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|  | **Murray & Roberts Running Club**22 Skeen Boulevard, Bedfordview, 2007, South Africa Cell: +2776 578 4466 E-mail:dana.coetzee@murrob.com  |  Web: [www.murrob.com](http://www.murrob.com)  |

**ENGINEERED EXCELLENCE**

**Profile of Janie Grundling**

**Date of Birth:** 28/12/1979



* 2017 Two Oceans 56km: 7th Position – 4:03:51
* 2018 Two Oceans 56km: 13th Position – 4:03:24
* 2019 Two Oceans 56km: 16th Position – 4:04:21
* 2019 Comrades Marathon: 21st Position – 7:17:49
* 2019 RAC 32km Tough One: 4th Position
* 2020 Johnson Crane Marathon: 3rd Position
* 2020 Cape Peninsula Marathon: 4th Position – 2:50:53
* 2020 Sanlam Cape Town Invitational Marathon: 4th Position (Cape Town)
* Represented South Africa at the Southern Regions 21km – Namibia
* Win several road races Nationwide