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CURRICULUM VITAE: **Kabelo Melamu**

**PERSONAL DETAILS**

**FIRST NAME / SURNAME:** Kabelo Melamu

**DATE OF BIRTH:** 8 February 1997

**CLUB:** Nedbank Running Club

**NATIONALITY:** South African

**PERSONAL BEST TIMES**

**Distance Time Venue Year**

10km 28:46 Cape Town (RSA) 2017

Half Marathon 1:02:33 Port Elizabeth (RSA) 2021

Marathon 2:17:02 Cape Town (RSA) 2021

**Best Performances 2025**

Senior Provincial Championships 5000m, UJ Stadium, Johannesburg, 14:40.27, 6th

Senior Provincial Championships 10000m, UJ Stadium, Johannesburg, 30:48.77, 2nd

Peninsula Marathon incorporating ASA Marathon Championships, Cape Town, 2:27:33, 10th

Central Gauteng Athletics League 2, 5000m, Germiston Stadium, Johannesburg, 14:50.02, 3rd

**Best Performances 2024**

Absa Run Your City Durban 10km, 29:40,

Durban International Marathon, 2:21:12,

**Best Performances 2023**

Nelson Mandela Bay Half Marathon, Gqeberha, 1:04:48

Endurocad Middle distance invitational 2, 5000m, Cape Town, 14:05.38, 7th