



## CURRICULUM VITAE: **Lloyds Bosman**

### **PERSONAL INFORMATION**

**FIRST NAMES / SURNAME:** Lloyds Bosman  
**COUNTRY:** South Africa  
**DATE OF BIRTH:** 25 February 1988  
**CLUB:** Nedbank Running Club SWD

### **PERSONAL BEST TIMES**

<b>Distance</b>	<b>Time</b>	<b>Place</b>	<b>Date</b>
10km	28:55	Cape Town (RSA)	2024
15km	46:47	Cape Town (RSA)	2013
Half Marathon	1:02:15	Port Elizabeth	2023
Marathon	2:21:27	RSA	2023



### **PERSONAL PERFORMANCES 2024**

Peninsula Marathon, 2:22:25, 1<sup>st</sup>  
 Two Oceans 56km, 3:09:58, 2<sup>nd</sup>  
 Voet van Afrika Marathon, 2:32:53, 1<sup>st</sup>  
 Weskus Marathon, 2:24:22, 1<sup>st</sup>  
 Meiringspoort Half Marathon, 1:00:46, 1<sup>st</sup>

### **PERSONAL PERFORMANCES 2023**

Weskus Marathon, 2:21:27, 1<sup>st</sup>  
 Klein Karoo Street Mile (Eden Street Miles), Oudtshoorn RSA, 4:19.57, 12<sup>th</sup>  
 ATKV Street Mile (Eden Street Miles), Hartenbos RSA, 4:23.18, 11<sup>th</sup>  
 Nelson Mandela Bay Half Marathon RSA, 1:02:15

### **PERSONAL PERFORMANCES 2022**

Nelson Mandela Bay Half Marathon, Gqeberha RSA, 1:03:39

### **PERSONAL PERFORMANCES 2021**

AfricanX 3-day Stage trail run, 2<sup>nd</sup>

### **PERSONAL PERFORMANCES 2020**

Cape Peninsula Half Marathon, Cape Town 1:05:25, 3<sup>rd</sup>

### **PERSONAL PERFORMANCES 2019**

Outeniqua (swd) 21km 1:09:57, 1<sup>st</sup>  
 Cango (swd) 21km 1:08:37, 4<sup>th</sup>  
 Beaufort West Kanniedood (swd) 21km 1:07:28, 1<sup>st</sup>  
 27 For Freedom (wp) 27km 1:35:29, 3<sup>rd</sup>

