



Nedbank Running Club (Nick B Sport Promotions) Bonus Structure of 2022 for all registered Nedbank Running Club athletes.

Comrades Marathon

Nedbank

1 st	R200 000 Plus R50 000 If a South African Runner-	Total	R250 000
2 nd	R100 000 Plus R25 000 If a South African Runner-	Total	R125 000
3 rd	R75 000 Plus R25 000 If a South African Runner-	Total	R100 000
4 th	R50 000 Plus R25 000 If a South African Runner-	Total	R75 000
5 th	R25 000 Plus R25 000 If a South African Runner-	Total	R50 000
6 th	R20 000 Plus R10 000 If a South African Runner-	Total	R30 000
7 th	R17 000 Plus R10 000 If a South African Runner-	Total	R27 000
8 th	R15 000 Plus R10 000 If a South African Runner-	Total	R25 000
9 th	R10 000 Plus R10 000 If a South African Runner-	Total	R20 000
10 th	R5 000 Plus R10 000 If a South African Runner-	Total	R15 000
	Professional Team Prize in 1 st place		R2 000 each
	Gunga Din Team Prize in 1 st place		R2 000 each

Two Oceans Marathon

Nedbank

Two Oceans 21km	1	R10,000.00
	2	R7,500.00
	3	R5,000.00
Two Oceans 56km	1	R100,000.00
	2	R50,000.00
	3	R40,000.00
	4	R20,000.00
	5	R15,000.00
	6	R10,000.00
	7	R7,000.00
	8	R6,000.00
	9	R5,000.00
	10	R4,000.00
56km Team Prize in 1st place		R 1000.00 each



Nedbank Running Club - Administrative Head Office

Tel: (012) 541 0577

Fax: (012) 541 3752

www.nedbankrunningclub.co.za





Om Die Dam 50km (March)	Loskop 50km (April)	Mandela Marathon 42km	Soweto Marathon 42km	Durban City Marathon 42km
1st - R 10 000	1st - R 5 000	1st - R 5 000	1st - R 10 000	1st - R 3 000
2nd - R 3 000	2nd - R 2 500	2nd - R 2 500	2nd - R 5 000	2nd - R 2 000
3rd - R 1 000	3rd - R 1 000	3rd - R 1 000	3rd - R 1 000	3rd - R 1 000

	Cape Town Marathon	SA 21km Champs	SA 10km Champs
1st	R 50,000.00	R 10,000.00	R 5,000.00
2nd	R 20,000.00	R 2,500.00	R 2,000.00
3rd	R 10,000.00	R 1,000.00	R 1,000.00

	Spar Women's Cape Town	Spar Women's Port Elizabeth	Spar Women's Durban
1st	R 5,000.00	R 5,000.00	R 5,000.00
2nd	R 2,000.00	R 2,000.00	R 2,000.00
3rd	R 1,000.00	R 1,000.00	R 1,000.00
	Spar Women's Pretoria	Spar Women's Pietermaritzburg	Spar Women's Johannesburg
1st	R 5,000.00	R 5,000.00	R 5,000.00
2nd	R 2,000.00	R 2,000.00	R 2,000.00
3rd	R 1,000.00	R 1,000.00	R 1,000.00

Selected 10km-15km Races

	1st	2nd	3rd
TotalSports Woman's 10km JHB	R 1000.00	R 300.00	R 200.00
TotalSports Woman's 10km KZN	R 1000.00	R 300.00	R 200.00
TotalSports Woman's 10km CT	R 1000.00	R 300.00	R 200.00
ABSA Cape Town 12km City Run	R 10000.00	R 3000.00	R 1000.00
ABSA Joburg 10km CITYRUN	R 10000.00	R 3000.00	R 1000.00
ABSA Durban 10km City Run	R 10000.00	R 3000.00	R 1000.00

Trail Races	1st	2nd	3rd
Two Oceans 22km Trail Run	R 3,000.00	R 2,000.00	R 500.00
SA Ultra Trail Champs	R 3,000.00	R 2,000.00	R 1,000.00
3 Cranes Trail Run	R 1,000.00	R 500.00	R 250.00
Golden Gate	R 1,000.00	R 500.00	R 250.00
Sky Run	R 1,000.00	R 500.00	R 250.00
Dryland Traverse	R 1,000.00	R 500.00	R 250.00



Nedbank Running Club - Administrative Head Office
 Tel: (012) 541 0577
 Fax: (012) 541 3752
www.nedbankrunningclub.co.za





Rules and Regulations that Nedbank Running Club athletes have to adhere to when claiming a Bonus.

1. Athletes can Qualify for Bonuses for one of the following Races: Two Oceans or Om die Dam or Loskop, not all of them
2. Marathon Bonuses will not be paid for any marathon (and/or Ultra) run within 30 days of each other
3. An Athlete cannot claim Bonuses for races run on 2 consecutive days
4. If there are no results the Bonus will not be processed.
5. Athletes must be wearing the official Nedbank Running Club Colours, both vest and shorts or crop top and tights as supplied by us.
6. The Full Nedbank Branding (word/logo) must be visible on the running attire for the entire race for an athlete to qualify for the Bonuses. Make sure the race number does not restrict the club name.
7. The athlete must attend the official prize giving in full Nedbank podium kit including co-sponsors logos-Track suit or t-shirt/golf shirt and boxer shorts as we supplied to them. No other cap to be worn.
8. There will be a cap put on Bonuses paid out for the 2022 running year of R700,000.00. As soon as this cap have been reached the Bonuses will be reviewed.
9. The athlete has to mail us a Bonus claim form within 1 month after the performance or specific race.
10. Please take a podium photo of the athlete and include in the Bonus claim form.



BIOGEN
FOR THE RESULTS YOU WANT

 **Bavaria 00**
HOLLAND RIBBON WATER
explore your taste

 **FUTURELIFE**
Smart nutrition for life

THIRSTI

Nedbank Running Club - Administrative Head Office
Tel: (012) 541 0577
Fax: (012) 541 3752
www.nedbankrunningclub.co.za

