



## CURRICULUM VITAE: GERDA STEYN

### PERSONAL INFORMATION

**FIRST NAMES / SURNAME:** Gerda Steyn  
**COUNTRY:** R.S. A  
**DATE OF BIRTH:** 1990/03/03  
**CLUB:** Nedbank Running Club  
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### PERSONAL BEST PERFORMANCES

<u>Distance</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
10km	32:24	Dubai	2020
Half Marathon	1:10:55	UAE	2020
Marathon	2:26:51	London	2020
Two Oceans 56km	3:31:28	Cape Town	2019
Comrades	5:58:53	Durban	2019

### Best Performances 2020

Dubai 10km 32:24, 1<sup>st</sup>  
Ras Al Khaimah Half Marathon, 1:10:55, 13<sup>th</sup>  
London Marathon 2:26:51, 7<sup>th</sup>

### Best Performances 2019

TCS New York City Marathon, New York, NY 2:27:48, 11<sup>th</sup>  
RAK Half Marathon, Ras Al Khaimah (UAE) 1:12:35, 9<sup>th</sup>  
Two Oceans 56km 3:31:28, 1<sup>st</sup>  
Comrades Marathon 5:58:53, 1<sup>st</sup> (New Record)  
SA Half Marathon 1:11:54, 4<sup>th</sup>  
Asda Foundation Middlesbrough 10km, 33:05, 1<sup>st</sup>  
FNB Joburg 10K Cityrun, Johannesburg 34:31, 3<sup>rd</sup>

### Best Performances 2018

Two Oceans 56km 3:39:32, 1<sup>st</sup>  
Comrades Marathon 6:15:34, 2<sup>nd</sup>  
New York Marathon 2:31:04, 13<sup>th</sup>  
FNB 10km Durban, 33:36, 5<sup>th</sup>



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