



CURRICULUM VITAE: **Kobie Griffiths**

PERSONAL DETAILS

FIRST NAME / SURNAME: Kobie Griffiths
DATE OF BIRTH: 22 February 1985
CLUB: Nedbank Running Club
NATIONALITY: South Africa
EMAIL: kobiegriffiths@gmail.com
CONTACT: 073 176 4454
TWITTER: #KobiegriffithsRuns



PERSONAL BEST

Event	Result	Date
400m	58.25	2019
800m	2:11:88	2020
1500m	4:37:50	2019
Mile	5:02	2020
5km	17:55	2020
10km	37:58	2020 (unofficial)

RUNNING ACHIEVEMENTS

Masters SA Champs 2017 | Greenpoint Stadium AGE: 30-34, 1500m – 4th Place
UWC Street mile 2018 | Cape Town 3rd Place: 5:25min
Masters SA Champs 2019 | Oudtshoorn AGE: 30-34, 800m – 1st Place, 1500m – 1st Place, 400m – 2nd Place
Senior Western Province Champs 2019 | Greenpoint Stadium 800m – 3rd Place: 2:13min
Female Track Athlete of the Year 2019 | Nedbank Running Club WP
Annual Awards Evening
Dagbreek Street Mile 2020| Stellenbosch 1st Place: 5:02min



NEDBANK RUNNING CLUB | ADMINISTRATIVE OFFICE

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