



CURRICULUM VITAE: Juan van Deventer

PERSONAL DETAILS

FIRST NAME / SURNAME: Juan van Deventer
DATE OF BIRTH: 26 March 1983
CLUB: Nedbank Running Club AGN
NATIONALITY: South African
EMAIL: vandeventer.juan@gmail.com
CONTACT: 083 251 1730
TWITTER: @juanvandeventer

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
10 Kilometres	29:02	Durban (RSA)	2009
15 Kilometres	45:21	Germiston (RSA)	2013
Half Marathon	1:06:08	Cape Town (RSA)	2013
Marathon	2:26:34	Johannesburg	2019

Best Performances 2020

Om die Dam 50km 2:52:55, 1st
Dis-Chem Half Marathon 1:08:54, 3rd

Best Performances 2019

Johnson Crane Hire Marathon 2:26:33, 3rd
Jacaranda City Challenge (agn) 10km 31:01, 2nd
Irene Spring (agn) 21km 1:08:37, 2nd
Clicks Smu (agn) 10km 31:33, 1st
Zwartkop (agn) 21km 1:12:26, 3rd
Cape Gate Vaal Marathon 30:48, 3rd
Dis-Chem Half Marathon 1:10:25, 5th



NEDBANK RUNNING CLUB | ADMINISTRATIVE OFFICE

Office: (012) 541 0577 Fax: (012) 541 3752 www.nedbankrunningclub.co.za

#MoreThanAClub