**Click on Application Process under the Nedbank Running Club you would like to join for the registration process**

**Head Office Contact Details Physical Address**

Nedbank Running Club Tel: (012) 541 0577 173 van Niekerk Street

Nick Bester and Adriaan Cronje Fax: (012) 541 3752 Rosslyn, Pretoria

[nbsport@lantic.net](mailto:nbsport@lantic.net)

**Club Contact Details Time Trials**

Nedbank Running Club Central Gauteng (Johannesburg) Samantha Zermatten Popler on Park River Club

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Johannesburg%20Club%20Info&province=Nedbank%20Central%20Gauteng) [info@nedbankrunningclubcg.co.za](mailto:info@nedbankrunningclubcg.co.za) Sandton

Wednesdays 17:15pm

or Parking lot Flamingo Shopping Mall, Cnr

Valley Rd & Queens Street, Modderfontein

Tuesdays 17:15pm

Nedbank Running Club Central Gauteng (Soweto) Siyaya Khoza Rietvalei Ext 3 Primary School

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Soweto%20Club%20Info&province=Soweto) 072 911 8696 Kagiso

[siyaya911@gmail.com](mailto:siyaya911@gmail.com) Wednesdays 17:00pm

Phindile Sinqe

082 564 0869

[phindiles@live.com](mailto:phindiles@live.com)

Nedbank Running Club Central North West (Klerksdorp) Pio Mpolokeng Jouberton

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Klerksdorp%20Club%20Info&province=Nedbank%20Klerksdorp) 072 336 1616 Klerksdorp

mpolokeng09@gmail.com Mondays 17:00pm

Susna du Plessis (Schweizer-Reneke)

[susna01@locklore.co.za](mailto:susna01@locklore.co.za)

Nedbank Running Club Border (East London) Nadia Lucouw Wednesday 17:30pm

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=East%20London%20Club%20Info&province=NedbankEastLondon) [nadialucouw@gmail.com](mailto:nadialucouw@gmail.com) Beacon Bay Country Club [nedbankrcel@gmail.com](mailto:nedbankrcel@gmail.com) Beaconhurst Drive, Beacon Bay 078 091 7200

Nedbank Running Club Eastern Province (Port Elizabeth) Irene van Eeden Hunters Retreat Hotel

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Eastern%20Province%20Club%20Info&province=Nedbank%20Eastern%20Province) 083 299 1775 Old Cape Road, Kabega Park

[irene@epathletics.co.za](mailto:irene@epathletics.co.za) Port Elizabeth

Tuesdays 17:30pm

Nedbank by Grace Running Club Bloemfontein (Free State) Anna Moeketsi 22704 Pinehaven,

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Free%20State%20Club%20Info&province=Nedbank%20Free%20State) 073 048 6454 Bloemfoentein, 9306

[annamoeketsi@gmail.com](mailto:annamoeketsi@gmail.com)

Boitumelo Sello

071 104 6759

[selloboitumelo19@gmail.com](mailto:selloboitumelo19@gmail.com)

Nedbank Running Club Gauteng North (Tshwane) Jacqueline Rencontre Old Boys CBC Club

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Gauteng%20North%20Club%20Info&province=Nedbank%20Gauteng%20North) 082 462 1137 Groenkloof, Pretoria

[nbrunning.pta@gmail.com](mailto:nbrunning.pta@gmail.com) Thursdays 17:30pm

**Club Contact Details Time Trials**

Nedbank Running Club Kwazulu-Natal (Durban) Wiseman Sibaya Outside Kingspark

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Kwazulu%20Natal%20Club%20Info&province=Nedbank%20Kwazulu-Natal)                                                                    073 089 9273 Corner of Isaiah Ntshangase and

[Wiseman.sibaya@Gmail.com](mailto:Wiseman.sibaya@Gmail.com) Masabalala Yengwa

Hleziphi Ncayiyana                                  Tuesday 5:30pm

                                                                                                083 526 7383 Durban North, Curro Salt Rock

[ncayiyanap@webmail.co.za](mailto:ncayiyanap@webmail.co.za)   1 New Salt Rock Drive Tuesday 5:30pm

Nedbank Running Club Mpumalanga (Nelspruit) Fanie Bekker LVCC, Aurora Street Steiltes

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Mpumalanga%20Club%20Info&province=Nedbank%20Mpumalanga) 083 226 1804 Nelspruit

[lvccrun@gmail.com](mailto:lvccrun@gmail.com) Thursdays 17:30pm

Nedbank Running Club South Western Districts (George) Danie Raubenheimer NRC George Club House

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=SWD%20Club%20Info&province=Nedbank%20SWD) 083 376 7414 34 Meent Street, Heather Park

[nbrcswd@gmail.com](mailto:nbrcswd@gmail.com) George, Tuesday at 18:00

Thia Landsberg

083 477 4780

[thialandsberg@gmail.com](mailto:thialandsberg@gmail.com)

Nedbank Running Club Vaal Triangle (Vanderbijlpark)Pierre Pretorius Kollegepark Laerskool

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Vaal%20Triangle%20Club%20Info&province=Nedbank%20Vaal%20Triangle) 082 572 3334 Glanville Street

[pierre@megasurfwifi.co.za](mailto:pierre@megasurfwifi.co.za)   Vanderbijlpark

Louis Boshoff Tuesdays 17:30pm

083 304 7053

Nedbank Running Club Western Province (Cape Town) Chantel Simpson Parow Athletics Track

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Western%20Province%20Club%20Info&province=Nedbank%20Western%20Province) 083 629 8018 Tuesday & Thursdays 17:30pm

[nedbankct@gmail.com](mailto:nedbankct@gmail.com) Club Runs

Robbie Amphitheatre

082 202 3593 V&A Waterfront

[jerome01@mweb.co.za](mailto:jerome01@mweb.co.za)

Nedbank Running Club Limpopo (Polokwane) Timothy Nkuna Old Peter Mikaba Stadium

[Application Process](https://www.nedbankrunningclub.co.za/displaycustomlink.aspx?name=Limpopo%20Club%20Info&province=Nedbank%20Running%20Club%20Limpopo) 082 806 3205 Voortrekker Street, Polokwane

[timothynkuna123@gmail.com](mailto:timothynkuna123@gmail.com) Wednesdays 17:30pm

**Africa Club Contact Details Club Address**

Nedbank Running Club Zimbabwe Mike Fokoroni 366 Chindura park +263 77 291 1091 Bindura

[mfokoroni@gmail.com](mailto:mfokoroni@gmail.com) Zimbabwe

Nedbank Running Club Ethiopia Belay Hagos Alemgena Kebele 061 840 9738 Addis Ababa

[thomassw2002@yahoo.com](mailto:thomassw2002@yahoo.com) Ethiopia

Nedbank Running Club Lesotho Goodman Thaba HA Thetsane West 078 832 9870 Maseru

[goodmanthaba@gmail.com](mailto:goodmanthaba@gmail.com) Lesotho