00
10 Km Wal W	1:04:45.00	1:06:18.00	1:08:07.00	1:10:18.00	1:16:36.00	1:19:45.00	1:25:31.00	1:32:14.00	1:40:14.00	1:46:33.00
20 Km Wal W	2:02:00.00	2:05:00.00	2:08:00.00	2:13:00.00	2:18:00.00	2:24:00.00	2:32:00.00	2:40:00.00	2:50:00.00	3:00:00.00