



## CURRICULUM VITAE: CHRIZELL ROBERTS

### PERSONAL DETAILS

**FIRST NAME / SURNAME:** Chrizell Roberts  
**DATE OF BIRTH:** 20 May 1987  
**CLUB:** Nedbank Running Club CGA  
**NATIONALITY:** South African  
**EMAIL:** [christina.e.roberts@gmail.com](mailto:christina.e.roberts@gmail.com)  
**INSTAGRAM:** @chrizellroberts  
**TWITTER:** @chrizell\_e

### PERSONAL BEST TIMES 2019

<u>Distance</u>	<u>Time</u>
10 km Road	37:34
15 km Road	56:29
Half Marathon	1:25:34
Marathon	2:56:08
Comrades	8:55:24

### Best Performances 2019

Jeppe Half Marathon	4 <sup>th</sup>
Glencore 15km	1 <sup>st</sup>
Goldi Marathon	2 <sup>nd</sup>
Township Marathon	2 <sup>nd</sup>
Potato Pride Half Marathon	1 <sup>st</sup>
Robor Ultra Marathon 50km	2 <sup>nd</sup>
Clearwater Mall 10km	3 <sup>rd</sup>
Maximed Night Race 10km	1 <sup>st</sup>
Fat Cats 10 km	3 <sup>rd</sup>
Sasol Night Race 10km	1 <sup>st</sup>
Skosana Road Race 10km	2 <sup>nd</sup>

<u>Distance</u>	<u>Time</u>
10 km Road	39:35
Half Marathon	1:31:24
32 km Road	2:30:07
Marathon	3:19:50
48 km Road	3:50:28

### Best Performances 2018

Clearwater Mall 10 km	1 <sup>st</sup>
Fred Morrison 10 km	2 <sup>nd</sup>
Goldi Half Marathon	2 <sup>nd</sup>
Pirates 10 km	2 <sup>nd</sup>
Modern Athlete Irene 48 km	3 <sup>rd</sup>
Sasol Night Race 10 km	1 <sup>st</sup>



Nedbank Running Club - Administrative Head Office  
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[www.nedbankrunningclub.co.za](http://www.nedbankrunningclub.co.za)



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