

CURRICULUM VITAE: Bernadene Mcloud

PERSONAL DETAILS

DATE OF BIRTH: CLUB: NATIONALITY:

FIRST NAME / SURNAME: Bernadene Mcloud 2 March 1995 Nedbank Running Club South African

PERSONAL BEST TIMES

Distance <u>Time</u> 10km 37:26 21km 1:23:45 3:03:35 Marathon

Best Performances 2024 RAC Tough One 32km, 2:23:52, 1st

Best Performances 2023

Waterfall City Half Marathon, 1:24:33, 3rd Wingate The Mooo'se Race, 38:56, 1st Spar Women's Challenge Tshwane 10km, 38:40 Cape Town Marathon, 3:05:01 RAC Tough One 32km, 2:23:57, 1st



