

**PRE-ENTRIES
ONLY**

**ENTRIES CLOSE
16 FEB**

1 MARCH 2025

DARE TO BE GREAT



42.2KM

R420 Entry Fee

05:30

**Laerskool Oosterlijn
(eMgwenya/Waterval Boven)**



21.1KM

R270 Entry Fee

06:00

Malaga Hotel



10KM

R130 Entry Fee

06:00

**Sappi Skills Training
Centre**

60+ Pay only only 50% of Above Entry Fees
International Entries to Add R60 to Above Entry Fees
Bus Ticket to the Start is included in Race Fees
Temporary Licences R60 | Race Shirts R200 | Substitutions R50
T-Shirt Orders Close : 16 February 2025
Substitutions allowed throughout the entry process
All races finish at Ngodwana, Mpumalanga

EARN VITALITY POINTS

SCAN QR CODE
FOR ALL THE INFO



TRACN4 2025
ELANDS MARATHON



QUALIFIER



RULES

Rules

1) The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU. 2) REFEREES' DECISION IS FINAL. 3) Obey all Traffic Officials and Race Marshals. 4) Ages: Athletes for the 10km must be 14 years or older on the day of the race. Athletes for the 21.1 km must be 16 years or older on race day. Athletes for the 42.2 km must be 20 years or older on race day.

House Rules

1) Proof of age (ID) to be produced upon request on day of race. 2) All athletes will participate at their own risk and by entering the event they acknowledge that they are medically fit to participate. Registered athletes must wear full club colours. 3) 2024 license numbers on the front and back of the vest. 4) Temporary license must be fixed on the back of the vest. 5) Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt. 6) Race number must be worn on the front of the vest. 7) Next of kin name and contact number must appear on the entry form and race number. 8) ASA license numbers must not be covered with any paper race numbers/race bib. 9) Walkers competing for Walkers prize must have the "W" fixed on the left front and back of the vest, all 4 corners must be fixed. 10) There will be a prize giving. Prize money will be transferred electronically. 11) No littering, please make use of waste boxes at the start/finish - RUN CLEAN 12) All participants must take note that photographs might be taken at the event and placed on social media. 13) The use of earphones during the race is not allowed and may lead to disqualification.

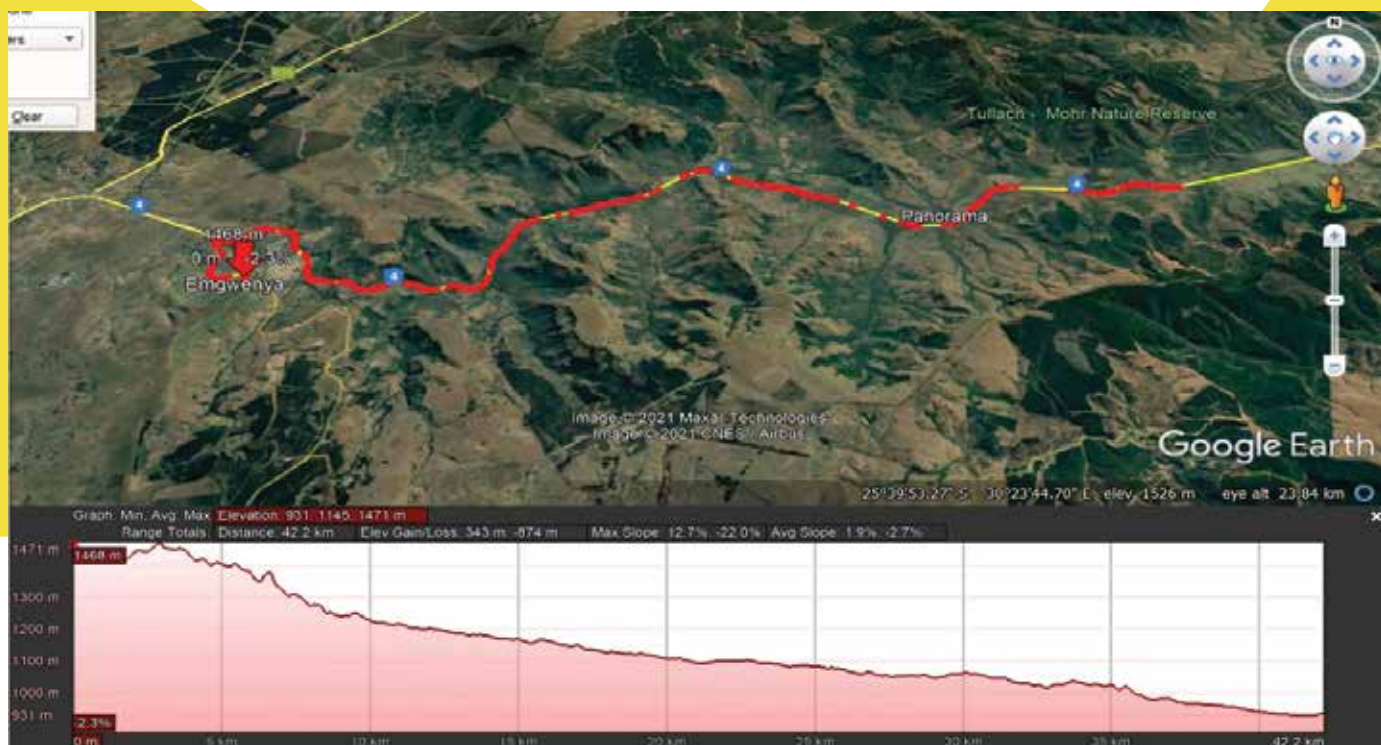
ROAD CLOSURE AT 03H15 | NO SECONDING ALLOWED!

PRIZE MONEY

Male and Female		42km	21km	10km
Open	1st Place	R16 000,00	R8 000,00	R5 000,00
	2nd Place	R8 000,00	R4 000,00	R2 500,00
	3rd Place	R4 000,00	R2 000,00	R1 250,00
	4th Place	R3 000,00		
	5th Place	R2 000,00		
40+	1st Place	R2 000,00	R1 500,00	R1 000,00
	2nd Place	R1 000,00	R750,00	R500,00
50+	1st Place	R2 000,00	R1 500,00	R1 000,00
	2nd Place	R1 000,00	R750,00	R500,00
60+	1st Place	R2 000,00	R1 500,00	R1 000,00
	2nd Place	R1 000,00	R750,00	R500,00
Junior	1st Place		R2 000,00	R1 000,00
	2nd Place		R1 000,00	R500,00
Walker	1st Place		R1 500,00	R1 000,00
	2nd Place		R750,00	R500,00

Note : Electronic transfer of prize money only | Bring along bank details

RACE PROFILE



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