



CURRICULUM VITAE: Johannes Makgetla

PERSONAL DETAILS

FIRST NAME / SURNAME: Johannes Makgetla
DATE OF BIRTH: 11 May 1982
CLUB: Nedbank Running Club
NATIONALITY: South African
EMAIL: Dave.adams.sa@gmail.com

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
Half Marathon	1:13	Johannesburg	2021
Marathon	2:21:14	Cape Town	2021
50km	2:50:56	Port Elizabeth (RSA)	2023
Comrades	5:23:34	Pietermaritzburg	2023

Best Performances 2025

Pretoria Marathon, 2:35:26, 6th

Best Performances 2024

Balwin Sport Pretoria Marathon, 2:29:02
 Comrades Marathon - Up Run (RSA), 5:41:19, 12th

Best Performances 2023

Comrades Marathon - Down Run (RSA) 87km, 5:23:34, 6th
 50Km Nedbank Ultra Marathon Runified 50km, 2:50:56, 15th

Best Performances 2022

Comrades Marathon 5:41:36, 5th

Best Performances 2021

Sanlam Cape Town Marathon, 2:21:14

Best Performances 2020

Intercare Classic 21km, 1:16:26
 Deloitte Marathon 42km, 2:39

Best Performances 2019

Sanlam Cape Town Marathon, 2:36
 Loskop 50km, 2:58
 Comrades Marathon, 6:25

