



## CURRICULUM VITAE: **Kate van Jaarsveld**

### **PERSONAL DETAILS**

**FIRST NAME / SURNAME:** Kate van Jaarsveld  
**DATE OF BIRTH:** 13 August 1987  
**CLUB:** Nedbank Running Club  
**NATIONALITY:** South African



### **Best Performances 2024**

BNAC Marathon, 1:28:47, 5<sup>th</sup>  
 PPS Alberton 21km Road Race, 1:26:52, 1<sup>st</sup>  
 Colgate 15km, 1:00:22, 2<sup>nd</sup>

### **Best Performances 2023**

Balwin Sport Pretoria Half Marathon, 1:29:41, 3<sup>rd</sup>  
 Jacaranda City Challenge (agn) 21km, 1:26:56  
 Bnac Night Race (cga) 10km, 39:43  
 Spar Womens Challenge Tshwane (agn) 10km, 39:24  
 Bnac (cga) 21km, 1:26:57



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