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ATHLETICS CLUB



Jonas Makhele

PERSONAL INFORMATION

FULL NAMES: Jonas Matile Makhele

COUNTRY: South Africa

DATE OF BIRTH: 1981-10-12

CLUB: Waterfall City Athletics Club

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CHAMPIONCHIP: 3EWPCY

PERSONAL BEST PERFORMANCES

10KM ROAD 0:30:08HR DIEPKLOOF (CGA) 2016

HALF MARATHON 1:06:01HR PORT ELIZABETH 2017

MARATHON 2:22:48HR PORT ELIZABETH 2016

TWO OCEANS 56KM 3:30:56HR CAPE TOWN (RSA) 2014

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Best Performances 2012

World Aids Day 21km,
1:10:37hr, Pos 8

Diepkloof (CGA) 21km,
1:13:09hr, Pos 3

Oliver Adelaide Tambo
Liberation 21km, 1:13:28hr,
Pos 33

Springbok Paharmacy Jackie
Gibson (CGA), 21km, 1:13:01hr,
Pos 17



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Best Performances 2013

Mall at Carnival City (CGA), 15km, 00:48:47hr, Pos 4

Colgate (CGA), 15km, 00:54:07hr, Pos 8

Diepkloof (CGA), 21km, 1:13:39hr, Pos 4

Kwai Challenge (CGA), 21km, 1:14:37hr, Pos 22

Birchwood (CGA), 21km, 1:15:01hr, Pos 10

Alan Ferguson (CGA), 21km, 1:10:27hr, Pos 6

Township (CGA), 42km, 2:36:19hr, Pos 10



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Best Performances 2014

Diepkloof (CGA) 21km, 1:11:23hr, Pos 6

Jozi South (CGA) 21km, 1:10:00hr, Pos 5

Old Mutual Two Oceans (WP) 56km, 3:30:36hr, Pos 37

Birchwood (CGA) 21km, 01:11:13, Pos 7

Mandela Marathon (KZN), 2:32:42hr, Pos 9

Soweto Marathon 21km (GP), 1:11:11hr Pos 9



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Best Performances 2015

Dischem 5km Dash (CGA), 5km, 00:16:02hr, Pos 6

Kudus 15km (CGA), 0:52:38hr, Pos 1

Diepkloof (CGA), 21km, 1:12:48hr, Pos 6

Rainbow Komatsu (CGA), 21km, 1:13:49hr, Pos 5

Sasfin Gerald Fox (CGA), 21km, 1:12:38hr, Pos 3

Alan Ferguson (CGA), 21km, 1:12:51hr, Pos 5

Modern Athlete Bobbies (CGA), 1:08:56hr, Pos 1

P'N Pay Marathon (CGA), 42km, 2:24:21, Pos 1

Rockets Wally Hayward (AGN), 42km, 2:37:28, Pos 7

Gift of the Givers Township Marathon, 42km, 2:30:22hr, Pos 2

Durban City Marathon (KZN), 42km, 2:28:16hr, Pos 7

JG Zuma Marathon, 42km (KZN), 2:28:07hr, Pos 10

Johnson Crane Hire Marathon (CGA), 42km, 2:28:31hr, Pos 5



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Best Performances 2016

KPMG Randburg Harriers (CGA) 10km, 0:32:02hr, Pos 3

Diepkloof 10km (CGA) 0:30:08, Pos 1

Clearwater (CGA) 10km 0:32:20hr, Pos 5

Kudus (CGA) 15km, 0:51:04hr, Pos 5

Port Elizabeth Half Marathon (EP), 21km, 1:07:47hr, Pos 9

Rainbow Half Marathon (CGA) 1:09:20hr, Pos 4

Sasfin Gerald Fox Half Marathon (CGA) 1:10:19hr, Pos 2

Port Elizabeth Marathon (PE), 42km, 2:22:48hr, Pos 1

Heroes Marathon (EP), 42km, 2: 24:47hr, Pos 1

Township Marathon (CGA), 42km, 2:33:26hr, Pos 11

Hary Gwala Marathon (KZN, 42km, 2:36:38hr, Pos 8

Mandela Marathon (KZN), 42km, 2:30:57hr, Pos 4

Soweto Marathon (GP) 42km 2:28:21hr. Pos 10



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Best Performances 2017

Northgate 10km (CGA) 0:31:37hr, Pos 2

Township 10km (CGA) 0:31:57hr, Pos 4

Port Elizabeth (EP) 10km, 0:30:36hr, Pos 7

JM Busha (CGA) 21km, 1:10:20hr, Pos 3

Allan Ferguson Half Marathon (CGA) 1:11:59hr, Pos 1

A4a Long Run To Freedom (AGN)

Half Marathon 1:07:58hr, Pos 2

Port Elizabeth (EP) Half Marathon 21km, 1:06:01hr, Pos 31

MiWay Wally Hayward Marathon (AGN) 2:28:46hr, Pos 5

Port Elizabeth (EP) Marathon 42km, 2:27:46hr, Pos 4

Pick n Pay Marathon (CGA) 42km, 2:30:40hr, Pos 3

Centurion Marathon (AGN) 42km, 2:28:46hr, Pos 5



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Best Performances 2018

Clearwater (CGA) 10km 32:52hr, Pos 6

Northgate (CGA) 10km 33:02hr, Pos 7

Alan Ferguson (CGA) 21km 1:12:51hr, Pos 4

Township (CGA) 21km 1:16:21hr, Pos 7

Alan Ferguson (CGA), 21km, 1:12:51hr, Pos 4

Diacore Gaborone Marathon,(Botswana) 42km,
2:26:24, Position 37

Pick n Pay Marathon (CGA), 42km, 2:30:49hr, Pos 2



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Best Performances 2020

Jeppe Half Marathon 1:11:27hr, Pos 3

Harry Gwala Marathon, KZN 2:24:44hr, Pos 3

Best Performances 2021

CGA Half Marathon Championships Germiston 1:09:14hr



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