

Gongqa, Damantsevich star in Two Oceans

lay face under a the Uni- a's rugby morning's hine. cept for es of sobs ht, spent

56km of Ultra something besides the te the ar's Rio ke of a is coach,

esterday, the first the race om being ley com-

th is that itizen of podium. ant," his said, "It ayeilitsha ple."

victorious with Les- opo over 6km. ght few shoulder a hand's o's, and t the oth- eney.

age and I Gongqa, id. e behind e. Then I run away r at least seconds



VICTORY'S HERE: South African Luvuyo Lungile (left) and Belarusian Marvna Damantsevich crossed the line first in yesterday's Two Oceans Ultra Marathon in Cape Town. Pictures: ESA ALEXANDER