



CURRICULUM VITAE: GERDA STEYN

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Gerda Steyn
COUNTRY: R.S. A
DATE OF BIRTH: 1990/03/03
CLUB: Nedbank Running Club
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PERSONAL BEST PERFORMANCES

<u>Distance</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
10km	32:24	Dubai	2020
Half Marathon	1:10:55	UAE	2020
Marathon	2:25:28	Italy	2021
Two Oceans 56km	3:31:28	Cape Town	2019
Comrades	5:58:53	Durban	2019

Best Performances 2021

Racenight, DSC Athletics Track 3000m, Dubai 9:22.19, 1st
Xiamen Marathon & Tuscany Camp Global Elite Race
2:25:28, 9th

Best Performances 2020

Dubai 10km 32:24, 1st
Ras Al Khaimah Half Marathon, 1:10:55, 13th
London Marathon 2:26:51, 7th

Best Performances 2019

TCS New York City Marathon, New York, NY 2:27:48, 11th
RAK Half Marathon, Ras Al Khaimah (UAE) 1:12:35, 9th
Two Oceans 56km 3:31:28, 1st
Comrades Marathon 5:58:53, 1st (New Record)
SA Half Marathon 1:11:54, 4th
Asda Foundation Middlesbrough 10km, 33:05, 1st
FNB Joburg 10K Cityrun, Johannesburg 34:31, 3rd



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Best Performances 2018

Two Oceans 56km 3:39:32, 1st
Comrades Marathon 6:15:34, 2nd
New York Marathon 2:31:04, 13th
FNB 10km Durban, 33:36, 5th



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