



CURRICULUM VITAE: **Malusi Dlomo**

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Malusi Dlomo
COUNTRY: R.S.A
CLUB: Nedbank Running Club
D.O.B: 8 February 1986
NATIONALITY: South African
CONTACT / TWITTER: 076 574 1923 / @Malusidlomo

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Venue</u>	<u>Year</u>
50km	3:10:29	Cape Town	2018

Personal Performances 2019

Comrades Marathon - Up Run (RSA) 87km 6:30:03
Loskop Ultra Marathon 50km (RSA) 50km 2:57:18, 6th
Chamberlain Capital Classic (agn) 21km 1:12:30, 4th
Clicks Smu (agn) 21km 1:09:34, 3rd
Afriforum Springbok Vasbyt (agn) 25km 1:37:26, 4th
Cango (swd) 42km 2:23:52, 1st
Bronkhorstspuit (agn) 32km 1:53:57, 4th

Personal Performances 2018

Comrades Marathon - Down Run (RSA) 90km 6:10:03
Two Oceans Marathon (RSA) 56km 3:32:35
Mall of The North (lima) 42km 2:35:12, 4th

Personal Performances 2017

Comrades Marathon - Up Run (RSA) 87km 6:20:21

Personal Performances 2016

Comrades Marathon - Down Run (RSA) 89km 5:55:34 21st

Personal Performances 2014

Comrades Marathon - Down Run (RSA) 89km 6:14:42
Chatsworth Freedom Ultramarathon 52 km (RSA) 52km 3:18:12, 5th

Personal Performances 2013



NEDBANK RUNNING CLUB | ADMINISTRATIVE OFFICE

Office: (012) 541 0577 Fax: (012) 541 3752 www.nedbankrunningclub.co.za

#MoreThanAClub



Comrades Marathon - Up Run (RSA) 87km 6:25:49
Chatsworth Freedom Ultramarathon 52 km (RSA) 52km 3:21:20, 2nd



NEDBANK RUNNING CLUB | ADMINISTRATIVE OFFICE

Office: (012) 541 0577 Fax: (012) 541 3752 www.nedbankrunningclub.co.za

#MoreThanAClub